

The Bustle

Editor: Jill Coble

Volume 53, Issue 5

September 2024

Beta Sigma Phi—Southwest Houston City Council President's Message

Dear Sisters,

Happy Fall! While it still feels like summer the calendar indicates it's September. We resume our council meetings this month and I hope to see many smiling faces on September 12th at our meeting. We meet at 6:30 p.m. at the Hilton Garden Inn in Sugar Land. Be there or be square.

I want to acknowledge Karen Sweet-Angel and Barbara Meurer for their hard work on the SWHCC Directory. It's one of our most important tools for staying in touch. Our thanks to Daspit Law Firm, PLLC for sponsoring our directory again this year, much appreciated. Directories were distributed to the chapter presidents at the Presidents-Vice Presidents Luncheon on August 24th. Be sure to get your copy. If you have a new chapter member, I have a few extra copies. Great work Karen and Barbara.

The fall luncheon is set for October 26 at the Junior League of Houston. Please mark your calendar. Again, I want to see many smiling faces. Mary Crochet and her committee are making all the final plans for this event.

As we move into autumn, I have a challenge for you. Invite a friend, neighbor, or work colleague to a BSP event. It's a great opportunity to introduce our organization to other women. Share a copy of the Bustle with your guest, Jill does such a great job on the Bustle. Let them know how much fun we are having.

We have several sisters who are experiencing serious illness, either their own or a family member's. Keep these sisters in your thoughts and prayers. Please keep me posted on any needed prayer requests. Together we can make a difference in the lives of our sisters. You've all made a difference in my life.

I am thy sister,
Sandra



Inside this issue:

<i>Presidents Message</i>	1
<i>Reminders</i>	2
<i>Presidents/Vice Presidents Luncheon</i>	3
<i>Report from Tennessee BSP Convention</i>	5
<i>BSP Friendship Cruise</i>	8
<i>Upcoming Council Events</i>	9
<i>Alpha Delta Theta</i>	12
<i>Laureate Iota Omega</i>	19
<i>Laureate Iota Tau</i>	20
<i>Preceptor Nu</i>	21
<i>Xi Alpha Epsilon Omega</i>	27
<i>Xi Alpha Zeta</i>	34
<i>Member at Large</i>	35
<i>Misc Info</i>	37

This and That.....News from Council

Hostess Schedule 2024 -2025

September 12, 2024—Preceptor Nu
October 10, 2024—Laureate Iota Tau
November 14, 2024—Xi Alpha Zeta
December 12, 2024—Executive Board
January 9, 2025—Alpha Delta Theta
February 13, 2025—Laureate Iota Omega
March 13, 2025—Laureate Iota Tau
April 10, 2025—Xi Alpha Epsilon Omega
May 9, 2025—2025-2026 Executive Board

Council Meeting



Summer is over and time to get our monthly council meetings started back up. Mark September 12th on your calendar and make plans to attend. Beta Buzz starts around 5:00 pm with the Council Meeting starting at 6:30 pm.

Editor Notes:

You will want to check out page 3 where you will find pictures from the Presidents/Vice Presidents/Council Committee Luncheon.

Check out page 5—7 to see highlights from the Tennessee State BSP Convention.

Upcoming council events can be found starting on page 10.

And of course, chapter reports start on page 13. Unfortunately, we had three chapters who didn't submit a report this month. We hope to hear from these chapters next month.

Until next month.....

Jill

News from International

If you would like to make a Payment or place a Gift Order, please contact the International Office at 816-444-6800.

Please be aware most correspondence from the International office is sent via email. If you believe you are not receiving our communications be sure to check your Junk or Spam email folder.

If you add the below address to your email address book or contacts it should help to keep our emails from being marked as junk or spam.

do-not-reply@betasigmaphi.org



SWHCC Presidents/Vice Presidents/Council Committee Chairs Luncheon

Chapter Presidents, Vice Presidents, and Council Committee Chairs met on Saturday, August 24th at Messina Hoff for lunch to kick-off the upcoming Council year. Following a delicious lunch, we learned more about upcoming council events for the year.



A Big Thank You to our Beta Buddy, Gary Simpson, for all his help with the lunch event.

Gary helped Sandra get everything set up for the event, he was our picture taker and he helped to keep the "Vino" flowing.

We appreciate you Gary!!



Tennessee Beta Sigma Phi Convention Report

Submitted by Rita Mayo, SWHCC Convention Chair

Tennessee Beta Sigma Phi State Convention held at the Embassy Suites in Murfreesboro was attended by Jill Coble, Joan Ferguson, Rita Mayo and Barbara Meurer. 69 out of state attendees and 88 in state. Friday night kicked off the convention with "Music Across Tennessee" with the ladies wearing jeans and cowboy boots for dinner and dancing. Saturday "Stars of Tennessee" Luncheon with the ladies wearing their most patriotic red, white and blue. Saturday night "CMA Awards Party" with dinner and dancing and the ladies dressed as their favorite music star walking the red carpet. Convention closed on Sunday "Tennessee Treasurers" with brunch and Memorial Service honoring those sisters we have lost. We are happy to share that we were personally invited to two other state conventions in 2025, Charleston, South Carolina April 11-13, 2025 and Orlando, Florida May 16-18, 2025.

While in Tennessee we decided to stay a few more days and moved to the Holiday Inn Express in Nashville-Opryland. Some of the places we went were Arrington Vineyards owned by Kix Brooks where we did a wine tasting and listened to bluegrass music. Broadway was a blast with us stopping at places to listen to music at Jason Aldean's Kitchen and Rooftop Bar, Tootsie's Orchid Lounge, Alan Jackson's Goodtime Bar, and Blake Shelton's Ole Red with lunch at Morgan Wallen's This Bar and Tennessee Kitchen. The Nash Trash Pink Bus Tour was 2 hours of nonstop laughing. Who would have guessed we would run into a former SWHCC member in Nashville but Michelle Etter and her husband Bubba celebrating their anniversary. On the last night we attended the Grand Ole Opry with Headliners Little Big Town, Vince Gill, and the Oak Ridge Boys.

Just a few questions to ask the ladies when you see them:

- How many Belk stores did they go to?
- Who had smoking hot thighs?
- Who had to use the "Find my Phone" App?
- How many Canadian men followed us from bar to bar on Broadway?







Details on the 2025 BSP Friendship Cruise. I know there are at least four SWHCC Sisters who have already signed up to go on the cruise so why not join in the fun!



7 Night Greek Isles & Turkey Cruise



Leisure Travel w Fred & Ginger, Inc.
PO Box 92-4302
Houston, Texas 77292-4302

www.Vleetravel.com

Ginger@vleetravel.com

713.392.0114

Virginia (Ginger) Lee



Second time around and by popular demand, let's do it again. And I can offer you payment plans.

VOYAGER OF THE SEAS

Athens, Greece

Mykonos, Greece

Istanbul, Turkey

Ephesus (Kusadasi) Turkey

Santorini, Greece

Athens, Greece

June 2—9, 2025

\$726.50* Inside pp*

\$936.50 Oceanview pp*

\$1196.50 Balcony pp*

Taxes & fees \$170.18 pp



SWHCC Fall Event Committee Meeting

The Fall Event Committee met at the home of Mary Crochet to work on plans for the upcoming "Fall in Love with BSP" Event which will be Saturday, October 26, 2024 at The Junior League of Houston.



SWHCC Fall Luncheon
Fall in Love with Beta Sigma Phi



You are invited to -
The Junior League of Houston
October 26, 2024 11:00 am

More details to come!

BSP...the right place to be

Save the Date

Founder's Day 2025

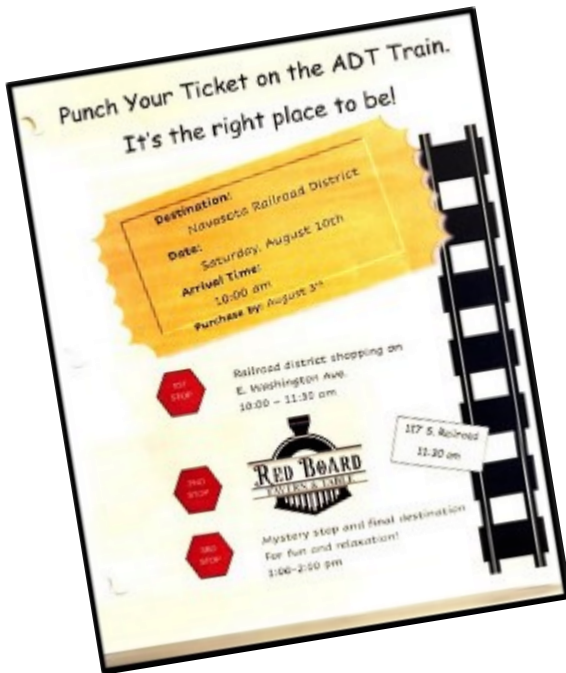
April 26, 2025



More Details to come!!

BEGINNING DAY 2024

"The best thing about existence is that any moment in time can be a point of beginning to anything"—
Mehmet Murat Ildan



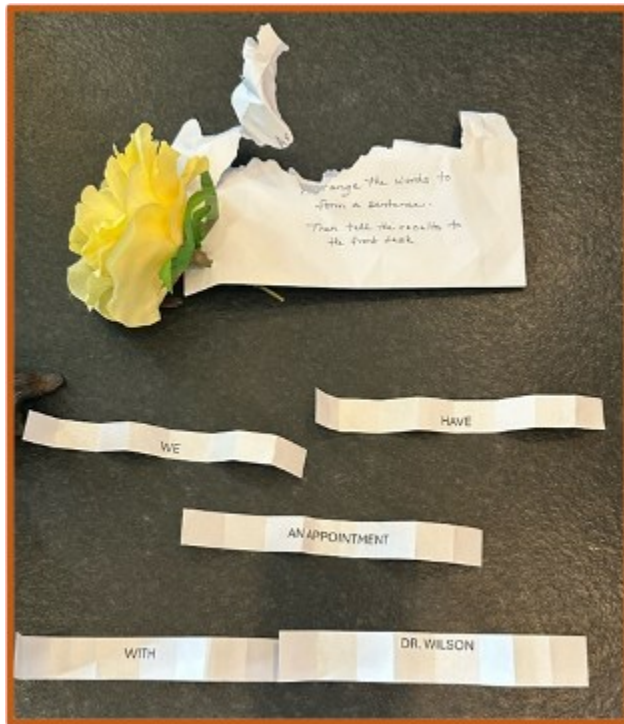
Beginning Day 2024 for Alpha Delta Theta found our sisters on a "train ride" to the small Texas town of Navasota and the Navasota Railroad District. We started the day with some boutique shopping where we found some unique buys, especially for those of us wanting to start our holiday shopping early.

Next we moved to our next stop which was the Red Board Tavern & Table. Red Board has earned the reputation as one of the best restaurants in the Brazos Valley. That's right—one of the best restaurants in the Bryan/College Station area.



After enjoying an amazing lunch, we were off on a bit of a scavenger hunt to find our final destination. We were given a clue that took us from the restaurant to our next location, a cute boutique, where Sherry found the next clue. That clue led us to a small hotel where we found the next clue. That led us to an appointment with "Dr. Wilson" at the speakeasy.

ALPHA DELTA THETA....PAGE 2



Once there we found our social committee waiting for us with head bands and champagne glasses filled with goodies. We enjoyed games (Navasota bingo) and fun and information about the upcoming year. Sherry had us choosing BSP cities around the world to decide our secret sisters. We also partook of various libations and delicious sweet treats. Everyone agreed it was one of the best beginning days ever.

ALPHA DELTA THETA...PAGE 3



AUGUST MEETING

Our first meeting of our new chapter year found us in the home of sister Cynthia Rogan. Everyone enjoyed a few minutes of catching up before sitting down to enjoy a Mexican feast. Cynthia had prepared an amazing Taco Station that included: corn and flour tortillas, chicken and beef, lettuce, tomatoes, queso, quacamole, tortilla chips, refried beans, and Spanish rice. Everything was so yummy. For dessert Cynthia served a delicious tres leches cake with a mixed fruit bowl.



We also entertained a guest at this meeting. A long time friend of Karen Sweet-Angel. Sonia Afshar, joined us. She and Karen have been friends for 40+ years. We hope to see her again soon.

In keeping with the BSP theme of The Right Place to Be, our chapter theme is "The right Place to be..Home. When asked what "home meant to her, Cynthia replied that having moved around a lot, home was not necessarily a place for her and her family, but rather the traditions that they have kept and continue to keep. Sometimes this included extended family and friends and sometimes just the immediate family. Some traditions dating back as far back as her great grandparents from Sweden. One of those traditions that was passed to her daughter Andrea was to "learn something new everyday." For the past 30 years Christmas dinner has been spent on Christmas Eve at her brother's home. For Cynthia's family, home is traditions spent with family and friends.

Cathy won the raffle prize, a beautifully decorated box holding Shelley Kyle products of Crème and Parfume. A bonus- the clear plastic bag perfect for attending stadium events, all graciously donated by host Cynthia. At the end of the meeting, a birthday cupcake was given to Diane and all the sisters sang Happy Birthday as she made her birthday wish.



ON A PERSONAL NOTE

Happiest of birthdays
to Diane Leive, our
August birthday girl.



ALPHA DELTA THETA...PAGE 6



Sylvia attending her favorite musical "Funny Girl" with her sister and off to Disney World with her youngest niece, Mila, to celebrate her 4th birthday. It was sooooo exciting!



Diane Leive was surprised by her family for her birthday at Aleasia's Mexican Grill. Pictured are daughter Christy, son-in law Ryan, grandson Flynn, granddaughter Lilla, Dan, Diane, son Brian, grandson Christian and fiancé Bailey which came in from New Orleans.



ALPHA DELTA THETA...PAGE 7



Cynthia Rogan on vacation in Durango CO with extended family. Look at that sky. Absolutely beautiful.

Tim, Hunter and Cathy Wilson did an Alaskan cruise in July and saw some beautiful sites. They saw Dawes Glacier - what an amazing site even as it shrinks by 30 feet each year. Her husband and son, Tim & Hunter caught many Halibut fish while in Icy Straight Point. The views through the cruise included lots of tree and cloud covered mountains. They even saw a bear walking the shore and a breaching humpback whale. And did you know Alaska has rainforests - they visited one in Sitka.



LAUREATE IOTA OMEGA

REPORTER: BOBBIE VILES

No report this month.

LAUREATE IOTA TAU

REPORTER: LINDA DASPIT

No report this month.

PRECEPTOR NU

REPORTER: SHAWN DORN AND CAROLYN MEEKS

From Shawn Dorn Aug. 1st - 11th... She and her good friend, Cyndi Nielsen flew to Guadalajara and stayed in a small artist village called Ajijic, pronounced: Ah-he-hick, in Jalisco. Ajijic is located 45 mins. southwest of Guadalajara and is situated right on Lake Chapala, the largest lake in Mexico. Cyndi once owned a beautiful home there she was going to retire to with her husband, now deceased. Her present husband has no interest in relocating to Mexico so she sold it five years ago but continues to stay in touch with many of the ExPats who live and/or visit there regularly.



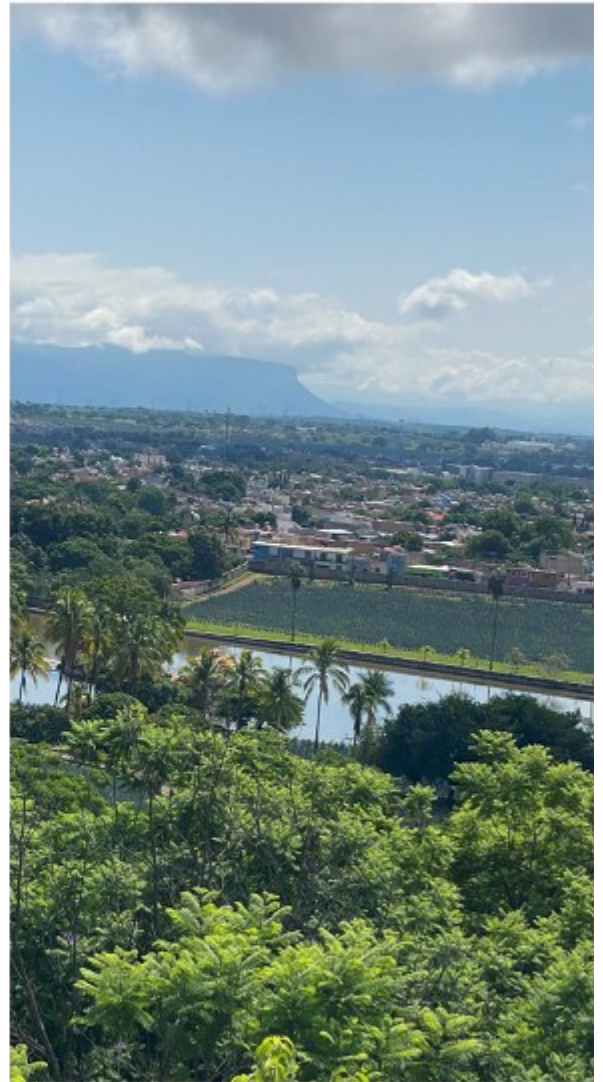


Things have definitely changed since I was last in Mexico. It's lovely to be able to "finally" partake of the wonderful bounty of fresh fruit and drink water without fearing getting Montezuma's revenge!!! My dearly departed father, I'm so sure, is quite jealous as he adored coming to Mexico and would visit as often as he could; but sadly couldn't partake of the luscious bounty of fruits there.

We walk nearly everywhere unless our destination is way too far to walk to. Then we call for an Uber or cab. All the streets are cobblestone here and most of the sidewalks are too. Although several sidewalks have alternating concrete, cobblestone, then concrete sidewalks. The cobblestones are hard on your feet and your balance. And the uphill climbs don't make it any easier! Lol!

PRECEPTOR NU...PAGE 3

We visited the town of Tequila and toured the production facilities and grounds of a Tequila distillery, Los Abulos, otherwise known as, La Fortaleza. This deliciously smooth tequila is most difficult to acquire here in the states.



We traveled to the community of Tlaquepaque, which is east, just outside of Guadalajara, for my birthday. It is another charming little artist community. We went to a grand restaurant filled with artistic treasures called Ristorante Casa Luna. It also had a live band playing jazz and swing music dating back from the 30's and 40's. Afterwards we toured the shops about the

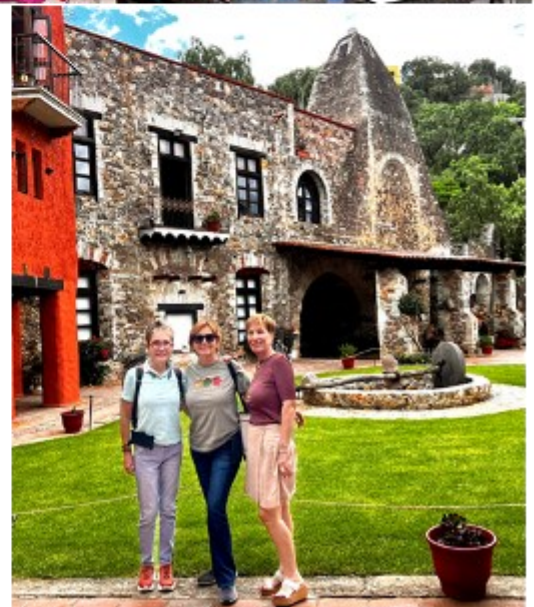
PRECEPTOR NU...PAGE 4

town and admired all the wondrous artistic creations. Altogether, it was a lovely and cherished experience

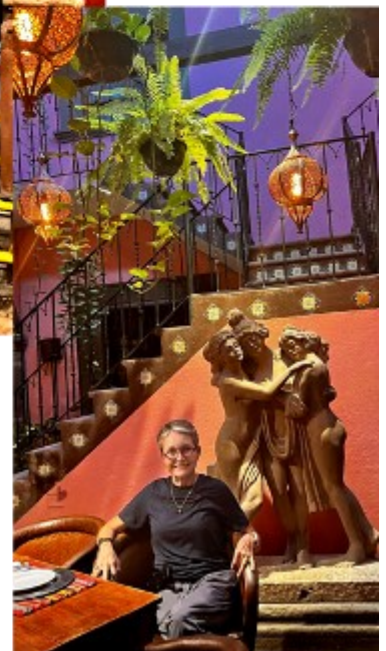


PRECEPTOR NU...PAGE 5

From Rosina Foster, August 3rd - 11th ... In San Miguel de Allende, Guanajuato Mexico at the National Senior Tournament of the Mexican Women's Golf Association. My sis and a few friends had a blast for 4 days of golf and fun. One of my friends had a "HOLE IN ONE"!



PRECEPTOR NU...PAGE 6



****Stay tuned for next month's submittal for "The Highlights" of Shawn Dorn's and her sister, Shela's, August 17th-25th ... EFFY JEWELRY ALASKAN CRUISE trip.**

XI ALPHA EPSILON OMEGA

REPORTER: JILL COBLE

It was a special day as XAEO members gathered at the home of Cynde Renteria for Pledge Rituals for our newest members, Beverly Crawford and Jeana Dorow. We are excited to have them join XAEO and Welcome to Beta Sigma Phi!!



Pledge Members, Jeana and Beverly with XAEO VP Cynde



A toast to our newest XAEO members!!



As XAEO starts our "BSP—The Right Place to Be" year, a lot comes to mind. It will be our first year together as Xi Alpha Epsilon Omega Chapter of Beta Sigma Phi. Thinking about the theme, that famous Dr. Seuss saying "Oh, The Places You'll Go!" comes to mind but in our case, it will be "Oh, The Places We Will Go!"

What an exciting year as we start our journey. So where will our journey take us? We will have Chapter Meetings, Chapter Socials, Council Meetings, and Council Events. Each one can be looked at as an adventure and all will be "The Right Place to Be" for XAEO. Will we go by plane, train or automobile? Well probably most, we will travel by automobile but we can always use our imagination.

As we go through our BSP year, we will capture our adventures in our BSP XAEO Passport. Along the way, we will collect Passport Stamps to help us remember our first year together. So come along with us as we start "The Right Place to Be" BSP year.



XI ALPHA EPSILON OMEGA...PAGE 2

Our adventure started as we jet set "across the pond" to France for the XAEO Beginning Day. Arriving at "Annabelle's Brasserie", members were greeted with a "Bonjour Xi Alpha Epsilon Omega Sisters" by our Social Committee, Renita and Jeana, who had planned a fantastic day. Of course, what better way to start than with champagne toast.



To get us in the "spirit" for the day, we received French beret's and a matching scarf. And of course, when in France, it is a must to have "Baguette with Raclette". Delicious!!!



XI ALPHA EPSILON OMEGA...PAGE 3

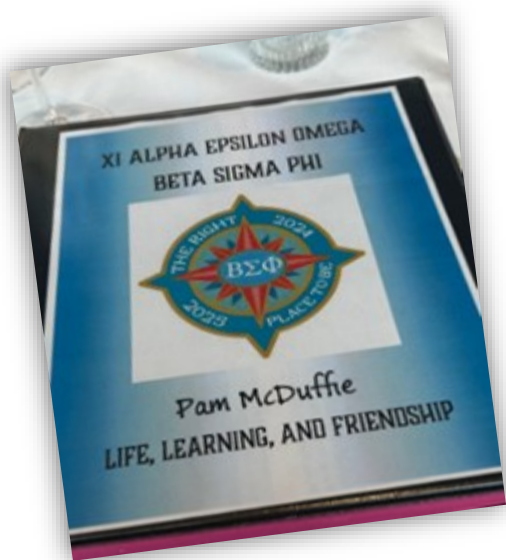


If the day already hadn't been special enough, the social committee then presented us with another gift and read the following:

We wanted to commemorate this very special day as a new chapter Xi Alpha Epsilon Omega with a little gift for you to enjoy as we journey/travel together this year in Beta Sigma Phi.

In keeping with the Sorority theme this year—we wanted you to have a "pin" to drop throughout this year as we travel together so that you always find "the right place to be" and that is together as sisters in BSP.

We were then presented with this beautiful gold rose pin.



Following a delicious lunch, it was time for the reveal of our Chapter Yearbook and learning about our upcoming year. And what a year that has been planned. From exciting socials to entertaining our Chapter Sisters to programs which will be "Dropping a Pin" on someplace you have been or something you have done during the past year which was the "right place to be" for you and share it with your sisters.

XI ALPHA EPSILON OMEGA...PAGE 4



In keeping with the "travel" theme, our Secret Sister Chair Pam presented a very clever way for us to select our Secret Sister. We started by picking a key chain which was the order we would go in making our selection. When it became our turn, we selected a mode of transportation and suitcase which contained our Secret Sister. Somehow, we managed to not get our own name.



XI ALPHA EPSILON OMEGA...PAGE 5



With all this fun, you know others in the restaurant were seeing it as we must have been asked by four or five ladies what was going on. When we said sorority, of course, the first thing they asked was what college. Explaining that it wasn't a college but a Friendship Sorority. We tried to encourage all those that asked to check out Beta Sigma Phi.

Before we headed back across the "pond", we ended our day with what else, this cute pink pick-up with our friends "the bears" driving it.



XI ALPHA EPSILON OMEGA...PAGE 6

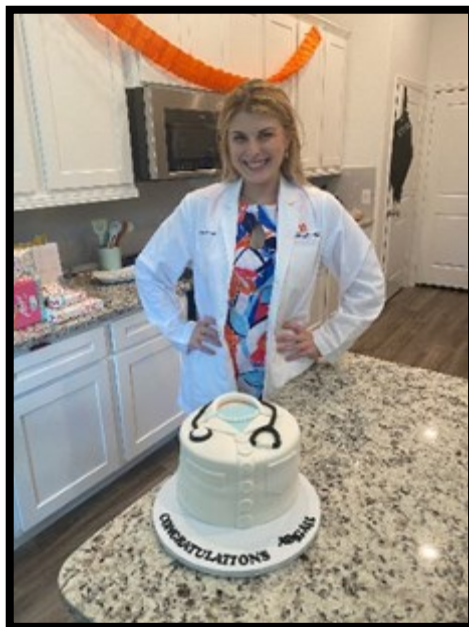


First stamp in our passport, France!! So where will our adventure's take us next? Will it be by plane, train or automobile? Well, stay tuned to the next Bustle report to find out.



A word from our Members:

Jeana celebrated daughter Abigail Dorow receiving her White Coat on Aug 17th at Sam Houston State University College of Medicine (SHSU COM). Abigail began her first year of medical school/ MPH program. She hopes to serve as an OB/GYN in her community upon graduation and residency. All the family was in attendance for the big celebration.

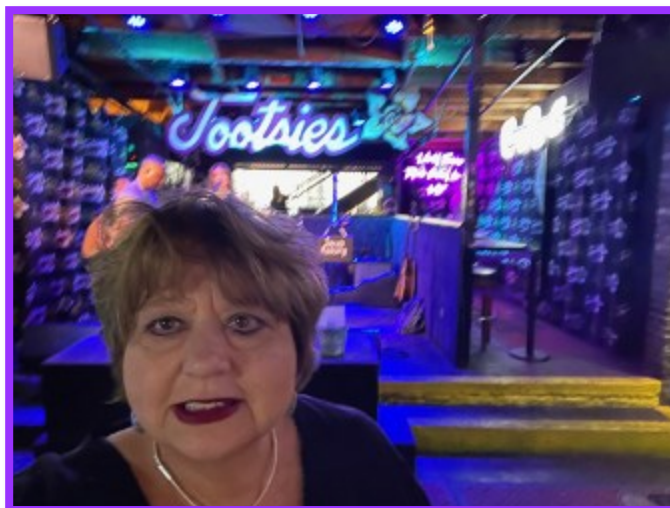


XI ALPHA EPSILON OMEGA...PAGE 7

Next, came Jeana moving son Brenlen to Lubbock for his sophomore year at Texas Tech University.



Jill enjoyed attending the Tennessee State Convention in Murfreesboro along with fellow SWHCC Sisters Barbara Meurer - ADT, Rita Mayo - XAZ, and Joan Ferguson - XAZ. Following the convention, the group stayed a few extra days in Nashville.



That's a wrap from Xi Alpha Epsilon Omega! Will see you next month.

No report this month.

MEMBER AT LARGE

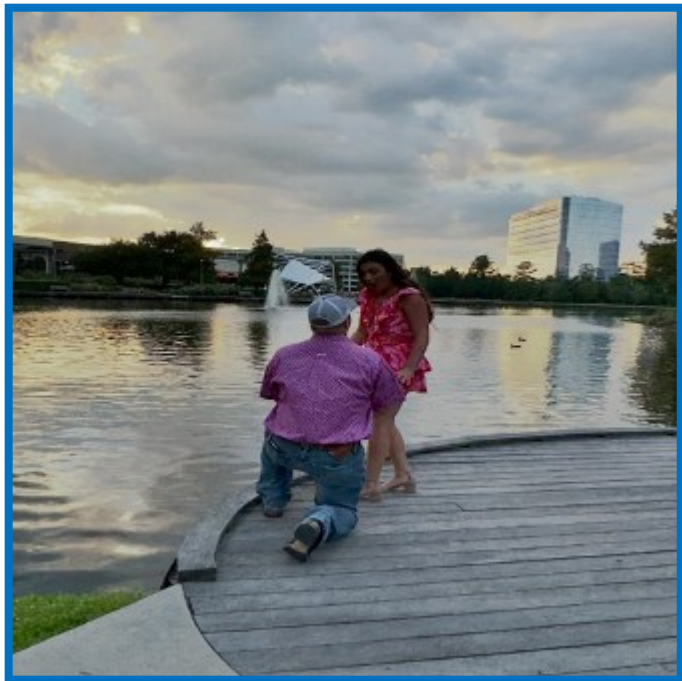
REPORTER: JOYCE FRANK

Joyce Frank as well as Mom, Deanna, is very proud of their grandson and son on his completion of his EMS Paramedic course at Long Star College.



MEMBER AT LARGE...PAGE 2

The next best thing that happen in August, Joyce f's Grandson, Christopher, is now engaged. He asked his girl friend, Katlyn, to marry him. He surprised her with the proposal and ring. She said "Yes". We are all excited because we were beginning to think he was going to remain a bachelor. She is a sweet and pretty young lady and we all like her.



She
said
yes



*Beta Sigma Phi
Southwest Houston
City Council*

**For more info
Contact
Sandra Simpson
Email:
sandraksimpson@comcast.net**

www.betasigmaphiswhcc.org

**Motto:
Life, Learning,
Friendship**

BΣΦ



2024—2025 Executive Board

Sandra Simpson —President

Jeanne Melton—President-Elect

Mary Crochet —Vice President

Barbara Meurer—Recording Secretary

Joan Balts —Corresponding Secretary

Sherry Sweet —Treasurer

Jill Coble—Parliamentarian

Chapter Presidents

ADT—Karen Sweet-Angel

LIO—Mary Crochet

LIT—Frances Speer

PN—Linda Nolty

XAEO—Jill Coble

XAZ—Jeanne Melton



Council Advisor

Winona LaBrant