**Horse/Human Key Learning Factors**

1. **Ability to Connect**
2. **Ability to Relax**
3. **Ability to Solve Puzzles**
4. **Leadership Quotient**
5. **Physical Talent**

Every individual is different and comes to the table with different gifts, talents, experiences and trauma.

Its our job to observe and learn how much stress or pressure is motivating and inspiring. Its also our job to recognize their thresholds, so we don’t push them into Survival. We must seek that sweet spot of physical, mental and spiritual balance.

The abilities to Connect, Relax and Solve Puzzles are Foundation Skills. If one is missing, there will be huge gaps or challenges in performance. Physical talent is only discovered when these foundation skills are developed. Without them, true talent is undiscovered.

Leadership Quotient is a big factor in success. It’s vastly easier to be the leader of a horse or human that’s comfortable taking direction from others, someone that trusts and respects the authority of others.

If you choose a partner, horse or human, that’s used to driving or leading all the time, it can be challenging to inspire them to turn over their keys and let you drive or lead.

They are used to looking out for the danger, and making the decisions. They need you to prove solid and trustworthy. You must learn to lead with tact and preserve their dignity. Aiming for one tick higher, like 51%, will preserve and build your relationship. Trying for 80/20% leadership over the boss mare will only inspire a war.

Remember to drive in low stress times to prove to your partner (horse or human) that you can be trusted. Allowing them to call all the shots to avoid daily conflict, and only rising up when there is a serious situation, is a great way to not have them listen to or follow you in a high stress situation.

These high leadership individuals have the strength, power and ego to be the President or to be a serial killer. Teach them how to connect, relax and allow someone to lead them. That’s critical to how far they will go.

These 5 Key Factors need to be considered with every horse and human. By maximizing the first three foundation skills and by honoring and respecting the last two factors, you will achieve the highest level of success.