



The Bustle

Editors: Karen Sweet-Angel & Sherry Sweet

Volume 55, Issue 4

August 2026

Beta Sigma Phi—Southwest Houston City Council President's Message



Sister's Light the World
2026

August arrives with golden hands,
A slow warm hush across the land.
The days are long, the evenings sweet,
And summer lingers in the heat.

The sun pours honey through the trees,
The fields lean softly with the breeze.
At Dusk, the sky turns rose and blue,
As if the daydreams something new.

Yet underneath the summer glow,
A quiet change begins to show
The light grows softer, shadows fall
And Autumn whispers down the hall.

So, stay a little, August, please
With firefly sparks and rustling leaves.
For every bright and burning day
Is one more golden gift away.

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President's Message (continued)

Well, it seems like we are in the heat of it! Keep the AC going and the lights on. Summer is quickly going by and here we are at the beginning of another school year. For me, I feel so blessed to be able to simply drive by a school and happy to have finished my teaching career!!

August 15th is the President-Vice President and Committee Chair luncheon at Sandy McGee's in Richmond, Texas. Dress in something floral for this "Pot Party!" We will begin the festivities at 11:00 AM

September is quickly approaching, which will mean chapters will be getting ready for their beginning day. Also, our first meeting will be held on September 10th at the Hilton Garden Inn. As we begin another exciting Sorority year, keep your light shining in hopes of finding new members to join our sisterhood. Continue spreading joy, friendship and fun as we share the spirit of Beta Sigma Phi,

Together our lights shine brighter, and as sisters, we truly light the world.

Beta hugs,

Joan Batts

SWHCC President



This and That.....News from Council

Hello sisters,

*It's August and summer is in full swing.
Let's all enjoy the month as best we can.
Be sure to stay cool and well hydrated.*

*Let your lights shine as we start the
2026-2027 sorority year. Mark your calendar for September 10, the first SWHCC meeting of the new year, hosted by PN.*

Don't forget that Beta Buzz will begin around 5:00pm. We're looking forward to seeing all of you there.

"We are women who light up the world... with our beauty, our creativity, our intelligence and charm."— BJ Gallagher

*Beta hugs,
Sherry & Karen*



Council

Meeting

While our SWHCC Board is on hiatus until September, you can keep up with the latest news through the Bustle.

Hostess Schedule 2026-2027

Sept. 10 '26	PN
Oct. 8 '26	Activity
Nov. 12 '26	ADT
Dec. 10 '26	SWHCC Board
Jan. 14 '27	Activity
Feb. 11 '27	LIO
Mar. 11 '27	Activity
Apr. 8 '27	XAEO
May 13 '27	New SWHCC Board



Beta Sigma Phi reminds us that our organization is non-collegiate, non-sectarian and non-political. We ask that all members honor these guiding principles during Council and Chapter meetings to maintain the harmony of our sisterhood.

June through August 2026 Southwest Houston City Council Meeting
No meetings

Save The Date

Fall Event



Our Torch of Light & Liberty

**Saturday
October 17, 2026
11:00AM**

Save the Date

Sweetheart Luncheon



Saturday

February 20, 2027





SAVE THE DATE

Beta Sigma Phi
FOUNDER'S DAY 2027

Sisters Light the World

Saturday, April 24th
at 11:30

Hosted by: Preceptor Nu

Venue:

More Information to Come ...

**UPCOMING BETA SIGMA PHI
STATE CONVENTIONS**



Virginia State Convention

Cruising Down The
Mississippi

October 2-4, 2026



NEW YORK STATE
CONVENTION
COOPERSTOWN, NY

OCTOBER 2-4, 2026

JULY SOCIAL

"Liberté, égalité, fraternité" (Liberty, equality, fraternity)

"Vive le 14 juillet!" ("Long live the 14th of July!").

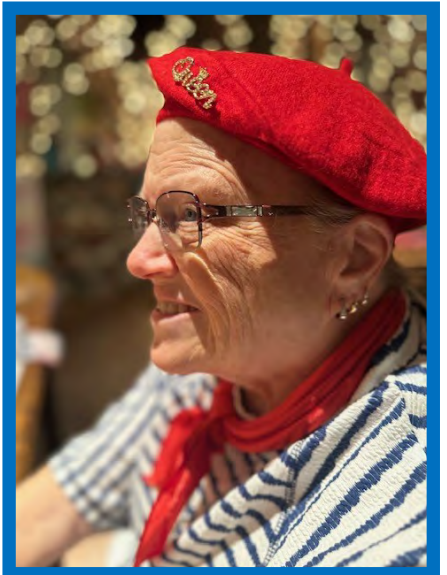
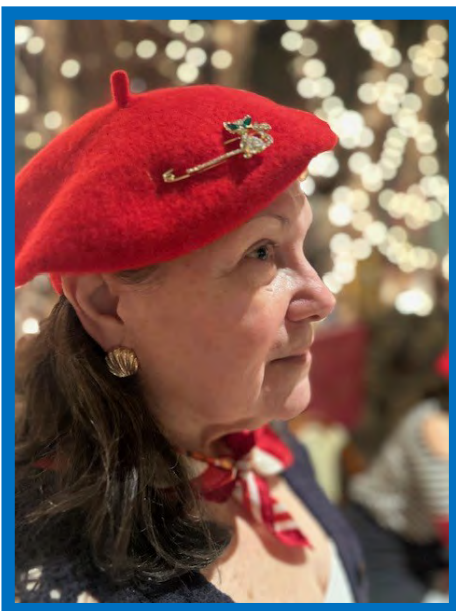


ADT sisters met on July 11 to celebrate Bastille Day, Independence Day in France. We gathered at Rise Souffle in Tomball. Rise is an intimate salon de soufflé and wine bar designed with French influence. The relaxed bistro focuses on the soufflé—the masterpiece of French cuisine, turning something as simple as an egg into something as magnificent, yet unfussy, as the soufflé. Some of our collections included mushroom, blue crab, mac & cheese and sundried tomato & Pesto. They wven had dessert souffles. Sherry and Karen had a raspberry one. YUM.



ALPHA DELTA THETA....PAGE 2

Everyone dressed in "French Style" that included berets with decorative pins.



ALPHA DELTA THETA...PAGE 3

Melinda shared facts about France and Bastille Day. Celebrated on July 14. Bastille Day celebrations include military parades, fireworks. Concerts and parties at fire stations, much like Americans celebrate July 4th here in America. It marks the storming of the Bastille by Parisian revolutionaries in 1789 and is celebrated as a national holiday.

Ten Fun Facts about Bastille Day

1. In France it's not actually called Bastille Day. It is called *La Fête Nationale* or *Le Quatorze Juillet*.
2. The Bastille Day military parade is the oldest and largest military parade in Europe.
3. Local Fire stations in Paris and throughout the Île-de-France region throw dances to celebrate.
4. The Louvre Museum offers free entrance all day on Bastille Day.
5. The holiday originates with Île-de-France.
6. There were only seven prisoners in the Bastille on July 14, 1789.
7. It took 91 years for Bastille Day to become a national holiday.
8. A number of other countries around the world celebrate Bastille Day like South Africa and Czech Republic.
9. Vincent van Gogh once painted Bastille Day celebrations.
10. The key to the Bastille is in Mount Vernon in the USA., the Marquis de Lafayette having sent it to his friend George Washington.

Melinda also challenged us with a Bastille Day Trivia Bingo game. Karen and Sonia won prizes, a delicious French treat.



ALPHA DELTA THETA...PAGE 4



Sonia and Melinda
sharing an amazing
Crème Brûlée.
Cheers!

Everyone had a great time.

"Vive la France"



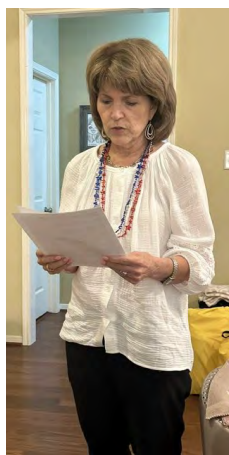
JULY MEETING

The July ADT Chapter meeting took place in the home of Sherry Sweet. Prior to the meeting, Sherry served a delicious dinner consisting of all of your All-American picnic favorites: grilled hamburgers and hotdogs (with all the condiments), baked beans, potato salad, chips. For dessert she served apple crisp with ice cream. She decorated with red, white and blue decorations and even had necklaces for all of the members.

In addition to regular chapter business, it was a busy night with the installation of new chapter officers and reveal day for our Secret Sisters. Barbara Meuer, our outgoing President, conducted the official swearing in of each officer. She presented each incoming officer with representation of the light they would shed in the coming sorority year.

The new ADT officers:

President: Sherry Sweet
Vice President: Diane Leive
Treasurer: Cynthia Rogan
Recording Secretary: Sonia Afshar
Corresponding Secretary: Karen Sweet-Angel



ALPHA DELTA THETA...PAGE 6

2026-2027 ADT Officers



Sherry presented outgoing President Barbara with a beautiful bracelet that represented all the colors of Beta Sigma Phi.

ALPHA DELTA THETA...PAGE 7

July was our Secret Sister Reveal and everyone enjoyed guessing and finding out who their Secret sister was.



In keeping with our chapter theme, Sherry presented a program based on the Angel of July, Arch angel Verchiel. July zodiac is Leo. The element is fire and the meaning of the name is "benediction of God." The astrological/solar influence, Verchiel is closely tied to the Sun and is often considered a solar angel who embodies vitality, courage, leadership and majesty.



Archangel Verchiel is also known as the Archangel of affection, nobility, generous heart and optimistic outlook on life, and teaches us that life is about happy balance between work and play and encourages us to make time for pleasure and leisure.

As the governor of the sun, Verchiel gifts us the powers of intellect, insight, and wisdom to evaluate our goals and to look at what we really wish to manifest into our lives.

ALPHA DELTA THETA...PAGE 8



Sherry challenged us to come up with as many words as we could in 1.5 minutes from the words : Happy Birthday America: Red, White & Blue. Barbara won the challenge with almost 200 words.

We also had three winners of door prizes: Diane, Babara and Sonia.



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LAUREATE IOTA OMEGA

REPORTER: BARBARA HUPE

Summer is a time for travel and several of our sisters did that. Vacations are always a welcome change.

Shirley Grass enjoyed brunch and the play "The Golden Girls Murder Mystery" at the old theater in Rosenberg. Pictured below is the ex husband of one of the Golden Girls. Shirley has known Stan (Tim Bauer) since he was a child. They were his guests.



LAUREATE IOTA OMEGA...PAGE 2



Shirley also got to celebrate her son George's birthday at their favorite restaurant Lopez's.

Her family enjoyed their annual family trip to Branson. Sadly, this will probably be their last trip as her son is retiring at the end of the year. They have been going to Branson for the past 20 years. They were fortunate enough to have her grandson Jake there with his new fiancé.



LAUREATE IOTA OMEGA...PAGE 3

Barbara Hupe was very happy and blessed to have all 4 of her grown grandchildren come to Destin. It's something they have been doing for over 16 years. The weather was great and celebrating the 4th of July is always fun.



LAUREATE IOTA OMEGA...PAGE 4



It's hard to believe but teachers are starting back to school already. Barbara loves helping her daughter Stacey get her classroom ready and they have a traditional back to school lunch at Taste of Texas.



LAUREATE IOTA OMEGA...PAGE 5

As usual, Joan Batts was busy this summer. Wishing everyone a happy and safe summer!!! Joan and her daughter Anne Marie got to spend time with her mother in law in Frankenmuth Michigan. They had lots of fun shopping at Bronners, the largest Christmas store in the world. She didn't tell us what she purchased but it would be hard to believe she didn't do some damage!



Then Joan was off to Seattle for her brother Ralph's memorial. She was joined by her son and her niece Corinne from California. There were also some other cousins and her brother Scott. Always the art teacher, she went to the Chuhily Exhibit.



LAUREATE IOTA OMEGA...PAGE 6



Joan's daughter in law took a picture of her house and created her own cross stitch of it on a towel. That's amazing!

LAUREATE IOTA OMEGA...PAGE 7

Bobbie Viles didn't have to travel far to enjoy her summer. She upgraded her already beautiful backyard pool area with the help of her son Evann and his wife. They made sure to make a spot for her son Erick in his favorite area.



As much fun as summer is, I know we're all looking forward to some cooler weather and seeing each other again!



Mickie celebrated July 4th with her Grandson Luke and wife, Blair, along with 2 of her Great Grands, Briar and Titus.



This fabulous looking couple was interviewed by Channel 11 for their Patriotic attire.



A very proud Grannie with a beautiful Patriotic front porch.



Grandson Luke, Blair, Briar, and Titus.

PRECEPTOR NU...PAGE 2



Carolyn Meeks and her son, Chad, went to Eldridge Park where they were transformed back in history. The park was lined with 250 flags each noting different national facts. Carolyn had her picture with Uncle Sam and Besty Ross as she stitched the first US flag.

PRECEPTOR NU...PAGE 3

Roy celebrated his birthday with family. Everyone got to wear the sombrero while they sang Happy Birthday to Pappaw for his 81st Birthday at Pappasitos!!



Roy's birthday celebration continued the next weekend when our son, Chad came for a surprise visit.



Titus's 2-week visit with his Grannie and Pappaw started with ziplining across the Brazos River and attending an Astros game. Check out that awesome hat, a true Astros fan!



Titus enjoyed pottery painting, being saved by Grannie from a scooter wreck. OH NO! but bounced right back for painting a race car, making silly putty, solving a bank robbery while at the Children's Museum.



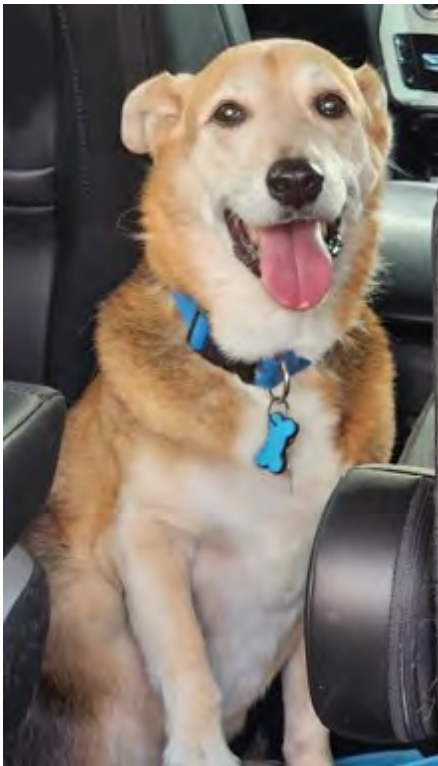
What a wonderful week for a summer visit. Titus told his parents, "Boy, Grannie and Pappaw really spoil me when I visit." What a true blessing

Titus at Sandy McGee's discovering their amazing broccoli-cheese soup with his Aunt Linda. Yum!



Suzy and Allyson spent the last night in July at Constellation Field celebrating some former Astros players. The Night was hot but the Space Cowboys came away with a victory in the 10th inning. Fireworks were a fabulous reward for the win!





Suzy, Allyson and Tippy had to say goodbye to their truly loved and adored fur baby this month. Cogi was the best friend the Penny girls could ever imagine owning. Cogi Bear protected, walked, chased squirrels, and even tolerated Tippy cat. He joined our family at Thanksgiving 14 1/2 years ago. Cogi Bear is now pain-free with lots of squirrels to chase and an abundance of treats!

PN sisters who celebrated their
Birthday's in July.

Natasha Williams
Michelle Lovelace
Rosina Foster

Have a blessed year.



XI ALPHA EPSILON OMEGA

REPORTER: JEANA DOROW

July Chapter Meeting

XAEO members met at Pam McDuffie's home for the July Chapter meeting and enjoyed a delicious meal of favorite comfort foods. Pam served fried chicken, red beans and rice, macaroni and cheese, corn, and broccoli salad. For dessert, she offered Sock It to Me cake and fresh, delicious watermelon. She also prepared a cheerful celebration for Jeana's 60th birthday earlier this month. In July, we had the joy of revealing our Secret Sisters with an "Anything Buc-ee's" theme. Everyone selected fun gifts for their special sister.

Beverly was the lucky winner of the drawing. She received a beautiful Lucite tray with embedded gold flowers.

For the program, Pam shared a sweet story of friendship.



XI ALPHA EPSILON OMEGA...PAGE 2



XI ALPHA EPSILON OMEGA...PAGE 3

XAEO JUNE SOCIAL

XAEO wrapped up the chapter year with a fun July social themed "Red, White, and Blue—Burgers & Brew," shared with BSP Sisters and Beta Buddies. Our BSP Sister and outgoing SWHCC President, Jeanne Melton, joined us for the evening with her husband, Allan. We enjoyed appetizers, burgers and sides, an ice cream and brownie bar, games, prizes, laughter, and friendship. In keeping with the theme, Mark also presented a brief, informative program on different types of brews. We missed the Chapter Sisters and Beta Buddies who could not attend. Cheers to more fun times ahead!



XI ALPHA EPSILON OMEGA...PAGE 4

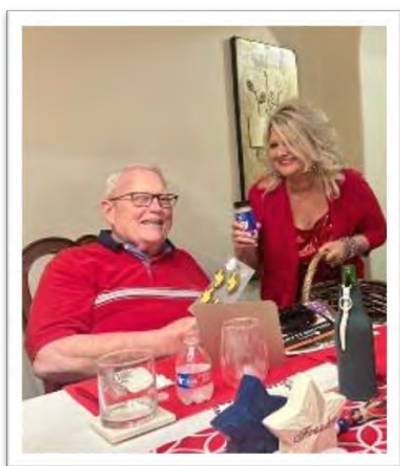


XI ALPHA EPSILON OMEGA...PAGE 5



RED 
WHITE
AND
BREW

XI ALPHA EPSILON OMEGA...PAGE 6



XI ALPHA EPSILON OMEGA...PAGE 7

XAEO Installation of Officers

At the July meeting, President Pam McDuffie installed XAEO members in their new roles: Cathy Wilson as President, Jeana Dorow as Vice President, Kim Horvitz as Treasurer, Beverly Crawford as Corresponding Secretary, and Sandra Simpson as Recording Secretary. She presented each officer with a bracelet symbolizing the circle of friendship and the Beta Sigma Phi ritual of jewels. We are excited to welcome the new board and look forward to a wonderful year under their leadership.



XI ALPHA EPSILON OMEGA...PAGE 8



*Beta Sigma Phi
Southwest Houston
City Council*

**For more info
Contact
Joan Batts
Email:**

joanebattstx@gmail.com

www.betasigmaphiswhcc.org

**Motto:
Life, Learning,
Friendship**

BΣΦ



2026-2027 Executive Board

Joan Batts — President

Barbara Meurer — Vice President

Linda Nolly — Rec/ Corr. Secretary

Cathy Wilson — Treasurer

Jeanne Melton — Parliamentarian

