

HARKANY



20 km north of the city of Pécs, at the foot of Mount Tenkesh, there is one of the most famous and beautiful medicinal baths in the country - Harkan. Its healing properties were known to the Turks as early as the 20th century. After they left Hungary, the source was forgotten. It was rediscovered in the XNUMXs. XNUMXth century.

Warm mineral water with a temperature of +62C breaks through from a depth of 1500 m. It belongs to the group alkaline hydrocarbonate, chloride-sulfur water. It has high healing properties due to its sulfides and heavy

elements (fluorine, zinc, selenium). It also contains gas in soluble form. It penetrates the human body through the skin and respiratory tract, stimulating metabolism. The layer also has healing properties. gas-steam above the water surface in treatment pools. The waters of Harkany are excellent in the treatment of organ diseases. musculoskeletal apparatus, chronic gynecological diseases of an inflammatory nature and skin diseases.

Indications for bathing and drinking:

The healing waters of Harkany are good for bathing. **joint treatment, musculoskeletal system, psoriasis, gout, as well as gynecological diseases and infertility.** The healing water is also suitable for drinking, having a positive effect on the stomach and digestive system.

Improvement in addition to healing water is facilitated by excellent natural conditions, a wonderful climate and microclimate.

Water has a strong effect on the body. Staying in the pool for more than 20 minutes is not recommended. Between bathing you need to rest at least half an hour.

Contraindications:

Bathing in the Harkany waters is not recommended for acute and chronic infectious diseases, malignant ulcers, severe diseases of the heart, circulation, coronary vessels, previous heart attack, high blood pressure and some other diseases.



Thermal bath

Renovated in the fall of 2003, the bathhouse is located in a grove on an area of 13,5 hectares. On the territory of 3000 sq. m open and indoor pools, pools with effects, pearl baths, saunas, steam rooms, a natural medicine center. Water gymnastics is held twice a day.

Local rheumatologists work with the most modern medical equipment. The range of services of the bath includes: carbonic bath, therapeutic and reflex massage, electrotherapy procedures, lymphatic massage, therapeutic exercises, mud poultices. The peculiarity of the latter is that sterile natural mud is mixed with Kharkany medicinal water, which perfectly relieves inflammation.

The composition of medicinal water, the number of constituent elements in mg per 1 liter of water

potassium	12	Nitrate	Not detected	Metaboric acid	7
Sodium	159	Nitrite	Not detected	Metasilicic acid	64
ammonium	2,5	Chlorine	104	Free carbonic acid	140
Calcium	47,2	Bromine	0,32	Dissolved oxygen	not detected
Magnesium	12,1	Iodine	0,17	Total	1045,5
Hardware	0,02	Fluorine	1,2		
Total cations	220,8	Sulfate	Not detected		
		Hydrocarbonate	500		
		Sulfide	8		
		Total Phosphates	0,02		
		Total anions	613,7		

Local Attractions:

Pécs is a vibrant city with Mediterranean vibes and interesting sights like the Kharka spring in Zhigmond Park and the Passion of the Lord depicted on the walls of the Catholic Church. The Mariadyud Church near Harkány is a famous pilgrimage site, while Captain Tenkesh-Shiklosa features a fortress, exhibitions, and a jami Malkoch Bey. Villani offers delightful wine cellars and the Wine Museum, and the Siklos-Villagne wine route boasts cultural and natural attractions. Boat trips along the Drava and visits to the National Park Duna Drava and Kormoranosh forest make Harkany treatment unforgettable.

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