



5 Tips For Staying Productive in Studying



1. Prepare learning media

Before studying we must make sure all the equipment needed is complete. For example, books, stationery, and other learning media. Also make sure we have software that supports if learning activities are carried out online

2. Create a conducive learning space

It is important for us to create a conducive learning atmosphere. Choose a quiet room with good lighting to be more focused. Avoid studying in bed because it can cause us to become sleepy easily and too comfortable with the bed so that it makes us fall asleep.

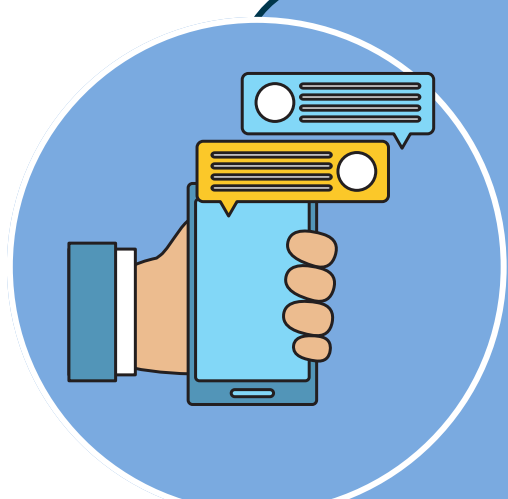


3. Discipline with study time

Time management is very important to increase productivity. To spur ourselves to This can eliminate boredom when studying and can lighten the mind a little. Or any form of gift that can make us more enthusiastic in continuing our tasks. remain disciplined, we can apply rewards and punishments.

4. Make a To Do List (Daily Target)

To make our activities or assignments more organized, we should plan in advance what the class schedule will be that day and also a list of tasks that must be done. Through this list we can sort out which tasks must be completed immediately and which can be done later.



5. Avoid things that can make you fail to focus

Keep away from things that make the focus distracted like smartphones, don't let through this media we fail to focus on opening social media. As much as possible we should ignore social media notifications that appear. After the lesson is finished, may we be free to play with smartphones again. But there must be limits too.