



December 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1-Dec	2-Dec	3-Dec	4-Dec	5-Dec	6-Dec	7-Dec
CLOSED	Zumba Class 9:30-10:15 am	Meemaw's CLOSED	Zumba Class 9:30-10:15 am	Walking Club 9:30 - 10:15 am Chair Yoga 10:30-11:30 am	CLOSED	CLOSED
	Senior Exercise Class 10:30am	4:15 - 4:45 pm - Karate OPEN	Senior Exercise Class 10:30am	4:15 - 4:45 pm - Karate OPEN		
	Wits Workouts 1 pm - 2:30	5 - 6 pm - Beginners Karate - Ages 7 & Over	BUNCO - 1pm - 3pm	5 - 6 pm - Beginners Karate - Ages 7 & Over		
	4pm - 6:30pm PAKT Sparring Class	6 - 7 pm - Advanced Karate Class	4pm - 6pm Sensei Private Sessions	6 - 7 pm - Advanced Karate Class		
8-Dec	9-Dec	10-Dec	11-Dec	12-Dec	13-Dec	14-Dec
CLOSED	Zumba Class 9:30-10:15 am	Meemaw's CLOSED	Zumba Class 9:30-10:15 am	Walking Club 9:30 - 10:15 am Chair Yoga 10:30-11:30 am	CLOSED	CLOSED
	Senior Exercise Class 10:30am	4:15 - 4:45 pm - Karate OPEN	Senior Exercise Class 10:30am	4:15 - 4:45 pm - Karate OPEN		
	Wits Workouts 1 pm - 2:30	5 - 6 pm - Beginners Karate - Ages 7 & Over	KIB Senior Dinner 4 pm	5 - 6 pm - Beginners Karate - Ages 7 & Over		
	4pm - 6:30pm PAKT Sparring Class	6 - 7 pm - Advanced Karate Class	4pm - 6pm Sensei Private Sessions	6 - 7 pm - Advanced Karate Class		
15-Dec	16-Dec	17-Dec	18-Dec	19-Dec	20-Dec	21-Dec
CLOSED	Zumba Class 9:30-10:15 am	Meemaw's CLOSED	Zumba Class 9:30-10:15 am	Walking Club 9:30 - 10:15 am Chair Yoga 10:30-11:30 am	CLOSED	CLOSED
	Senior Exercise Class 10:30am	4:15 - 4:45 pm - Karate OPEN	Senior Exercise Class 10:30am	4:15 - 4:45 pm - Karate OPEN		
	Wits Workouts 1 pm - 2:30	5 - 6 pm - Beginners Karate - Ages 7 & Over	BINGO - 1pm - 3pm	5 - 6 pm - Beginners Karate - Ages 7 & Over		
	4pm - 6:30pm PAKT Sparring Class	6 - 7 pm - Advanced Karate Class	4pm - 6pm Sensei Private Sessions	6 - 7 pm - Advanced Karate Class		
22-Dec	23-Dec	24-Dec	25-Dec	26-Dec	27-Dec	28-Dec
CLOSED	Zumba Class 9:30-10:15 am	 CHRISTMAS EVE (Closed)	 MERRY CHRISTMAS (Closed)	Walking Club 9:30 - 10:15 am Chair Yoga 10:30-11:30 am	CLOSED	CLOSED
	Senior Exercise Class 10:30am			4:15 - 4:45 pm - Karate OPEN		
	Wits Workouts 1 pm - 2:30			5 - 6 pm - Beginners Karate - Ages 7 & Over		
	4pm - 6:30pm PAKT Sparring Class			6 - 7 pm - Advanced Karate Class		
29-Dec	30-Dec	31-Dec	1-Jan	2-Jan	3-Jan	4-Jan
CLOSED	Zumba Class 9:30-10:15 am	 NEW YEAR'S EVE CLOSED	 HAPPY NEW YEAR CLOSED	Walking Club 9:30 - 10:15 am Chair Yoga 10:30-11:30 am	CLOSED	CLOSED
	Senior Exercise Class 10:30am			4:15 - 4:45 pm - Karate OPEN		
	Wits Workouts 1 pm - 2:30			5 - 6 pm - Beginners Karate - Ages 7 & Over		
	4pm - 6:30pm PAKT Sparring Class			6 - 7 pm - Advanced Karate Class		
Meemaw's Events in BLUE					As of 10/31/24	
PAKT Events in BLACK						