


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1-Jul	2-Jul	3-Jul	4-Jul	5-Jul
CLOSED		Meemaw's CLOSED	Coffee with Diane 9 am Zumba Class 9:30-10:15 am	Walking Club 9:30 - 10:15 am Trivia Day 10:30-11:30 am	INDEPENDENCE DAY CLOSED 	CLOSED
		4:15 - 4:45 pm - Karate OPEN	Senior Exercise Class 10:30am	4:15 - 4:45 pm - Karate OPEN		
		5 - 6 pm - Beginners Karate - Ages 7 & Over		5 - 6 pm - Beginners Karate - Ages 7 & Over		
		6 - 7 pm - Advanced Karate Class	4pm - 6pm Sensei Private Sessions	6 - 7 pm - Advanced Karate Class		
6-Jul	7-Jul	8-Jul	9-Jul	10-Jul	11-Jul	12-Jul
CLOSED	Coffee with Diane 9 am Zumba Class 9:30-10:15 am	Meemaw's CLOSED	Coffee with Diane 9 am Zumba Class 9:30-10:15 am	Walking Club 9:30 - 10:15 am TAI CHI 10:30 - 11:30 am	CLOSED	CLOSED
	Senior Exercise Class 10:30am	4:15 - 4:45 pm - Karate OPEN	Senior Exercise Class 10:30am	4:15 - 4:45 pm - Karate OPEN		
	Chair Yoga 1 - 2 pm	5 - 6 pm - Beginners Karate - Ages 7 & Over	BUNCO - 1pm - 3pm	5 - 6 pm - Beginners Karate - Ages 7 & Over		
	4pm - 6:30pm PAKT Sparring Class	6 - 7 pm - Advanced Karate Class	4pm - 6pm Sensei Private Sessions	6 - 7 pm - Advanced Karate Class		
13-Jul	14-Jul	15-Jul	16-Jul	17-Jul	18-Jul	19-Jul
CLOSED	Coffee with Diane 9 am Zumba Class 9:30-10:15 am	Meemaw's CLOSED	Coffee with Diane 9 am Zumba Class 9:30-10:15 am	Walking Club 9:30 - 10:15 am Trivia Day 10:30-11:30 am	CLOSED	CLOSED
	Senior Exercise Class 10:30am	4:15 - 4:45 pm - Karate OPEN	Senior Exercise Class 10:30am	4:15 - 4:45 pm - Karate OPEN		
	Chair Yoga 1 - 2 pm	5 - 6 pm - Beginners Karate - Ages 7 & Over	BINGO - 1pm - 3pm	5 - 6 pm - Beginners Karate - Ages 7 & Over		
	4pm - 6:30pm PAKT Sparring Class	6 - 7 pm - Advanced Karate Class	4pm - 6pm Sensei Private Sessions	6 - 7 pm - Advanced Karate Class		
20-Jul	21-Jul	22-Jul	23-Jul	24-Jul	25-Jul	26-Jul
CLOSED	Coffee with Diane 9 am Zumba Class 9:30-10:15 am	Meemaw's CLOSED	Coffee with Diane 9 am Zumba Class 9:30-10:15 am	Walking Club 9:30 - 10:15 am TAI CHI 10:30 - 11:30 am	CLOSED	CLOSED
	Senior Exercise Class 10:30am	4:15 - 4:45 pm - Karate OPEN	Senior Exercise Class 10:30am	4:15 - 4:45 pm - Karate OPEN		
	Chair Yoga 1 - 2 pm	5 - 6 pm - Beginners Karate - Ages 7 & Over	PINOCHLE - 1 - 3pm	5 - 6 pm - Beginners Karate - Ages 7 & Over		
	4pm - 6:30pm PAKT Sparring Class	6 - 7 pm - Advanced Karate Class	4pm - 6pm Sensei Private Sessions	6 - 7 pm - Advanced Karate Class		
27-Jul	28-Jul	29-Jul	30-Jul	31-Jul	1-Aug	2-Aug
CLOSED	Coffee with Diane 9 am Zumba Class 9:30-10:15 am	Meemaw's CLOSED	Coffee with Diane 9 am Zumba Class 9:30-10:15 am	Walking Club 9:30 - 10:15 am	CLOSED	CLOSED
	Senior Exercise Class 10:30am	4:15 - 4:45 pm - Karate OPEN	Senior Exercise Class 10:30am	4:15 - 4:45 pm - Karate OPEN		
	Chair Yoga 1 - 2 pm	5 - 6 pm - Beginners Karate - Ages 7 & Over		5 - 6 pm - Beginners Karate - Ages 7 & Over		
	4pm - 6:30pm PAKT Sparring Class	6 - 7 pm - Advanced Karate Class	4pm - 6pm Sensei Private Sessions	6 - 7 pm - Advanced Karate Class		

Meemaw's Events in BLUE
P.A.K.T. Events in Black

As of 5/28/25