



The Bustle

Editors: Karen Sweet-Angel & Sherry Sweet

Volume 55, Issue 2

June 2026

Beta Sigma Phi—Southwest Houston City Council President's Message

June



Sisters Light the World

In the garden month of June,
Yellow roses gently bloom

With kindness, giving, love so bright.
Sisters light the world with light.

Like sunshine warming every day,
Their caring hearts show others the way.
Through gentle words and love unfurled
Sisters brighten all the world.

This poem shows the wonderful sisterhood of Beta Sigma Phi.

Can you believe we are getting into summer and all the HEAT??
The new Sorority year is beginning and what a beginning it has been!!
The budget has passed and we are off and running.
The rotation schedule for programs for the coming year was passed
out at the May meeting.

Here is the schedule for each chapter:

September 10 ---PN

November 12 ---ADT

February 11 ---LIO

April 8---XAE0

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President's Message (continued)

The meetings that are in between each of these dates will feature an activity. Your program will be on a woman that lit up the world. At the May meeting a list of **women who lit up the world** was passed out to each chapter. You may choose someone else that is not on the list. But you need to let **Barbara Muerer** know who the woman is that you have chosen.

Also, please make sure every member's information is updated. When completed please forward the information to **Karen Sweet Angel** and **Sherry Sweet** for the directory.

The President's luncheon will be held on August 15, 2026.. This will include Presidents, Vice Presidents, committee chairs and council board members. More details to come.

I am looking forward to the coming year. Let's make 2026-2027 a memorable one
Enjoy your summer , and keep the light on by looking for new members.
May the Lord watch between me and thee.

I am thy sister,

Joan Batts

WHCC President



This and That.....News from Council

Hello Sisters,

June is here and with it comes hot temps and sporadic rains. The first day of official summer is June 21, but she is already rearing her head.

XAZ sisters, we say farewell with Beta Hugs and best wishes for a prosperous and amazing future. Thank you sisters for all of your contributions and many years of dedication and service to the SWHCC and the BSP sorority.

We wish all of you a wonderful summer wherever your travels and celebrations take you. Enjoy!

See you next month as we celebrate the 250th anniversary of the USA.

"Side by side or miles apart we are sisters connected by the heart."

*Beta hugs,
Karen & Sherry*



Council

Meeting

While our SWHCC Board is on hiatus until September, you can keep up with the latest news through the Bustle and on the BSP International Website.

Hostess Schedule 2026-2027

Sept. 10 '26	PN
Oct. 8 '26	Activity
Nov. 12 '26	ADT
Dec. 10 '26	SWHCC Board
Jan. 14 '27	Activity
Feb. 11 '27	LIO
Mar. 11 '27	Activity
Apr. 8 '27	XAEO
May 13 '27	New SWHCC Board



Beta Sigma Phi reminds us that our organization is non-collegiate, non-sectarian and non-political. We ask that all members honor these guiding principles during Council and Chapter meetings to maintain the harmony of our sisterhood.

May 2026 Southwest Houston City Council Meeting

City Council met on May 5th with the new board in place. Committees gave reports and Barbara Hupe handed out the final budget tally for Founder's Day. Barbara Meurer also got a referral for someone living in Missouri inquiring about joining. Financial review committee gave their report which included several recommendations for moving forward. There was discussion about the proposed 2026-2027 budget, which was approved by the chapters.



The upcoming year was discussed and a theme for the program year was announced. Programs presented from the individual chapters will concentrate on Woman in Time Who Have Lit Up the World. Suggestions were handout that included women in history, modern and corporate influencers and pioneers. Also, a chapter may choose someone not on the given list. Each chapter will be responsible for one month's program. Other programs will be an activity or covered by Council.

It was noted that Sherry Sweet and Karen Sweet-Angel will be sending out a request for member updates for the Directory sometime in June.





Prize Winners



Save the Date

Sweetheart Luncheon



Saturday

February 20, 2027



**UPCOMING BETA SIGMA PHI
STATE CONVENTIONS**

**2026
Beta Sigma Phi
Quadra State
Convention
July 17 - 19, 2026
Reno, Nevada**



Virginia State Convention

**Cruising Down The
Mississippi**

October 2-4, 2026

UPCOMING CONVENTIONS



NEW YORK STATE
CONVENTION
COOPERSTOWN, NY

OCTOBER 2-4, 2026

A vibrant advertisement for a cruise. At the top, the Greek letters BΣΦ are displayed in a gold, serif font. Below them, the text "Angels at Sea" is written in a blue, cursive font on a wooden sign. Underneath the sign, it says "7-Day Caribbean Cruise" and "Symphony of the Seas" in a bold, serif font. A banner below that reads "Cruising out of Galveston • October 18, 2026". The central image shows a large cruise ship sailing on turquoise water towards a tropical island with palm trees and a beach. In the bottom left corner, there is a table with pricing information. To the right of the table, there is a glass of tropical drink with a starfish and flowers. At the bottom, the website "www.vleetravel.com" and phone number "713.392.0114" are listed.

I/S	\$797.01
O/V	\$920.01
Balcony	\$1,196.01

\$50 Deposit

www.vleetravel.com
713.392.0114

These are a few of the upcoming state conventions around the country. Check the BSP International website for more conventions and additional information.

MAY SOCIAL

"We are what we repeatedly do. Excellence, then, is not an act but a habit."— Aristotle



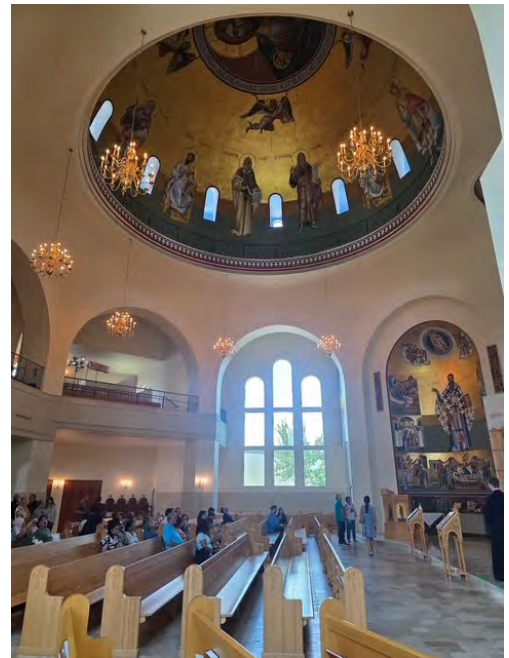
May 16th found our ADT sisters and their guests attending the Greek Festival in west Houston. It took place at St. Basil the Great Orthodox Church. It is dedicated to sharing the rich tapestry of Hellenic culture with all of the attendees. Our day started at Niko Nikos where we partook of some great Mediterranean food.



A traditional Greek festival or religious feast day is called a **panigiri** (plural: *panigiria*). These are lively, community-wide celebrations filled with traditional music, dancing, and food, often held to observe a religious holiday or the name day of a local Greek Orthodox saint.

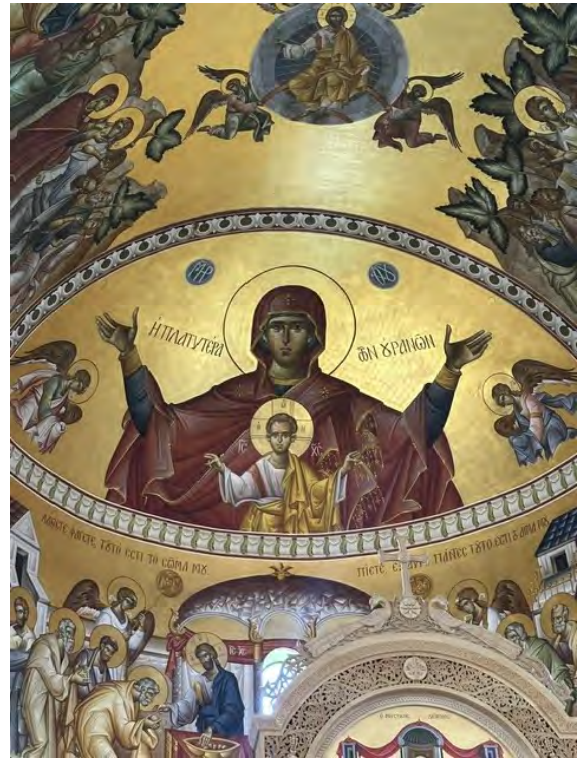


ALPHA DELTA THETA....PAGE 2



ALPHA DELTA THETA....PAGE 3

We enjoyed the market place, the dancing and taking a tour of the church. The church was absolutely gorgeous. It was a good day.



ALPHA DELTA THETA....PAGE 4



MAY MEETING

ADT's May monthly meeting was held at Thai Cuisine Ramen King Sushi Bar in Katy and was hosted by sister Cynthia Rogan. Every one was present, including one guest, Kim Franklin. Barbara mentioned that someone from Missouri City was inquiring about joining a chapter. We also discussed the new theme " BSP Sisters Light Up The World."



ALPHA DELTA THETA...PAGE 6

Cynthia gave a Program on the Angel for May, Ambriel, who governs the Zodiac sign of Gemini and brings energies of communication, intellect and protection. For those born in May, especially Taurus, Archangel Chamuel and Angel Asmodel are also recognized, focusing on love, harmony, and, according to Parade, Angel of Good Luck and Fortune and protecting relationships.

Angel Ambriel brings vibrant energy of creativity, communication and ideas. If planning a new project or career move, then this is the month to feel inspired. He will guide inventions in technology, advance medical and science works and also inspires those in creative fields.

Cynthis noted a time when she was in Europe and was traveling by train. When it came time to get off of the train, she couldn't get the door to open. She was worried that she would be stuck and miss her stop when three gentlemen came along and helped her out. She didn't realize that you had to open the window and reach outside to open the door by the handle there. That day those three gentlemen were her guardian angels.

Prize winners Barbara and Diane receiving gifts provided by host Cynthia.



ON A PERSONAL NOTE

Happiest of birthdays to
Cynthia Rogan, our May
Birthday girl.



ON A PERSONAL NOTE



A Mother's Day celebration lunch for Melinda Montgomery's family, just the girls, including 4 generations!

Melinda spent 9 days touring South Dakota for the first time starting in the east and heading west. First stop, Sioux Falls for a couple days then on to Chamberlain for 3 nights at a beautiful rustic hunting lodge which included fishing on the Missouri River best known for their wall-eye; practiced target shooting with pistols then on to first time experiences shooting an AR-15 rifle and shotgun skeet shooting. Pistol shooting with a 22 and 9mm were my best events but still hit my targets on the others!



ALPHA DELTA THETA...PAGE 9



From there we traveled on to Rapid City for the remainder of our stay with stops in the Badlands, Black Hills, Mount Rushmore, Custer State Park, Sturgis, Lead, Deadwood, and so much more sight seeing in between. It was an amazing trip with beautiful scenic views; a fun new group of friends filled with late nights talking and laughing.

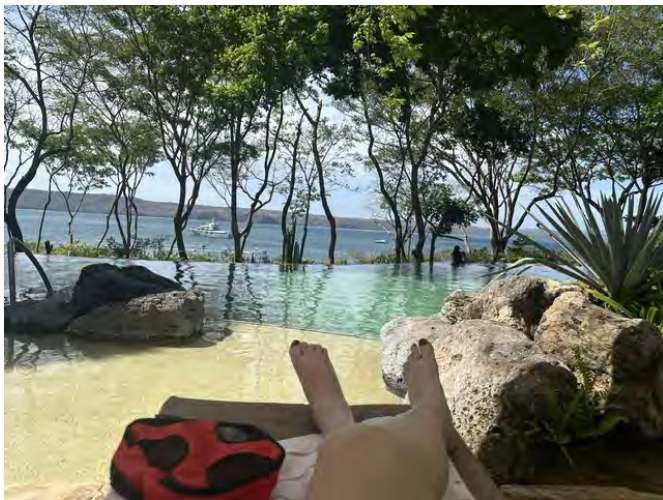


ALPHA DELTA THETA...PAGE 10



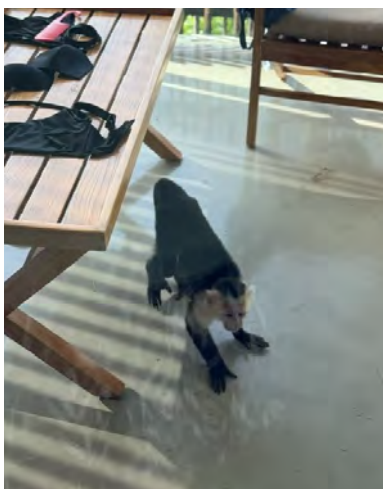
ALPHA DELTA THETA...PAGE 11

Karen Sweet-Angel and her daughter Sahar spent time in Costa Rica attending a wedding. Everywhere was so lush and exotic from the perspective of the plane to the animals and the rainforest. We arrived to a fresh coconut. There was a lot of relaxing on the beach and at the various pools on the resort.



ALPHA DELTA THETA...PAGE 12

The food was absolutely amazing, especially the large breakfast buffet.



We saw many of the wildlife, including the monkeys that would swing by through the trees off of our balcony. One morning Sahar was on the balcony reading and a monkey jumped from the tree to the balcony. Sahar hurriedly ran inside and the monkey followed, tapping the door, begging to be let in.



LAUREATE IOTA OMEGA

REPORTER: BARBARA HUPE

LIO is looking forward to getting together soon. We've been having a hard time finding a time when we can all get together.

Joan Batts spent a week in Naples FL with her good friends. She had a wonderful time sightseeing and enjoying fabulous restaurants. Later, at a Terry Highschool End of the Year luncheon she ran into two previous students. She had taught Cameron 3 years ago, and Kendra 28 years ago. It was so fun seeing students all grown up!



LAUREATE IOTA OMEGA...PAGE 2

Shirley Grass and her five siblings and spouses spent a long weekend in Galveston celebrating their Garcia family. They attended the Pink Flamingo Parade, ate at several restaurants, enjoyed beach time, and had a great time reconnecting around the pool. It was so much fun catching up with each other.



Shirley's oldest grandson Brandon just launched his law firm. If you need his services, give him a call. Her other grandson Sam ordered his TAMU ring. She's so proud of him as he starts his Senior year. He will be interning in Dallas this summer



LAUREATE IOTA OMEGA...PAGE 3

Bobbie Viles' granddaughter Taylor graduated Magnum Cum Laude from Prairie View A&M. She was thrilled to meet her great grandkids Charlie and Felipe Viles who are her son Evann's grandchildren. It was heartwarming to hear Erick's daughters Taylor and Lauren share stories about their dad.



LAUREATE IOTA OMEGA...PAGE 4

May is always a busy month for Barbara Hupe. Her birthday and Mother's Day often come close together. She was lucky enough to have a wonderful lunch with her daughters and two grandchildren to celebrate. She shares her birthday month with those two children. On her real birthday, she got to celebrate with friends at her favorite BJ's Happy Hour. The end of school is also hectic as she helps her daughter Stacey pack up her room. She always attends the end of the year ceremony since she mentors the class all year. The parents love finding out who the "Other Ms. Hupe" is.



LAUREATE IOTA OMEGA...PAGE 5



Wishing everyone a happy and safe summer!!!





Nance won and selected one of the two gift packages that contained the gifts donated by Briarwood Gifts and Decor in Missouri City, TX at the BSP Founder's Day Luncheon.



Joyce won and selected one of the two gift packages that contained the gifts donated by Briarwood Gifts and Decor in Missouri City, TX at the BSP Founder's Day Luncheon.



A Backyard Oasis, (like dreams are made of) Rich & Nance's new home's back yard.



ESC4P3- Journey Tribute Band who performed in the Sugar Land Town Center 4/25/26



Shawn & Gina Parker met up with Ann & Ed Jones for the Journey Tribute Band Outdoor Concert



God's love in full display!
Greetings from New Zealand.
Love Rosina

PRECEPTOR NU...PAGE 2

We are all familiar with Ellie, Lizette's granddaughter; but we have not yet been introduced to her grandson, Levi who lives in Ohio. Following, Lizette has shared photos from Levi's recent preschool graduation, along with a few additional pictures of this very handsome and accomplished young boy.



Levi Washington at his Pre-School Graduation.



Leon in kindergarten!

Lizette's grandson, LEVI WASHINGTON graduated from preschool in Ohio. His dad (Lizette's son Leon), died 3 months before his birth. He resembles his dad in so many ways: his attitude, voice, eyes, statue and complexion.



It's still choking Lizette up that Levi is missing out on raising his son. Nevertheless, there are angels watching over him and his mom is doing a wonderful job taking care of him. Levi plays soccer, basketball, flag football, softball and now he is taking up karate! He now has his yellow belt.



Leon's preschool pic

MEMORIAL DAY REMEMBRANCE CEREMONY, SUGAR LAND, TX

Mickie & Shawn attended Sugar Land's Memorial Day Remembrance Ceremony held Monday, May 25th in the Sugar Land Memorial Park located at 15300 University Blvd.

The ceremony featured a patriotic program designed to recognize and remember fallen service members. Attendees were treated to live patriotic music performed by the Lone Star Symphony, remarks from distinguished speakers, and a special tribute dedicated to fallen soldiers.

Governor Greg Abbott delivered remarks during the ceremony. As the only Memorial Day event attended by Governor Abbott this year, the Sugar Land ceremony was especially significant and memorable. He was joined by Sugar Land Mayor Carol McCutcheon, military service members, veterans, and community advocates.

The event included a traditional 21-gun salute presented by the Sugar Land Police Department, along with military-themed vendor booths, food trucks, and additional family-friendly activities throughout the morning.



Gov. Abbott presented to Mayor McCutcheon, from the State of Texas a proclamation recognizing the City of Sugar Land for honoring those that served and died for the U.S. Of America.



Mayor McCutcheon & some of the City Council Members with the Gov. at the Sugar Land Memorial Day event.



Table setting for our fallen set up at the Sugar Land Memorial Day Event.



Mickie & Shawn meet the Gov.



Mickie took videos of the celebration to share with her husband, Roy, who was in Encompass Physical Therapy during the Memorial weekend & Me-



Shawn finished their outing by dining at The Pit Room, 10301 Katy Frwy. on an "All You Can Eat Crawfish Memorial spl."- for the bargain price of \$25 per all you can eat. They ran out of crawfish after she finished 3lbs. But still, 3 lbs. for \$25!!!

MAY's PN CHAPTER MEETING

The hostesses for our May Chapter meeting were Mickie and Nance. Our "Angels Spring into Summer Fun" themed gathering was held in Mickie's spectacular home in Sugar Land.

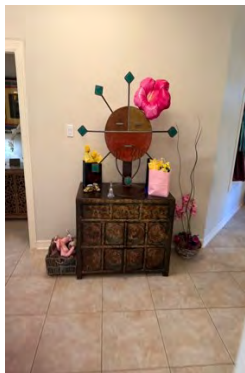
The meeting was originally scheduled for May 19th; however, after Roy, Mickie's husband, suffered a fall and was admitted to the hospital, the meeting was postponed and rescheduled for Thursday, May 28th.

The members decided to make the evening a potluck, and everyone contributed a delicious dish. Linda Noltz brought baked and fried chicken, chicken tenders with dipping sauces, and bags of ice. Toni Laas contributed her truly "yummy" rice. Rosina prepared a zucchini dish, Yvonne brought macaroni and cheese, Beverly brought baked beans, and Shawn provided potato salad. Mickie, our hostess, served a green salad with all the fixings and wine for everyone to enjoy. Linda Rather contributed a fruit salad, and Nance, our co-hostess, provided rolls. For dessert, Lizette brought a lemon cake with icing, and Natasha treated us to an Italian cream cake. Franchesca sent lemonade and ice with Beverly because she was unable to attend due to a work appointment. And, Suzy had planned to bring spinach dip and crackers, but unfortunately, she was unable to attend due to illness. We missed both; and hope Suzy is feeling better soon.

We were delighted to welcome Mickie's friend and guest to our gathering. She quickly won everyone over with her warm personality and friendly spirit. As summer approaches, she is looking forward to a special trip to California to spend time with her family and create cherished memories with loved ones.



Door Greet-



Prize and game



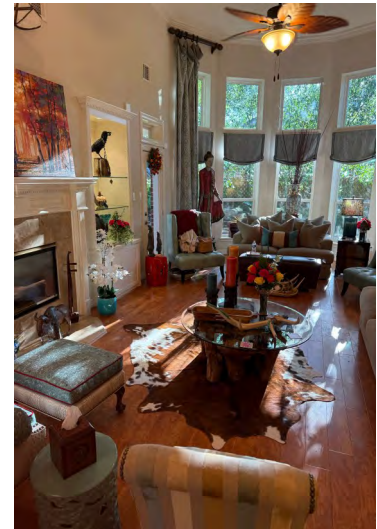
Roy relaxing after spent a whole day helping Mickie with the house set up for the meeting.



Mickie's table setting décor, whimsical vibes, endless smiles - where conversations, memories and love flow.



This decoration scared little Colby



Mickie's festive living room, where sophistication meets celebration.



Meeting is Pot Luck where each member brings something (not all pictured here).

LET'S GET READY TO PARTY!



Linda Rather, assisted in by Rich Unangst followed by Jim Rather.



Yvonne & Nance exchange greetings before our meeting



Rosina, Linda & Natasha getting acquainted with Mickie's guest, Joan before the meeting.



Natasha & Yvonne waiting for the right moment to shine

The Promise of Summer: Our Angels' Hopes for the Season



A cup of tea, good company, & sunny afternoons, Lizette's summer plans are brewing nicely!



Toni Laas, pretty as a picture, dreaming of sandy toes and salty air.



Linda's summer forecast: 100% chance of fun, with occasional cannonballs!



Natasha chilling, and dreaming of the many trips she has planned for her birthday month of July.



Yvonne's summer wish is about to come true. Her daughter is soon to be home from college, and family time is back on the schedule!



Shawn's summer forecast: busy schedule, happy heart, and plenty of good times with good friends.



Each of these Angels embraced the spirit of the season in her own special way. Rosina is ready to hit the tees and enjoy a summer filled with golf. **Beverly** is eagerly anticipating the opening of her new spa venture. **Linda Rather** may have forgotten the theme, but she certainly didn't forget to bring her enthusiasm and sense of fun! **Nance** looks forward to completing her cancer treatments and beginning the next chapter of healing and renewed strength. Together, they remind us that summer is a season of hope, joy, and new beginnings.



Mickie's guest, Joan was a wonderful addition to our gathering, and we thoroughly enjoyed getting to know her. This summer, she is eagerly anticipating a trip to California to visit family and enjoy precious time together.

PRECEPTOR NU...PAGE 8

RECAP

- Rosina - golf adventures
- Beverly - a new spa and new beginnings
- Linda R. - fun for fun's sake
- Nance - healing and hope
- Mickie's guest, Joan - family time in California
- Linda N. - making a splash with summer water adventures
- Natasha - travel
- Lizette - tea parties and friendship
- Yvonne - precious time with her daughter home from college
- Shawn - a busy social calendar and good times with friends

Together, they beautifully embody **"The Promise of Summer: Our Angels' Hopes for the Season."** Each caption is unique, but the overall theme is one of optimism, friendship, family, fun, and new beginnings.



2026 end of year Group Photo with guest, Joan. Missing: Suzy Penny, Franchesca Saunders & Michelle Lovelace.

XI ALPHA EPSILON OMEGA

REPORTER: JEANA DOROW

May Chapter Meeting

XAEO members gathered at Federal American Grill for the May chapter meeting, where we enjoyed lunch and our monthly gathering. As a special treat, we also celebrated our sweet sister Beverly's birthday on May 22nd.



XI ALPHA EPSILON OMEGA...PAGE 2

XAEO MAY SOCIAL

The Cinco de Mayo party was a fun-filled evening with delicious food, great friends, and beautiful weather. XAEO sisters and their Beta Buddies enjoyed a festive night featuring fabulous homemade Mexican dishes prepared by our wonderful hosts, Cynde and Danny Renteria. We savored fajitas, enchiladas, tamales, beans, rice, and homemade salsa. We even had delectable treats from the famous Panaderia Tierra Caliente bakery. Cathy kept the margaritas flowing as our bartender for the evening. The decorations were adorable, and each of us even received a personal-sized piñata filled with treats. Everyone dressed in festive Mexican-inspired outfits.



XI ALPHA EPSILON OMEGA...PAGE 3



XI ALPHA EPSILON OMEGA...PAGE 4



XI ALPHA EPSILON OMEGA...PAGE 5



XI ALPHA ZETA

REPORTER: DIANA RAYLE

.Xi Alpha Zeta held their May meeting enjoying "steak night" at Churrascos in Sugar Land. Our Sweet-heart, Lori Bownds, and our Woman of the Year, Rita Mayo, were honored with flowers and each member was gifted with "Your Friendship is a Blessing" keepsake as we revisited our sorority year.



XI ALPHA ZETA... PAGE 2

We volunteered at Lunches of Love by working a shift filling snacks bags and preparing lunch bags for distribution, along with our financial contribution..."hands on" and "financial support" made for a very rewarding morning. Afterwards we gathered at Another Time Soda Fountain for OUR lunch. We also did a quick social this month by going to the movie "Michael" (Jackson) a good show with a part 2 supposedly in the making.



We wish SWHCC Council a fun and enjoyable summer/year.....and thanks for all the memories.

"May the Lord watch between me and thee, while we are absent one from the other"

*Beta Sigma Phi
Southwest Houston
City Council*

**For more info
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**Motto:
Life, Learning,
Friendship**

BΣΦ



2026-2027 Executive Board

Joan Batts — President

Barbara Meurer — Vice President

Linda Moltz — Rec/ Corr. Secretary

Cathy Wilson — Treasurer

Jeanne Melton — Parliamentarian

Chapter Presidents

ADT Barbara Meurer

LIO Vicky Ryan

PN Lizette Polk

XAEO Pam McDuffie

XAZ Diana Rayle



Council Advisor

Winona LaBrant