

PSYCHOLOGY | PSYCHOTHERAPY

Many therapists offer virtual appointments

DETROIT COUNSELING COLLECTIVE (*maternal mental health, miscarriage, infertility, child loss*)
Detroitcounselingcollective.com

HONEY FOR MOMS (*maternal mental health, individual therapy, new mom's groups*)
Honeyformoms.com
3138 Hilton Road
Ferndale, MI 48220..... (248) 232-2555

UNIVERSITY OF MICHIGAN PERINATAL AND REPRODUCTIVE PSYCHIATRY CLINIC
(*medication management in pregnancy and postpartum period*) (734) 764 - 0231

BIRMINGHAM MAPLE CLINIC (*large group with multiple therapists with a variety of specializations, medication management available, multiple insurances accepted*)
2075 West Big Beaver Rd Ste 520
Troy, MI 48084..... (248) 646-6659

ROCHESTER CENTER FOR BEHAVIORAL MEDICINE (*large group with multiple therapists with a variety of specializations, medication management available, multiple insurances accepted*)
441 South Livernois Ste 100
Rochester Hills MI 48307..... (248) 608-8800

HEALING HOME COUNSELING GROUP
(*post-partum depression/anxiety; infertility; fetal loss; family adjustment; and relationships*)
31600 Telegraph Rd Ste 280
Bloomfield Hills MI 48025 (248) 792-8093

AFFIRMATIONS BEHAVIORAL HEALTH PROGRAM (*LGBTQ+ affirming therapy*)
290 W Nine Mile Rd
Ferndale, MI 48220..... (248) 398 - 7105

CONSCIOUS GARDEN COUNSELING (*in person and virtual*)
888 W Big Beaver Rd Suite 780
Troy, MI 48084..... (313) 228 - 6404

PEACE OF MIND THERAPY (*in person and virtual*)
Berkley, MI..... (248) 397-4705

THRIVEWORKS (*in person and virtual*)
Beverly Hills, MI (248) 422-1479

ESPINOSA, LAURA PLLC (*Teen, marriage & family therapist*)
39520 Woodward Avenue Ste 215
Bloomfield Hills MI 48304 (248) 925-2250

FOLLIS, HILLARY, LMSW (*maternal mental health*)
74 West Long Lake Road Ste 100
Bloomfield Hills MI 48304 (248) 761-7084

FADELL, LAURA PhD, LP, CSP
(*Women's post-partum depression/anxiety; infertility; fetal loss; family adjustment; and relationships*)
300 East Long Lake Road Ste 130
Bloomfield Hills MI 48304 (248) 792-2104

ADAMS, LUANN RN, ACSW, LMFT (*Individual, Marriage and Family Therapy Virtual*)
Royal Oak, MI (248) 688-0554

MULHERE, JOANNE, LMSW

Birmingham MI 48009..... (248) 330-2748

COMMON GROUND (*Rape Counselor*)

Resource and Crisis Center

1200 North Telegraph Road Building 32E

Pontiac MI 48341 (800) 231-1127 – or – (248) 547-2260

KATERINA KATSOU LIS (*Virtual Psychiatry Medication Management*)

Pine Rest Northeast Clinic Grand Rapids (866)852-4001

POSTPARTUM SUPPORT INTERNATIONAL (*virtual groups for postpartum mood disorders, miscarriage, infertility, and infant loss*)

www.postpartum.net

PSI HELPLINE: can call or text 1-800-944-4773

FOURTH TRI SANCTUARY (*prenatal yoga, postpartum support*)

23520 Woodward Ave

Ferndale MI 48220 (248) 581-4265

SUICIDE HOTLINE: CALL OR TEXT 988

CRISIS TEXT LINE: TEXT HOME TO 741741

**NATIONAL MATERNAL MENTAL HEALTH HOTLINE –
60 LANGUAGE TRANSLATOR SERVICES AVAILABLE:
TEXT OR CALL: 1-800-TLC-MAMA**