

ZALAKAROS



It was the spring of thermal water that made Zalakaros famous. Over the past 35 Over the years, it has grown into a town that plays a significant role in international tourism. The history of the bathhouse began 44 years ago, when, as a result of drilling in the search for hydrocarbons, thermal water made its way to the surface from a depth of 2000 m temperature +96 °C. After completing the determination of its medicinal properties, here was The outdoor swimming pool is open. In

1975, year-round indoor bath. It received official “medicinal” status in 1978. Composition, and Also, the size of the reserves of medicinal water made the Zalakaros bathhouse one of the most significant in Hungary. Local water is to alkali chloride hydrocarbonate group, it also contains iodine, bromine, hydrogen sulfide and fluorine. Such a composition in combination with radioactive substances is extremely common rarely.

Indications:

- chronic degenerative diseases of the skeletal system and joints in inactive stage
- chronic inflammatory diseases musculoskeletal apparatus in inactive stage
- muscle rheumatism
- fibromyositis
- post-traumatic therapy
- rehabilitation after operations on bones and joints
- chronic inflammation of nervous tissue
- neuralgia
- chronic pain in the spine (lumbago)
- rehabilitation after Heine-Medin disease
- osteoporosis
- skin diseases (psoriasis, chronic eczema)

ANTlink Turizm Ticaret A.Ş. Altındağ mah.100. Yıl Blv. City Plaza 12/ 202 **Muratpaşa Antalya Türkiye**

booking@antlinktravel.com.tr

Tel.: +90 242 505 88 05

Whatsapp +90 541 415 59 13

www.antlinktravel.com.tr



- gynecological chronic inflammatory diseases
- adhesions after gynecological operations
- infertility (primary and secondary)
- general mental and physical fatigue
- Заболевания musculoskeletal apparatus

Contraindications:

- heart failure
- malignancy
- acute inflammatory diseases
- pregnancy
- высокая температура

Therapeutic bath "Granite"

The Zalakaros medicinal bath has changed a lot in recent years. Thermal beach pools, indoor swimming pool, saunas have been updated, the pool has been expanded with effects, the treatment department has been improved. Bath area area is 4000 sq. m. Outdoor and indoor swimming pools - therapeutic (+32–36°C) and thermal pools (+28–33°C), children's pool and pool with effects, sports pool, wave pool, hydromassage pool provide wonderful relaxation and treatment.

Local attractions and excursions

Zalakaros has a unique atmosphere bathing cities. Arrangements are made for guests various events: St. Orban wine festival, Karosh wine days, historical archery competitions, a series of events "Karosh Summer".

Between Zalakaros and Galambok is the Behiak steppe, where there is a zoo and a school horse riding. The zoo's private collection includes local and exotic animals. plants. In Galambok you need to visit the Regional House. Next door There is a fishing lake, which is an excellent place for recreation.

It's interesting to go for a walk to the steppe chapel located in the reserve buffalos and belonging to the Balaton National Park.

It is worth a trip to Nagykanizsa, a very interesting town in the Zala region, located 20 km from Zalakaros. Artistic treasures, cathedrals in squares, exhibitions in The Türi György Museum and the Kaniz Fortress are interesting attractions. The center is located five kilometers from the city center recreation where guests can go boating, walk through the

ANTlink Turizm Ticaret A.Ş. Altındağ mah.100. Yıl Blv. City Plaza 12/ 202 **Muratpasa Antalya Türkiye**

booking@antlinktravel.com.tr

Tel.: +90 242 505 88 05

Whatsapp +90 541 415 59 13

www.antlinktravel.com.tr





forest or visit restaurant. Zalakaros has a unique atmosphere bathing cities. Annually The resort hosts a series of events, including the St. Orbán, Karos Wine Days, historical archery competitions.

Composition of water in mg per 1 liter of substance dissolved in water:

Sodium	4192,9	Chlorine	5230	Metaboric acid	220
ammonium	8,2	Bromine	27	Metasilicic acid	94,38
Calcium	102	Iodine	14	Free carbonic acid	12,9
Magnesium	21,7	Fluorine	5,25	Dissolved oxygen	not detected
Hardware	1,15	Sulfate	58,4	Nitrate	not detected
Manganese	not detected	Hydrocarbonate	2452,2	Nitrite	not detected
Total cations	4325,95	Sulfide	4,1	Total	327,28
		Total anions	7791,95		
Total: 12444,18					

ANTlink Turizm Ticaret A.Ş. Altındağ mah.100. Yıl Blv. City Plaza 12/ 202 **Muratpaşa Antalya Türkiye**

booking@antlinktravel.com.tr

Tel.: +90 242 505 88 05

Whatsapp +90 541 415 59 13

www.antlinktravel.com.tr

