

EGER



The Heves region boasts a rich history of medicinal and thermal waters dating back to ancient times. Over the years, medicinal baths were developed near the springs, and their culture saw a resurgence during the Turkish invasions. Today, the local waters are not only great for swimming but also for medicinal purposes.

The regional center of Eger, situated at the foot of the Bükk mountains and on hilly terrain, has become one of the most visited cities in the country. This is thanks to its strategic location,

high-quality winemaking, and bathing culture. The healing power of local thermal springs water has been used since the Middle Ages, and in the XV–XVI centuries, bathing houses were built close to the sources using hot waters. People used to swim in wooden barrels and steam rooms. The Ottomans who came to Hungary highly appreciated the healing waters and developed a bathing culture. Even today, you can still find Turkish baths, steam baths, and hot water baths in the city.

Turkish bath

The Turkish bath in Eger was built in the early 19th century. During the events held in different centuries of reconstruction, its architectural appearance and traditions have been preserved. Today at The building houses a modern balneological center. Healing water with temperature +38°C arrives out of rocks covering the bottom of the pools. For pools with a higher temperature, water is supplied from near Eger Andornaktalya thermal springs.

The main healing properties of water are explained by the presence of radon in it, which explains presence of bubbles. Radon reduces inflammatory processes, increases the production of endorphin in the body that improves well-being. As an ionizing factor it also activates regeneration processes in cells. Turkish bath can be used not only by sick people, but also by vacationers.



Medical indications for Turkish bath:

joint inflammation; degenerative changes in joints;

pain syndromes associated with the spine;

Заболевания musculoskeletal device caused by exchange problems substances (arthritis, osteoporosis);

recreation – restoration of reduced motor ability caused by illness, age or lack of exercise. Procedures (comprehensive physiotherapy, various electrotherapy, therapeutic exercises and therapeutic massage) carried out as prescribed by a doctor with the participation of therapeutic exercise instructors or massage therapists.

Eger Thermal Bath

The bathing pools next to the Turkish bath feed the surrounding thermal sources. Some pools with healing water. One of them receives a little radioactive water with a temperature of +28°C. In Pool No. 1, built in 1936, radon healing water comes to the surface through a layer of natural pebbles, covering the bottom of the pool. From a source located near the borders of Eger, in The bathhouse receives hydrocarbonate medicinal water containing sulfur and calcium. temperature +47°C. These types of medicinal waters are used primarily for treatment of diseases musculoskeletal apparatus and rheumatic diseases bones, and also to relieve fatigue syndrome.

The Eger Bath is one of the important centers of medical and thermal tourism. IN beach and bathing The complex offers visitors seven swimming pools with therapeutic, thermal water, children's pool, indoor and outdoor pools with 14 effects, such as jacuzzi, pearl bed, underwater massage, waterfall, etc. Big Enjoyment comes from the massage pool, where six pipes with different warm water bursts out with intensity - everyone can find the most suitable the best massage option.

The pools are surrounded by rare tropical plants as the moist evaporation from The waters create a unique microclimate in the Eger complex.

Composition of water. Sulfur thermal water

Components dissolved in 1 liter of water in mg

		mg	mg	Equality according to Tan in %
			equality	
Potassium and Sodium	Na +	55,7	2,42	21,21
(expressed in Sodium)				

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ammonium	NH ⁺ ₄	0,85	0,05	0,43
Calcium	Ca ²⁺	151,7	7,57	66,35
Magnesium	Mg ²⁺	15,6	1,29	11,31
Hardware	Fe ²⁺	2,14	0,08	0,7
Manganese	Mn ²⁺	0,11	0	-
	Total cations:	226,1	11,41	100
Nitrate	NO ⁻ ₃	Doesn't appear		
Nitrite	NO ⁻ ₂	Doesn't appear		
Chloride	Cl ⁻	20	0,56	4,91
Bromide	br ⁻	0,22	0	-
Iodide	I ⁻	0,02	0	-
Fluorite	F ⁻	0,7	0,04	0,35
Sulfide	S ²⁻	2,4	0,15	1,31
Sulfate	SO ²⁻ ₄	50	1,04	9,11
Hydrocarbonate	HCO ⁻ ₃	586	9,6	84,14
	Total anions:	660	11,41	100
Metaborn acid	HBO ₂	5	-	-
Metasilicic acid	H ₂ SiO ₃	30	-	-
Free carbonic acid	CO ₂	370	-	-
Dissolved oxygen	O ₂	-	-	-
	Total:	1291,1	22,82	

Composition of water. Radon healing water

Components dissolved in 1 liter of water in mg

		mg	mg	Equality according to Tan in %
			equality	
Potassium and Sodium (Expressed in Sodium)	Na +	11,5	0,5	7,07
ammonium	NH ⁺ ₄	Doesn't appear		
Calcium	Ca ²⁺	98,8	4,93	69,73
Magnesium	Mg ²⁺	19,9	1,64	23,2

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Hardware	Fe2+	Doesn't appear		
Manganese	Mn2+	Doesn't appear		
Total cations:		130,2	7,07	100
Nitrate	NO-3	Doesn't appear		
Nitrite	NO-2	Doesn't appear		
Chloride	Cl-	6	0,17	2,4
Bromide	br-	0,03	0	-
Iodide	I-	0,01	0	-
Fluorite	F-	0,3	0,02	0,28
Sulfide	S2-	-	-	-
Sulfate	SO2-4	32,1	0,67	9,49
Hydrocarbonate	HCO-3	378	6,2	87,69
Total phosphates	PO3-4	0,45	0,01	0,14
Total anions:		416,9	7,07	100
Metaborn acid	HBO2	1,5	-	-
Metasilicic acid	H2SiO3	20	-	-
Free carbonic acid	CO2	-	-	-
Dissolved oxygen	O2	-	-	-
Total:		568,6	14,14	
Consumption oxygen (alkaline)	O2 mg/l:	0,6		
Concentration hydrogen	pH:	7,02		
Radon, absorbed by water	222 Rn:	2700,0 pCi/l		
Radon, in in the form of gas coming out of water	222 Rn:	13800,0 pCi/l		
Radium	226 Ra:	1,4 pCi/l		
Uranus (natural)	238U:	0,5 g / l		
Tritius	1T:	5,0 years old		

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