



The Bustle

Volume 54, Issue 12

April 2026

Editors: Karen Sweet-Angel & Sherry Sweet

Beta Sigma Phi—Southwest Houston City Council

President's Message

Dear Sweet Sisters,

Spring is here, and with it comes a time for reflection and new beginnings. As I sit down to write this, I am struck by a wave of bittersweet emotions because this will be my final President's letter to you. Serving as your President this year has been a true privilege, and I am filled with fond memories of our time together. I want to say a heartfelt thank you for the trust and confidence you placed in me; my life has been made so much richer by this amazing organization of women.

First, a big thank you to everyone who attended our March Council meeting. We owe a special debt of gratitude to the **PN members** for hosting us and presenting such an inspirational program on the meanings of love. It was a beautiful reminder of why we gather as sisters. I also want to thank **Sandra Simpson** for her hard work in organizing the "Sister With Something Extra" award; your dedication ensures our standout sisters get the recognition they deserve

Our Final Council Meeting

I encourage every one of you to join us for our last meeting of the year. It is a wonderful chance to mingle, gather information, and celebrate our progress.

What: SWHCC April Council Meeting with special hosts **Melinda Montgomery & Winona LaBrant**,

When: Thursday April 9, 2026

Time: Beta Buzz at 5:30/ Meeting at 6:30PM

Where: Hilton Garden Inn/Sugarland (722 Bonaventure Way)

RSVP: By the afternoon Monday, April 6

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President's Message (continued)

A Friendly Reminder: Please remember that your attendance and food purchases are how we thank the Hilton for their generosity in allowing us to use this space for free. Additionally, accurate RSVPs are essential for the hotel to manage our room setup. *If you are not receiving our communications, please let me know so I can fix that!*

Upcoming Events: Founder's Day

To close out our year, our much-treasured Founder's Day event is just around the corner. **Joan Batts, Barbara Hupe** of LIO, and their team have been working tirelessly to plan this special day.

When: April 25, 2026 at 11:00AM

Where: Brookwood Community in Brookshire

Deadline: Please send your reservations and payments to **Vicky Ryan by Friday April 17th**

Angels of Friendship

I once again ask our "Angels of Friendship" to spread the warmth of caring and sisterhood to those on our prayer request list. Your outreach is the heart of what we do.

I truly hope to see you all on April 9th to share one last "Beta Buzz" before we wrap up this wonderful year and the new board takes over at the May meeting. Until then, I wish you and your families a very Happy Easter. Stay safe, and "May the Lord watch between me and thee while we are absent one from another."

I am thy sister,

Jeanne Melton SWHCC President

This and That.....News from Council

Editor Notes:

Welcome to April,

Spring is officially here. But Mother Nature still likes to fool us with some cooler days and evenings. So, you had better keep your jacket handy.

Kudos to LIT for being the first to get their Bustle submission turned in this month.

In April we are observing Easter. May you enjoy chocolate bunnies and Easter eggs. Just remember where you hid them. You do not want any winter surprises.

Please mark your calendars for the SWHCC April 9th meeting. It will feature a special presentation by Winona LaBrant and Melinda Montgomery. You don't want to miss it.

Join us for the 95th anniversary of the birth of Beta Sigma Phi. Joan Batts, Barbara Hupe and committee have been planning and working hard. Hope to see all of you there.

"Sisters are different flowers from the same garden."

**Beta hugs.
Karen & Sherry**



Council

Meeting

Mark your calendars for the next City Council meeting April 9, 2026

Remember, Beta Buzz starts around 5:030m and the Council meeting starts at 6:30pm, hosted this month by the Melinda Montgomery and Winona LaBrant

Hostess Schedule 2025-2026

April 9, 2026

SPECIAL

May 14, 2026

**NEW
BOARD**

News from International

Beta Sigma Phi reminds us that our organization is non-collegiate, non-sectarian and non-political. We ask that all members honor these guiding principles during our Council and Chapter meetings to maintain the harmony of our sisterhood.

“Everything OLD is NEW Again”



March 2026 Southwest Houston City Council Meeting

Everyone gathered for the March City Council meeting and enjoyed socializing and dining with each other during Beta Buzz.



To start the meeting PN presented a program on love and how it manifests in various ways. They informed of the ways the Bible speaks of love and how He showed us he loves us. Love is patient. Love is kind. Love is selfless. Love forgives and love rejoices in truth. All of this was interwoven with songs sung by Carolyn Meeks which included: Love s a Many Splendid Thing; Love Hurts; I Wanna Know What Love Is; Jesus Love Me; Will You Still Love Me Tomorrow; What I Did For Love; What The World needs Now. It was an enlightening experience and everyone enjoyed it.



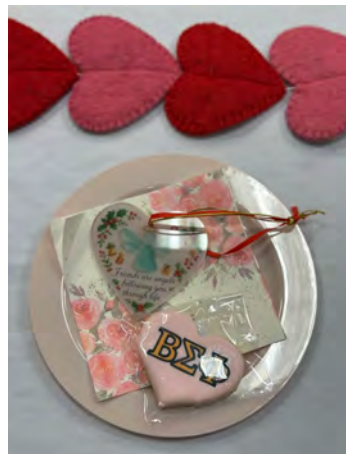


After, the room settled down to the business at hand. I make updates to the website. It was noted that the Board be advised of any changes to membership from each of the Chapters and to be sure to send updated Chapter pictures to Jill Coble to include in the website. Friendly venture was tabled for the remainder of the year. An update on the Sweetheart Ball was given. And a shout out to PN for the lovely decorations and take homes of a cookie and ornament.



The New Board was announced as follows"

President: Joan Batts; President Elect: Barbara Meurer (ADT); VP: PN (TBD); Treasurer: Cathy Wilson (XAE0); Rec/Corr Secretary: recruiting. A survey sent out will help determine if the position of VP will be eliminated and their duties absorbed by others. A review for Founder's Day was given with pertinent information about deadline, menu and cost. More information can be found in this newsletter. There were several prize winners and Barbara Hupe won the 50/50.



BSP FOUNDERS DAY



ANGELS OF
FRIENDSHIP



SATURDAY
APRIL 25, 2026
11:00 AM

The Cafe at Brookwood

1502 FM 1489
Brookshire, TX 77423

\$45.00

RSVP Vicky Ryan by April 17th



FOUNDER'S DAY

SATURDAY, APRIL 25, 2026 at 11:00

The Café at Brookwood

1502 FM 1489 Brookshire, TX



Menu

Salad

Choice of Chicken Crepes or Fish and Chips

Dessert Cart and Drinks

Tickets \$45.00 RSVP: Vicky Ryan by April 17th.

Lots of great shopping available after the luncheon

Dietary option of Eggplant if needed





**UPCOMING BETA SIGMA PHI
STATE CONVENTIONS**



2026 BETA SIGMA PHI
COLORADO CONVENTION

June 26-28, 2026
Chamonix Casino Hotel
Cripple Creek, Colorado

2026
Beta Sigma Phi
Quadra State
Convention
July 17 - 19, 2026
Reno, Nevada



UPCOMING CONENTIONS



NEW YORK STATE
CONVENTION
COOPERSTOWN, NY

OCTOBER 2-4, 2026

ΒΣΦ
Angels at Sea
7-Day Caribbean Cruise
Symphony of the Seas
Cruising out of Galveston • October 18, 2026

Roatan • Puerto Maya • Cozumel
Beta Sigma Phi Sisters and Friends

| | |
|---------|------------|
| I/S | \$797.01 |
| O/V | \$920.01 |
| Balcony | \$1,196.01 |

\$50 Deposit

www.vleetravel.com
713.392.0114

These are a few of the upcoming state conventions around the country. Check the BSP International website for more conventions and additional information.

MARCH SOCIAL

"Behind every great memory is a group of girls who made it legendary."

The ADT sisters met in March to enjoy a Girls' Weekend away. We found ourselves at a beautiful 1905 Victorian house in the hill country near Wimberly. We started out Friday morning, with lunch at Industry in San Marcos.



The next stop was at the Wimberley Glassworks that included glass blowing demonstrations and shopping.



ALPHA DELTA THETA....PAGE 2

And there we were, at the Glassworks, when we run to sisters from XAEO, also their Girls' Weekend. Great minds think alike.

We also cane across some people size cowboy boots with yellow roses. Even the restroom and fresh roses.

in-



ALPHA DELTA THETA...PAGE 3

Then it was time to check into our accommodations.



ALPHA DELTA THETA....PAGE 4

A mimosa toast started the weekend off right.

We had dinner at the Neon Armadillo and would have been great to stay and listen to the live music. Only it was so windy and chilly we ate and left.



Saturday morning found us up early and enjoying breakfast provided by our social committee. On the day's agenda was a cooking class at the Gem of the Hills— Southern Favorites for Springtime. Five of us were "Chefs" and three of us were observers.



ALPHA DELTA THETA...PAGE 5



ALPHA DELTA THETA....PAGE 6

THE MENU

Fried Pimento Cheese Balls

Kale, Field Peas, Wax Bean Salad with Buttermilk Her Dressing

Toasted Brown Butter Pecan Buttermilk Biscuits

Shrimp and Grits with Green Onions and Smoked Bacon

Iced Oatmeal skillet Cookies

Brown Butter Skillet Cookies with Chocolate Chunk

Karen and Cynthia worked on the Biscuits the salad dressing and the Shrimp & Grits. Sherry, Melinda and Diane worked on the Pimento Balls and salad and everyone joined in with the cookies. If you want the recipes just ask.



Our Chef and Teacher



ALPHA DELTA THETA....PAGE 7

Saturday was a long but fun day. When we returned to the house, we decided to stay in for the evening. Some of us relaxed and read and some of us decided to play Mexican Train Dominoes. The next day on Sunday was time to pack up and head home.



We stopped in Flatonia to have lunch on the way home. Our restaurant was Darlin's Diner which has an interesting and rich past. Built in 1887, it opened as a furniture store. The adjacent store front, now a boutique, is attached and the doorways were tall so that cowboys could ride through on their horses.

The top floor was used as a funeral parlor and the apparatus they used to raise and lower the coffins is still there,



ALPHA DELTA THETA....PAGE 8

We also did some shopping in Flatonia at the Rhinestone Angel where our Sweet-Angel had her picture taken.

We all agreed it was an amazing weekend and time well spent with our sisters.



We also witnessed beautiful sunsets.

MARCH MEETING

For the March meeting, the chapter gathered in the home of Diane Leive where she served a delicious meal fit for a cool evening. She prepared a delicious stew and served it with garlic bread and salad. Everyone agreed it was amazing and the perfect meal for the chilly day. At the end of the meeting, she provided a dessert of key lime pie. Those present included invited guest Kim Franklin, her fourth visit.



ALPHA DELTA THETA...PAGE 10

General business was conducted that included more information about the upcoming Girls' Weekend scheduled for the last weekend in March and Founder's Day in April. Diane gave a program about the March Angel Michael. In the Bible and Qur'an, Michael is one of the archangels. He is repeatedly depicted as the "great captain" and leader of the heavenly hosts, the warrior helping children of Israel. In early Christianity he was regarded as the helper of the church's armies against the heathen and against attacks of the Devil. He was the angel that spoke to Moses at Mount Sinai. In art, he is shown with a sword, in combat with or triumphant over a dragon from Revelations.

Daine shared two instances when her sister angels helped her get through a difficult situation. Teresa, a sister from another chapter, helped her after a serious injury and they are still friends to day. Another instance was when, for various reasons, she thought about going to member at large and how Sherry Sweet, along with her sister Karen, helped get through the issues she was facing. Sherry told her not to let the issues of others define her.

At this meeting we also had one member with a progression ceremony. Barbara Meurer had her progression ceremony to the Exemplar level, which was conducted by VP Sherry Sweet.



ALPHA DELTA THETA...PAGE 11



Karen and Sonia won the raffle prizes provided by host Diane Leive,

LAUREATE IOTA OMEGA

REPORTER: BARBARA HUPE



We begin with expressing our deepest sympathies to our sister Bobbie Viles on the loss of her son Erick. Erick left this world on March 18th. He is very much missed and he left a lot of joy. The world is a bit smaller without him. Bobbie appreciates everyone's thoughts and prayers.

Gail Perley did a lot of walking volunteering at 5 Rodeo performances. The Cody Johnson concert was amazing and she was really glad to take her boots off that night.

Shirley Grass spent some time with her friend's Colleen Gallagher's grand triplets, They are identical little sweet girls. Quite unusual. They are about 9 months old now. They are living in Pensacola where their father is stationed in the Navy. Shirley is always on call when they come to visit Nana. She loves every minute of being with them.



LAUREATE IOTA OMEGA...PAGE 2

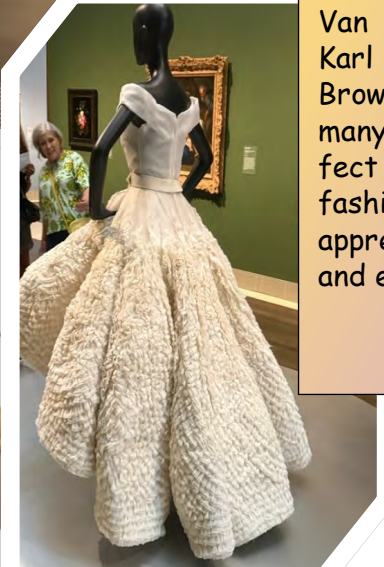
Joan and Mary are enjoying a cruise after spending a few days in Barcelona. Sorry to say, Mary fell at the Dali Museum but she's fine. They are both enjoying their trip and we're looking forward to hearing all about it.



Barbara Hupe and her daughter Stacey went to visit her brother in La Jolla. It's always a wonderful trip filled with activities and great food. They got to see the play *The Recipe* which was based on Julia Child's life. Very interesting even with Barbara's extremely low interest in anything to do with cooking. Her sister in law has Alzheimers so at times it was a little stressful. Thankfully she still knows everyone. Barbara also got to have a lovely afternoon at the Four Friends Tea Room. She got to wear the pillbox hat her mother wore to her wedding 59 years ago.



Wishing everyone Easter Blessings.



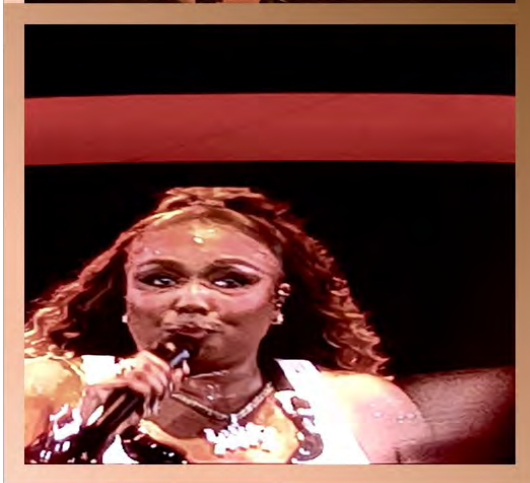
Shawn Dorn and the ladies from her Bible School class enjoyed a delightful afternoon at the Museum of Fine Arts, where they attended the spectacular "Louvre Couture" exhibit. The collection featured masterpieces from legendary designers including Chanel, Fendi, Louis Vuitton, Yves Saint Laurent, Yohji Yamamoto, Jacquemus, Iris Van Herpen, Issey Miyake, Karl Lagerfeld, Chloé, Thom Browne, Christian Dior, and many others. It was the perfect outing for this group of fashion-conscious women who appreciated both the artistry and elegance of haute couture!

PRECEPTOR NU...PAGE 2

March is The World re-known Barbecue Cook-Off & The Houston Livestock Show & Rodeo. This is Shawn's Committee



Natasha and Shawn enjoyed a delightful afternoon exploring all the Center's unique merchandise and admiring the livestock and adorable newborns. They topped off their day with a relaxing bottle of wine at the Houston Gardens, followed by a lovely dinner before heading in to watch an incredible performance by LIZZO.





Chris **Stapleton**

Yvonne and Shawn enjoyed a wonderful evening, at the Houston Livestock Show & Rodeo Championship Wine Garden before the Chris Stapleton performance. The evening became even more special when longtime HLS&R supporters and volunteers, Mark and Janet, asked to join their table, making for great company and shared rodeo spirit.

Linda Nolty at the HLS&R this year



Our 1/2 member of PN, Lizette's granddaughter, Ellie, enjoyed playing with her late Valentine gift during our February meeting!

Ellie attended our SWHCC sorority February meeting; and in the Lobby we met Cesar - a super gentle beast of a dog. She was fearless and even wanted to take him for a walk. I could only imagine Cesar's steps to run in great-





My poor **Rev. Polk** was sick and grand-daughter Ellie said he had **Sticker Pop**.

Ellie placed stickers over his face and hands (the **newest version of chicken-pox**). She brought out her medicine bag and took his vitals- blood pressure, temperature, told him to "breathe in, breathe out" at least a dozen times, hit his knee with a small wooden spoon and looked at his eyes and tongue. She later gave him several air injections and promised him that he would feel better in the morning. Well, the sticker pops disappeared prior to him preparing for bed and he was healed! In the morning his eyes cleared up and he started to feel a little better just like Dr. Ellie had said. She's always available for phone consultations at 50cents per

Carloyn is spending the Easter holiday in Fort Worth, TX with her daughter and her family. We wish you a blessed Easter, Carolyn and safe travels.



3 generations of my **WONDERFUL FAMILY**
Soooo much **LOVE**

Your son will hold your hand for a little while, but he will hold your heart for a whole lifetime. If you have a son that makes your life worth living just by being around him and you're proud of your son, let the whole world know.

And, life keeps better and better. **CHAD** makes my life **HAPPY EACH DAY,**

From the Past



On March 17th, St. Patrick's Day, PN members gathered at the lovely and spacious home of Carolyn Meeks for our March meeting. Members were encouraged to dress in festive green and bring gently worn prom dresses and jewelry to donate to the Fort Bend County Libraries' "Your Prom, Your Style" drive.

Carolyn and Linda Nolty had the home beautifully decorated with cheerful St. Patrick's Day touches, creating a warm and festive atmosphere. Guests enjoyed a delicious assortment of appetizers paired with a selection of wines and margaritas.

After the business portion of our meeting, everyone joined together to collect the dresses and jewelry for photos highlighting our contributions to this meaningful community cause. It was a wonderful evening of fellowship, fun,



Irish Blessing
 MAY THE ROAD
 rise up to meet you.
 MAY THE WIND
 be always at your back.
 MAY THE SUN
 shine warm
 upon your face;
 the rains fall soft
 upon your fields
 and until we meet again,
 MAY GOD HOLD YOU
 in the palm of
 His hand.

PRECEPTOR NU...PAGE 7



YOUR PROM, YOUR STYLE



Free Prom-Attire Drive

Donation Drop-off

March 1-26 during open hours

Albert George Branch, Cinco Ranch Branch, Fulshear Branch, George Memorial Library, Mission Bend Branch, Sienna Branch, Sugar Land Branch, University Branch



What We're Accepting

- Semi-formal/Formal attire
- Jewelry
- Shawls
- Hair accessories
- Shoes

Ensure all items are clean & in good condition.



Shopping for Attire

Saturday, March 28, 10 am - 2 pm
George Memorial Library

Each teen will receive vouchers to select formal attire, shoes, and accessories of their choice.



PRECEPTOR NU...PAGE 9



Preceptor Nu collected complete ensembles of dresses & matching jewelry for the "FT BEND - YOUR PROM -YOUR STYLE" project.

About 1/2 of the Ensembles are pictured above when we delivered this group of gowns & jewelry to the University Library on University Blvd.

The other groupings will be delivered by additional Sisters later this week!!

Suzy delivered many of the additional prom dresses and jewelry donations the following day to the Fort Bend County George Memorial Library, which will serve as the final drop-off location for all donations. Then, on Saturday, March 28, from 10 a.m. to 2 p.m., teens will have the opportunity to select their prom attire from the collected items.





Mikie & Mayor McCutcheon at Swan Lake



Mickie & Roy Wright celebrated their 38 years, & holding, anniversary on March 19th! **CONGRATULATIONS!!!**

Wedding Vows

TO THE LOVE OF YOUR LIFE

"You are my best friend, my confidant, and the love of my life. Today, I stand before you, promising to be your sanctuary in the storm, your haven of peace, and your source of unwavering support. I vow to listen with an open heart and to share my dreams and fears with you fearlessly. I promise to be your cheerleader, your partner in growth, and your anchor when life's waters get rough. With you, I've discovered the true essence of love, and I pledge to cherish and protect it with all that I am. I vow to love you unconditionally, to choose you every day, and to honor the sacred bond we share, for now and for always."

March Chapter Meeting

XAEO members gathered at Beverly Crawford's charming Pecan Grove home for the March Chapter meeting. Spring was unmistakably present, and Beverly had beautifully adorned her home with delightful spring and Easter decorations. We savored a delicious meal featuring King Ranch Casserole, Caesar Salad, rolls, and an irresistible chocolate mousse cake. The dining table was stunning, reflecting the artistry seen throughout the house. Beverly's keen eye for detail and her flair for decorating are always a pleasure to behold.



XI ALPHA EPSILON OMEGA...PAGE 2

Cynde and Chris were the lucky recipients of the lovely door prizes.



Beverly shared very thoughtful and memorable lessons on The Angels of Friendship, In a token of friendship she gifted each sister with a lovely van Gogh pocket mirror (her favorite artist), a little pocket Jesus and some wonderfully scented hand cream.



XI ALPHA EPSILON OMEGA...PAGE 3

XAEO Ritual of Welcome

XAEO Members "officially" welcomed Sandra Simpson and Cathy Wilson into XAEO with the traditional Ritual of Welcome ceremony as a part of our March Meeting.



XI ALPHA EPSILON OMEGA...PAGE 4

XAEO Girl's Weekend

XAEO Sister's enjoyed the weekend in the heart of Texas Hill Country. The weekend was spent at a beautiful resort-style Hill Country Ranch just minutes from Wimberley. We had breathtaking views from the rocking chairs on the covered porch drinking coffee in the mornings to refreshments in the evenings. We enjoyed delicious farm-to-table breakfasts, homemade treats throughout the day, and a wonderful evening dinner at the Ranch followed by fun quality time playing Mexican train in the evenings, in addition to other options to enjoy, etc.....Our weekend included a little shopping, relaxing, and Glass blowing demonstration (We didn't compare itineraries, but clearly XAEO and ADT were on the same page by stopping at the Wimberley Glassworks live glassblowing demonstration and running into each other), laughs and some good memories of our time, together. The Beta Buddies of the sister's joining for the girl's weekend got together for dinner and watched the March Madness in Katy. We look forward to more fun times and memory making when all of our XAEO Sister's are able to join!!



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XI ALPHA ZETA

REPORTER: ANN JONES

The March XAZ meeting was held at Joan Ferguson's home with Jeanne Murray as co-hostess.

The program shared was My Favorite Angels of Friendship.



Ann Jones and her daughters in Port Aransas for a Birthday Girls' Trip. The weather looks beautiful and everyone had an amazing time.



During the March Social, our sisters and Beta Buddies (hubbies) enjoyed a Fish Fry in Wallis.

Ann's dog Sparky wished everyone a Happy St. Patrick's day. Isn't he just the cutest Leprechaun you've ever seen?



*Beta Sigma Phi
Southwest Houston
City Council*

**For more info
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**Motto:
Life, Learning,
Friendship**

ΒΣΦ



2025-2026 Executive Board

Jeanne Melton — President

Joan Batts — President-Elect

Diane Leise — Vice President

Pam McDuffie — Rec/ Corr. Secretary

Linda Nolly — Treasurer

Sandra Simpson — Parliamentarian

Chapter Presidents

ADT Barbara Meurer

LIO Vicky Ryan

PN Lizette Polk

XAEO Pam McDuffie

XAZ Diana Rayle



Council Advisor

Winona LaBrant