

# COMMUNITY RESOURCE DIRECTORY

## **BIRTH CERTIFICATE INFORMATION**

You can get copies of the birth certificate, from the city clerk (*the city in which your baby was born*)

Royal Oak City Clerk .....248-246-3050  
Troy City Clerk.....248-524-3316

## **CHILD CARE INFORMATION**

These programs provide free child care referral information:

### **Community Coordinated Child Care (4 C's)**

Macomb County & St. Clair County .....586-469-6993  
Oakland County .....248-681-9192  
Wayne County .....313-259-4411

## **CRISIS HOTLINES (24 HOUR CRISIS LINES)**

Common Ground .....248-546-0909  
Macomb Community Crisis Center .....586-307-9100  
Sexual Assault .....1-877-666-3267  
Runaway Assistance .....1-800-292-4517

## **DOMESTIC VIOLENCE/ABUSE**

National Domestic Violence Help Line .....1-800-799-SAFE  
First Step .....1-888-453-5900

## **SHELTERS**

YWCA Interim House (*any county*).....313-861-5300  
HAVEN (Oakland) .....248-334-1274  
Turning Point (*any county*).....586-463-6990

## **BEAUMONT HOSPITAL – SOCIAL WORK DEPARTMENT**

Royal Oak .....248-898-7595  
Troy.....248-964-8916

**POISON CONTROL**.....1-800-POISON 1 (1-800-764-7661)

## **LEGAL AID**

Oakland County  
Livingston Pontiac ..... 248-456-8888  
Common Ground (*Free*).....1-800-231-1127  
Macomb County  
Lakeshore Legal (*Free*) ..... 586-469-5185

## **PARENTING INFORMATION**

### **Beaumont's Parenting Program**

Call if you have questions, need information or support for yourself as a new parent

Royal Oak ..... 248-898-6396  
Troy..... 248-964-3995

### **Breastfeeding Support Services**

Call for help with any breastfeeding questions

Royal Oak ..... 248-898-0599  
Troy ..... 248-964-6455  
Grosse Pointe ..... 313-473-1777

### **Fussy Babies**

Some babies are unusually fussy and cry a lot. What can you do?

- Call and talk to your pediatrician or family doctor
- Ask family or friends for extra help to cope
- Call The Fussy Baby Project ..... 248-858-7766 ext. 245
- Call Beaumont's Parenting Program  
Royal Oak ..... 248-898-6396  
Troy..... 248-964-3995

## **POST PARTUM DEPRESSION**

Many new moms feel some degree of postpartum depression.

What can you do?

- Call your obstetrician/family doctor
- Tell family members/friends how you are feeling
- Call Beaumont's Post Partum Adjustment Group .....248-898-3234
- Tree of Hope ..... 586-372-6120
- Postpartum Support International .....1-800-944-4773  
[www.postpartum.net](http://www.postpartum.net)

## **CHILD DEVELOPMENT**

If you or your doctors have concerns about your baby's development, call for information about free evaluation and treatment

Early On .....1-800-EARLY ON

## **HEALTH CARE INFORMATION**

It is important to keep all your doctor numbers in a handy spot. Call them with any concerns. You can also call William Beaumont Hospital at the Mother Baby Care/Obstetrical Units:

Royal Oak .....248-898-6396  
Troy.....248-964-3900

## **HEALTH DEPARTMENT**

The Health Department is a great place for many free services, like immunizations, Well child clinics, family planning, and pregnancy tests.

### **Macomb County Health Department**

Mt. Clemens .....586-469-5520  
St. Clair Shores ..... 586-466-6800  
Warren ..... 586-573-2210

### **Oakland County Health Department**

Pontiac ..... 248-858-1280  
Southfield ..... 248-424-7000  
Walled Lake ..... 248-926-3300

### **Wayne County Health Department**

Main County Number ..... 734-727-7006  
City of Detroit ..... 313-876-4555

## **FAMILY SERVICES**

The following agencies have many services for families, including classes, counseling, and referral information. Call for information.

### **Macomb Family Services**

Clinton Twp ..... 586-468-2656  
Shelby ..... 586-254-5660

### **Oakland Family Services**

Pontiac ..... 248-858-7766  
Rochester ..... 248-853-0750  
Walled Lake ..... 248-624-3811

**Wayne County Child & Family Services** ..... 313-833-3464

### **Community Human Services of Macomb**

Romeo ..... 586-752-9696  
New Haven..... 586-749-5173

**Oakland/Livingston Human Services Agency-Ferndale** 248-542-5860

## **DEPARTMENT OF HUMAN SERVICES**

Call for Social Services and Financial Aid

### **Macomb County**

Mt. Clemens .....586-469-7700  
Sterling Heights .....586-254-1500  
Warren .....586-427-0600

### **Oakland County**

Madison Heights.....248-583-8700  
Pontiac .....248-975-5200  
Walled Lake .....248-669-7600

**Wayne County** – Main Office .....313-456-1216

**Oakland County Welfare Rights Organization**..... 248-334-8817

## **HOUSING**

Low Income (*Section 8*) - Lansing.....517-373-1973  
O.L.H.S.A.- Oakland .....1-800-482-9250  
Lighthouse - Pontiac .....248-920-6100  
Lighthouse – Oakland County ..... 248-920-6100 ext 2200  
(*transitional housing for homeless women and their children*)  
Lighthouse Path.....248-335-1950  
Housing & Urban Development - Detroit .....313-226-7900

### **Emergency Housing (HOMELESS)**

South Oakland Shelter.....248-546-6566  
M.A.T.T.S. - Macomb .....586-755-5191

### **Temporary Housing**

P.A.T.H. ....248-335-1950

## **LOW COST FURNITURE**

Furniture Resource Center .....248-332-1300  
St. Vincent De Paul.....1-877-788-4623

**LOW COST CARS** – Volunteers of America.....248-373-9000

## **NUTRITION AND EDUCATION FOR LOW INCOME FAMILIES**

Expanded Food and Nutrition Program-Macomb County .....586-469-6432

## **FOOD SUPPLEMENT PROGRAMS**

W.I.C. Birth Line (Toll Free) .....1-800-262-4784  
Oakland.....248-858-1272  
Macomb.....586-469-5471  
Wayne.....313-876-4555  
Focus Hope Detroit .....313-494-4600

## **EMERGENCY FOOD RESOURCES**

FISH Oxford/Lake Orion .....248-693-0638  
Pontiac .....248-334-5555  
Salvation Army Pontiac .....248-334-2407  
Royal Oak .....248-585-5600  
Southfield.....248-443-5500  
St. Vincent De Paul Detroit .....1-877-788-4623  
Lighthouse Pontiac .....248-920-6100