

FREE

ENGLISH / ESPAÑOL



Resource Directory

Directorio de Servicios

Senior Services
Servicios para
Adultos Mayores

**Understanding
Assisted
Living**
**Entendiendo
Viviendas
Asistidas**



ALZHEIMER'S / DEMENTIA ASSISTED LIVING PLACEMENT EXPERTS!

OVER 20,000 FAMILIES ASSISTED SINCE 1999

Placement Counselors Corp. is under the supervision and ownership of Humberto Fortuna MA, MS, a Geriatric Specialist and Healthcare Administrator. We are not a directory. We are committed to provide Ethical, Professional, and Personalized counseling to individuals seeking alternative housing in the southeast region of Florida

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- Counseling

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BROWARD'S ALTERNATIVE HOUSING EXPERTS! – FREE ASSISTANCE

Independent | Assisted Living | Alzheimer's-Dementia Care | Nursing Home

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or email us at info@55plusmag.us

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HUMBERTO FORTUNA AND HIS PARENTS NICOLAS AND ALICIA.

Humberto is co-owner of Placement Counselors Corporation (see ad on page 13) with Robin Rouah. PCC is celebrating its 22nd anniversary in 2021 and is one of the main sponsors of this Resource Directory. Placement Counselors has helped over 20,000 families in their search for an Independent Living, Assisted Living or Memory Care facility.

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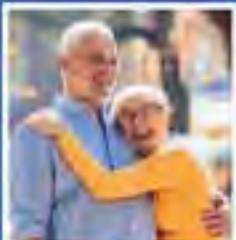
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UNDERSTANDING ASSISTED LIVING

ENTENDIENDO VIVIENDAS ASISTIDAS

When Assisted Living Facilities were first created, they were more like a Retirement community. If a person had incontinence issues or required more personal care, they would have to leave the facility and go to a Skilled Nursing Home. Eventually, the government and the healthcare industry worked together to create regulated communities to provide appropriate care in order to meet the needs of each individual.

Once the Assisted Living Facilities were established, the need for other types of alternative housing came to light such as Independent Living, Adult Family Care Homes and Alzheimer-Dementia Units. In Florida, small, six bed facilities (private homes) are gaining popularity due to the fact that they can provide even more personalized care. They are licensed and regulated by the same agencies that govern all of the Assisted Living Facilities, regardless of size.

Many people do not completely understand the concept of, or what is actually offered in an Assisted Living Facility (ALF).

A prospective candidate for an ALF is usually in need of at least one or more Activities of Daily Living (ADLs). Some of the ADLs are showering, dressing, toileting and medication management. The staff of an ALF is trained to provide assistance with all of those ADLs along with housekeeping, laundry, transportation and social activities.

Most facilities are paid for by private, "out of pocket" funds.

Cuando las viviendas asistidas se crearon por primera vez, era como una comunidad de jubilados. Si una persona tenía problemas de incontinencia o requería una atención más personal, tenían que abandonar el centro e ir a un sanatorio. Finalmente, el gobierno y la industria de la salud trabajaron juntos para crear comunidades reguladas para proporcionar la atención adecuada con el fin de satisfacer las necesidades de cada individuo.

Una vez que las instalaciones de viviendas asistidas se establecieron, la necesidad de otro tipo de alojamiento alternativo salieron a la luz, tales como centros Independiente, Hogares de Cuidado Familiar y Unidades de Demencias. En la Florida, las instalaciones pequeñas, (casas particulares) están ganando popularidad debido al hecho de que puedan brindar atención más personalizada. Ellos están autorizadas y reguladas por los mismos organismos que rigen todas las instalaciones de vida asistida, independientemente de su tamaño.

Muchas personas no comprenden el concepto de, o lo que está siendo ofrecido en una instalación de vida asistida (ALF).

Un posible candidato es por lo general cuando la persona necesita asistencia por lo menos en una o más actividades de la vida diaria (AVD). Algunas de las AVD son ducharse, vestirse, ir al baño y administración de medicamentos. El personal de la ALF está capacitado para brindar asistencia con todas las AVD junto con la

However, financial assistance can be found through the Veteran's Administration, Long Term Care Insurance, and state programs, if certain requirements are met.

Overall, the best way to describe Assisted Living is to think of it as a bridge between living at home and living in a Skilled Nursing Facility. Assisted Living has a residential focus with a home-like environment while a Nursing Home is primarily a medical institution.

Placement Counselors has been helping families find placement for their loved ones since 1999. We provide experienced counselors who have been in the healthcare field for over 20 years and are knowledgeable in all aspects of placement including all financial programs available.

On a personal note.....

Many families feel they want to keep their loved one "at home" for as long as possible. The truth is, keeping them home may not be in their best interest. If left at home alone or with just one caregiver for only a few hours a day, Mom or Dad will not get the social interaction they need.

The most important thing is to never compromise the care of your loved one. If being "home" can no longer provide the adequate care physically and emotionally, then it's time to give them what they are so deserving of.....a carefully chosen Assisted Living Facility. •

See Ad In Page 13

Aviso en la página 30

limpieza, lavandería, transporte y actividades sociales.

La mayoría de las instalaciones son pagas privadamente. Sin embargo, la asistencia financiera se puede encontrar a través de la Administración de Veteranos, Seguro de Cuidado a Largo Plazo, y los programas estatales, si se cumplen ciertos requisitos.

En general, la mejor manera de describir Assisted Living es pensar que es como un puente entre vivir en casa y vivir en un centro de enfermería especializada. Assisted Living tiene un enfoque residencial con un ambiente hogareño, mientras que un hogar de ancianos es principalmente una institución médica.

Los consejeros han estado ayudando a las familias a encontrar la ubicación de sus seres queridos desde 1999. Ofrecemos asesores experimentados que han estado en el campo de la salud desde hace más de 20 años y son expertos en todos los aspectos en hogares alternativos e incluso para todos los programas financieros disponibles.

En una nota personal

Muchas familias sienten que quieren mantener su ser querido "en casa" por el tiempo que sea posible. A veces, dejarlos en casa puede no ser la mejor opción. Si se deja a la persona sola en casa o con un cuidador por unas pocas horas al día, su ser querido no logrará la interacción social que necesita. Lo más importante es no comprometer el cuidado de su ser querido. Si en su "hogar" usted no puede darle la atención adecuada física y emocional, entonces es el momento de darle a su ser querido lo que se merece... Un Centro de cuidado seleccionado con la ayuda de un profesional. •

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GUÍA DE RECURSOS

ADULT DAY CARE FACILITIES

CENTROS DE CUIDADO DEL DÍA

BOCA RATON

Adolph & Rose Levis Alz & ADC Center
21050 95th Ave S
561.558.2510

Memory & Wellness Ctr
At FAU - 777 Glades Rd
561.297.0503

The Volen Senior Ctr
1515 W Palmetto Park Rd
561.395.8920

CORAL SPRINGS

Coral Springs Adult DC
754 Riverside Dr
954.743.0003

DAVIE

Central West ADC
Catholic Charities
6915 Stirling Rd
954.587.2312

DEERFIELD BEACH

Northeast Focal Point
Adult Day Care Ctr
225A NW 2nd St
954.480.4470

DELRAY BEACH

ALZ Community Care
2703 N Seacrest Blvd
561.330.3541

Morselife ADC Ctr
2475 W Atlantic Ave
561.501.5858

The Volen Senior Ctr
850 N Congress Ave
561.395.8920

FT LAUDERDALE

Broward ADC
2615 Davie Blvd
305.798.4535

Noble A McArtor ADC
1480 SW 9th Ave
954.764.5055

Catholic Charities
1503 NE 26th St
954.630.9501

NW Fed. Woman's Club
2185 NW 19th St
954.714.3500

Genoma ADC
4621 Lake Worth Rd
561.557.4719

Morselife Home Care
4550 S Jog Rd
561.687.5790

Paradise ADC
2954-2960 S Jog Rd
561.249.3740

HALLANDALE
Golden Smile ADC
1726 E Hallandale Beach Blvd
754.703.5684

Memorial ADC Center
1750 E Hallandale Beach
954.457.0505

HIALEAH
Alegrias ADC
345-355 W 78 Rd
305. 364.1115

Canitas ADC
1738 W 49 St Ste 13-15
305. 557.6545

Comfort ADC
10550 NW 77 Ct Ste 409
786. 675.5747

El Prado Senior Club
1800 W 68 St
786.246.6519

Florida Pace Centers
60 E 3rd St
786. 347.2040

Hialeah Senior Club
2380-90 Palm Ave
305. 885.5115

La Dolce Vita ADC
1030 E 8th Ave
305. 300.335

Las Mercedes ADC
2750 W 68 St Ste 125-128
305. 400.9985

LCC ADC
1300 Palm Ave
305. 687.3800

LHANC of Dade ADC
4410 W 16th Ave, 28-C
305.558.2570

Paradise ADC
50 Lindsay Ct 101 - 106
786. 715.6657

Penate Adult Care
1267 W 68 St
786.272.9770

Xclusive Senior Daycare
12975 W Okeechobee
305.820.0805

HOMESTEAD
ABC-ALSY ADC
248 NW 9 Ave
305. 242.5333

Homestead ADC Center
653 SW 4th St
305.242.7676

Homestead Behavioral
654 NE 9th Pl
305.248.3488

Las Mercedes 4
230 E 8 St
305.400.9985

Los Abuelos Felices
28718 S Dixie Hwy
786. 504.2953

MARGATE
Amazing Age Adult Day
7306 W Atlantic Blvd
954.970.9185

Northwest Focal Point
6009 NW 10th St
954.973.0300

Senior Social Club
2912 N. State Rd 7
954.366.1212

MIAMI
A Mi Manera ADC
7397 SW 8th St
786. 332.2429

ABC ADC
11150 SW 211 St No 100
786. 478.6860

Active ADC
1470 NW 36th St
305.635.9933

Amanecer ADC
14550 SW 8th St
305. 316.6258

Azucar ADC
8655-C SW 24th St
305. 815.8367

Centro Axis
6840 SW 40th St
305.668.0634

Community ADC
7944 SW 8th St
305.269.6845

Crystal Paradise ADC
6355 SW 8th St
W Tower 2W 3W 4W 5W
305. 261.0030

Easter Seals Day Care
1475 NW 14th Ave
305.325.0470

Edison Little River ADC
150 NW 79th St
305.751.4342

Florida Pace Centers
2700 SW 97th Ave
305.704.7815

Florida Pace Centers
5200 NE 2nd Ave
305.795.8410

La Edad de Oro 5870 SW 8 th St 786. 275.4628	North Dade ADC 60 NE 166th St 305.940.0075	Florida Pace Centers 2814 Corporate Way 395. 441.7073	Kurt & Alice Walter ADC 5000 Nob Hill Rd 954.742.2299
Las Mercedes ADC I 1619- 1611 NW 27th Ave 305. 400.9985	Penate ADC 3 18900 SW 106 Ave 786.515.2245	PEMBROKE PINES Paradise ADC 9113-9117 Taft St 954.880.4075	TAMARAC Tamarac Seniors 6570 N University Dr 954.857.4007
Las Mercedes ADC III 9839-9841 SW 40 St 305. 400.9985	Roseland Adult Daycare 7392 SW 40th St 786.388.7673	Sarah Care ADC 1200 N Univ Dr 954.237.5050	WEST PALM BEACH A Place for You ADC 3678 S Congress 561.965.6980
LHANC of Dade – Rafael Villaverde 700 SW 8th St 305.858.0887	Santo's ADC 13359 SW 42 St 786.271.6745	Southwest Focal Point 301 NW 103rd Ave 954.450.6888	ALZ Community 1925 Birkdale Dr 2924 N Australian Ave 561.683.2700
Living Life ADC 1835 NW 112 Ave 305. 463.0391	Sol y Vida 12769 SW 42 St 305.576.9999	POMPANO BEACH Tender Loving Care 611 NW 31 Ave 954.917.8099	Alz. Community Care 2924 N Australian Ave 561.683.2700
Magik ADC 4830 NW 167 ST 239. 321.1002	South Dade ADC Ctr 19590 Old Cutler Rd 305.255.1433	STUART ALZ Community Care 2200 NW Federal Hwy 772.692.6981	New Day ADC 301 Ebbtide Dr 561. 844.0012
Miami Horizon 14505 Commerce #450 786.586.6060	Tu Salud ADC 900 Park Ctr Blvd Ste 400B 305. 455.9450	Kane Center 900 SE Salerno Rd 772.223.7843	Mid-County ADC 3680 Lake Worth Road 561. 355.4746
Nana's ADC 13655 SW 26 St 305. 485.9141	MIRAMAR City of Miramar ADC 8915 Miramar Pkwy 954. 883.5220	SUNRISE Golden Age ADC 2039 N Univ Dr 954.748.1866	Schaffer Adult Day Health Center 4847 Fred Gladstone Dr 561.687.5790
Nonna's Adult Care 8870 SW 40th St Ste 4 305.207.1290			

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BROWARD

Alzheimer's Association
Southeast Florida Chapter
800.861.7826

Aging and Disability
Resource Center
954.745.9567

Alzheimer's Family Center
954.971.7155

North Broward Memory
Disorder Center
954.786.7392

MIAMI-DADE

Alliance for Aging, Inc
305.670.6500

Alzheimer's Association
Southeast Florida Chapter
800.861.7826

Long Term Care Program
786.336.1400

South Miami-Dade
305.671.7200

The Wien Center Memory
Disorder Clinic
305.674.2543

University of Miami
Memory Disorders Center
305.355.9065

PALM BEACH

Adolph & Rose Levis
Alzheimer's and ADC Ctr.
561.558.2510

Alzheimer's Association
Southeast Florida Chapter
800.861.7826

Alzheimer's Comm. Care
561.683.2700

Alliance for Aging
561.684.5885

Florida Atlantic University
Memory and Wellness Clinic
561.297.0502

Glades Health Care Center
561.924.5561

Joseph L. Morse Geriatric
561.471.5111

Jupiter Medical Center
Alz. Support Group
561.744.4444

Palm Beach County
Division of Senior Services
Mid County Adult Day Care
561.355.4746

North County ADC
561.694.5440

St. Mary's Medical Center
Memory Disorder Clinic
561.882.6363

STATE

Florida Council on Aging
850.222.8877

NATIONAL

Alzheimer's Association
800.272.3900

Alzheimer's Foundation of
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866.232.8484

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CASAS DE ASISTENCIA					Atria Willow Wood 2855 W Commercial Blvd 954.739.4200	
AVVENTURA	Veranda Club 6061 Palmetto Cir N 561.386.2122	94	DAVIE Artis Senior Living 2794 S Flamingo Rd 954.990.8941	72	Broward House 417 SE 18th CT 954.552.4749	
Imperial Club 2751 NE 183rd St 305.935.1801	51				60	
BOYNTON BEACH	Barrington Terrace 1425 S Congress Ave 561.369.7919	125	Oakmonte Village 8201 Stirling Rd 786.374.5376	100	Horizon Retirement 1490 NW 21 St 954.523.1543	
Sterling Aventura 2777 NE 183rd St 305.918.0000	171				47	
Plaza at Parksquare 2940 NE 207 St 786.496.0142	150	Brookdale West 8220 Jog Rd 561.733.3200	160	Victoria Villa 5151 SW 61 Ave 954.791.8881	44	Kelly's ALF 1441 NW 20th St 954.524.2867
Vi at Aventura 19333 W Country Club Dr 888.378.9625	26	Discovery Village 4733 NW 7th Ct 561.586.2989	93	DEERFIELD BEACH Brookdale Deer Creek 2403 W Hillsboro Blvd 954.426.3800	168	Royal Palm Sr. Res. 5121 NE 19th Ave 954.491.4041
BOCA RATON	Grand Villa 1935 S Federal Hwy 561.736.2424	127	Forum at Deer Creek 3001 Deer Creek Country Club Blvd		The Meridian Waterways 3001 E Oakland Park Blvd 754.200.2160	
Atrium 1080 NW 15 St 561.750.7555	160	Parkside Inn 1613 SW 3rd St 561.734.1616	38	954.698.6269	65	GREENACRES Arbor Oaks 3400 Jog Rd 561.432.4700
Artis Senior Living 5910 N Federal Hwy 561.989.9945	64	The Allegro 11450 Hagen Ranch Rd 561.733.1300	85	Horizon Club 1216 S. Military Tri 954.481.2304	68	97
Banyan Place 2950 Nw 5Th Ave 561.571.0303	52	Regal Park - Colonial 1708 NE 4 St 561.336.3578	30	Grand Villa 1050 SW 24th Ave 954.360.7667	240	Pacifica 4760 Jog Rd 561.434.0434
Brighton Gardens 6347 Via De Sonrisa Del Sur 561.394.6385	155	Rustic Retreat Retirement 1120 N Federal Hwy 561.737.5887	30	Willow Bay 4001 Hillsboro Blvd 954.426.9700	100	HIALEAH Achoy AL 3601 W 11 Ave 786.300.5137
Five Star Premier Residences 22601 Camino Del Mar 877.269.9553	75	Sonata Boyton Beach 2400 S Congress Ave 561.733.8444	101	DELRAY BEACH Abbey Delray 2010 SW 11 Ct 561.454.2000	82	27
Health Center at Sinai Residences 21044 95TH AVE S 561.609.4100	74	COCONUT CREEK Sonata Coconut Creek 4175 West Sample Road 954.975.6399	104	Arden Courts 16150 Jog Rd 561.498.5552	56	Adam F/F 34 W 14 St 305.986.6676
JARC-RALES 9832 Yamato Rd 561.477.6181	32	CORAL GABLES The Palace 1 Andalusia Ave 305.445.7444	58	Grand Villa East 14555 Sims Rd 561.496.1111	170	21
Oakbridge Terrace 23305 Blue Water Cir 561.368.5600	51	COOPER CITY The Sheridan 2580 Pine Island Rd 754.900.8500	126	Grand Villa West 5859 Heritage Parkway 561.499.7744	119	Alpha & Omega Facility 410 E 24th St 305.691.6335
Oakbridge Terrace 6051 S Verde Trl 561.487.6200	40	CORAL SPRINGS Harborchase 2975 NW 99 Ave 954) 255-5557	120	Sonata Delray Beach 8020 W. Atlantic Ave 561.498.0134	94	48
Sonata Boca Raton 9591 Yamato Rd 561.477.8808	88			Symphony Delray Bch 4840 W Atlantic Ave 561.672.0774	146	Care & Love Retirement 642 E 21st St 305.885.4978
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When Selecting
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ASISTIDAS

Edgar A. Kellman

HUMBERTO VORCEKAL AND
GARY VASCHEN

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Placement Counselors Corp.

7 days a week – A FREE SERVICE – Se Habla Español

Broward: **954-965-2925**

Miami-Dade: **305-931-0618** Palm Beach: **561-329-4337**

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NO COST TO YOU!

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- ◆ INDEPENDENT LIVING
- ◆ ADULT FAMILY CARE HOMES
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Since 1999, Placement Counselors Corporation is under the supervision and ownership of **Humberto Fortuna MA, MS, ACC**, a Geriatric Specialist and Health Care Administrator. Placement Counselors Corp. is not a Directory. We are committed to provide Ethical, Professional, and Personalized counseling to individuals seeking alternative housing.

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RESOURCE GUIDE

LGBT SERVICES / SERVICIOS PARA LA COMUNIDAD GAY
SPANISH PHONE LINE / LÍNEA TELEFÓNICA EN ESPAÑOL

GUÍA DE RECURSOS

HIALEAH		Villa Rosa II 1760 E 1st Ave 305.885.7733	34	JUPITER Addington Place 1031 Community Dr 561.253.8161	80	LAUDERHILL Bridge at Inverrary 4291 Rock Island Rd 954.486.2150	101
New Age Adulcare Inc 1105 W 2Nd Ave 786.483.8743	30	Villa Rosa III 75 E 7 St 305.883.1028	48	Courtyard Gardens 1790 Indiancreek Dr W 561.743.5966	100	Colonial AL Ft Lauderdale 2801 NW 55th Ave 954.484.1960	105
Our Dream Retirement 1630-40 Palm Ave 305.887.4141	42	HOLLYWOOD		Mangrove Bay 110 Mangrove Bay Way 561.575.3123	60	Forest Trace Pacifica 5500 NW 69th Ave 954.572.1800	40
Professional Home Care I 435 E 31st St 305.696.7364	25	Avalon Park 604 N 62 Ave 954.981.4822	60	St Joseph's Atria 350 Bush Rd 561.747.1135	100	Potter's House 5820 NW 27th Ct 954.746.8584	24
Professional Home Care III 447 East 26 Street 305.691.2083	26	Azalea OPCO 1701 Mayo St 954.921.5990	35	Five Star Premier Residences 2480 North Park Road 954.989.8008	224	LAKE WORTH Crest Manor 504 Third Ave S 561.585.4695	52
Renancer 115 W 5th St 305.884.0611	22	Hollywood Beach Ret 1722 Madison St 954.923.1726	25	The Village 1800 South Dr 561.588.4333	150	Victoria's 2233 NW 56th Ave 954.733.9614	32
Revival Home 68 W 7 St 305.887.0808	72	Lincoln Manor 2144 Lincoln St 954.922.1995	56	LANTANA Banyan Place Lantana 1021 N Ridge Rd 561.571.0303	38	MARGATE Caring Village 6810 SW 7 St 954.971.2286	111
Palm Breeze 1045 Palm Ave 305.883.8376	61	Merriment Manor 1835 Wilson St 954.921.4059	46	Carlisle PB 450 E Ocean Ave 561.533.9440	75	Embassy Ret 6093 NW 9 Ct 954.972.5600	35
Salmo 23 Elder Care 277 E 4th St 305.863.9623	24	North Lake Ret. Home 1222 N 16th Ave 954.922.2643	114	Cherry Oak 6026 Old Congress 561.966.3232	70	Livewell at Coral Plaza 5850 Margate Blvd 954.970.0053	120
Salmos 23 #4 70 E 21 St 786.444.8372	76	Peninsula 5100 W Hallandale Beach 954.893.7755	200	The Meridian 3061 Donnelly Dr 561.965.7200	104	Margate Manor 1189 W River Dr 954.972.200	64
Salmo 23 #5 240 E 5th St 305.887.4965	67	Presidential Place 3880 S Circle Dr 954.894.0059	118	Vi at Lakeside Village 2792 Donnelly Dr 877.244.6521	55	MIAMI Bay Oaks Home 435 NE 34th St 305.573.4337	41
Sun Village 1350-60 W 31st St 305.823.8963	29	Sheridan Manor 2415 N 20 Ave 954.929.7505	40	The Meridian 3061 Donnelly Dr 561.965.7200	104	Central palace Res 4491 SW 8 St 305.445.3565	55
Sunshine Adult Center I & II 180 W 13th St 305.885.2358	38	HOMESTEAD New Era Community 1351 N Krome Ave 786.601.2449	150	St Joseph's Residence 3485 NW 30th St 954.739.1483	90	Colonial AL Miami 1864 NW 175th St 305.624.4901	65
The Palms 3051 E 4 Ave 305.693.2700	72	The Palace 3100 NE 8 St 305.247.0446	208	Victoria Gardens 3091 NW 43 St 954.777.5167	28	Coral Terrace ALF 6744 SW 22nd St 305.267.0073	44
Trinity 71 W. 30 St 305.884.5613	40					Cutler Bay Village 10425 SW 212 St 786.592.2344	26

East Ridge Ret. Village 19301 SW 87th Ave 305.238.2623	60	Palms Villa Ret. Home 2131 NW 28th St 954.484.1350	21	GreenLife 840 SW 8th St 855.331.6615	71	Amore 1634 S. Kanner Hwy 772.219.8989	38
Grand Court Lakes 280 Sierra Dr 305.654.5300	110	Paradise Manor 365 NW 43rd Ct 954.565.7049	30	Five Star Premier Residences 1371 South Ocean Blvd 954.943.1155	60	Brookdale Stuart 3401 Se Aster Lane 772.287.6001	55
Hazel Cypen Tower 5066 NE 2nd Ave 305.762.3890	132	Treemont on the Park 3881 NE 3rd Ave 954.563.0276	34	John Knox Village of FL 840 Lakeside Cir 954.782.1300	64	Solaris Senior Living 860 S.E. Central Parkway 772.287.9909	100
Las Mercedes Home 3418 SW 23rd Ter 305.441.0247	39	PALM BEACH GARDENS Brookdale PB Gardens 11381 Prosperity FarmsRd		Preserve at Palm Aire 3701 W McNab Road 954.970.2600	40	Stuart Lodge 1301 Se Palm Beach Rd 772.463.7133	110
Livewell at Courtyard Plaza 15520 NW 2 Ave 305.949.2626	120	Chatsworth at PGA 346 Hiatt Dr 561.624.5650	42	Vizcaya by the Sea 1621 N Ocean Blvd 954.782.6822	85	Symphony Stuart 4900 SE Willoughby Blvd 772.618.1565	125
Maggie's Ret. Home I 7930 SW 11th St 305.266.6762	24	Discovery Village 100 Discovery Way 561.801.7301	138	PORT SAINT LUCIE Brennity At Tradition 10685 Sw Stony Creek Way 772.345.2700	56	TAMARAC Active Senior Living 9057 NW 57th St 954.721.1115	72
Palace at Kendall 11355 SW 84 St 305.270.7000	330	Inn at La Posada 3600 Masterpiece Way 561.514.5000	88	Harbor Place 3700 Se Jennings Rd 772.337.4330	128	Harbor Chase Memory 6855 NW 70th Ave 954.722.0212	116
Pointe of North Gables 5890 SW 8th St 305.266.0284	92	Palms Edge ALF 4201 Leo Ln 561.841.0055	65	Palms Of St Lucie West 501 Nw Cashmere Blvd 772.344.7441	80	Lakeview Ret Res 2304 NW 52 Ct 954.714.0064	24
Res. Plaza at Blue Lagoon 5617 NW 7th St 305.267.2227	350	PARKLAND Allegro 5901 Loxahatchee 954.752.3450	120	Paradise Care Cottage 2277 Se Lennard Rd 772.398.8899	50	Wickshire 7650 University Dr 954.722.6314	103
St Anne's Residence 11855 Quail Roost Dr 305.252.4000	60	Inn at Aston Gdns 9423 Aston Gdns Ct 954.323.0611	100	The Gardens 1699 Se Lyngate Drive 772.335.9990	110	TEQUESTA Brookdale Tequesta 205-211 Village Blvd 561.748.3611	105
MIAMI BEACH Coral Sand 7800 Abbott Ave 305.867.3232	30	PLANTATION Covenant Village of Fla 9211 W Broward Blvd 954.472.2860	55	Wickshire 9825 S Us Highway 1 772.337.0084	120	Terrace Communities 400 N US Highway 1 561.748.2299	106
Nightingale Manor 1753 Michigan Ave 305.538.1530	30	Five Star Premier Residences 8500 West Sunrise Blvd 954.635.6712	60	PRINCETON Sunny Hills of Homestead 25268 SW 134th Ave 305.258.2222	105	WEST PALM BEACH Arden Courts of WPB 2330 Village Blvd 561.688.9999	56
MIAMI SPRINGS Fair Havens Center 201 Curtiss Pkwy 305.887.1565	60	Golden Age Manor 1110 SW 40th Ave 954.583.3321	30	SUNRISE Colony Club 3799 Pine Island Road 954.748.0509	110	Argo Haverhill 2939 S Haverhill Rd 561.963.8963	38
OAKLAND PARK Atlantis 460 NW 40TH CT 954.990.8857	26	POMPANO BEACH Atlantic Shores Ret. 1500 N Riverside Dr 954.941.7974	30	Westchester of Sunrise 9701 W Oakland Park Blvd 954.572.4444	150	Brookdale WPB 6300 Common Cir 561.697.3051	76
Good Hope Manor 2251 NW 29th Ct 954.677.2900	100	Court at Palm Aire 2701 N Course Dr 954.975.8900	90	STUART Addington Place 3400 Se Aster Ln 772.223.0883	104	Carps 3217 Broadway 561.844.5313	21
						Colonial AL WPB 534 Datura St 561.659.9330	200

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GUÍA DE RECURSOS

		St Mary's ALF	WILTON MANORS
Cresthaven East		7001 S Dixie Hwy	Independence Hall
5100 Cresthaven Blvd		561.588.7677	1639 NE 26 St
561.964.2828	308		954.563.6232
Fountainview		Tradition of the PB	Williamsburg Landing
145 Executive Center Dr		4880 Loring Dr	1776 NE 26 St
561.697.5500	74	561.687.3005	954.566.1775
Golden Years ALF		Windsor Court	Windsor Place
321 W Blue Heron Blvd		3700 N Flagler Dr	1850 NE 26 St
561.881.3583	26	561.842.1047	954.565.5858
Lourdes Pavilion		Wyndham House	STATE
311 S Flagler Dr		417 Westwood Rd	Agency for Healthcare
561.650.8900	50	561.832.6545	Administration (AHCA)
Morselife Memory Care			888.419.3456
4847 Fred Gladstone Dr		Addington Place	Floridahealthfinder.gov
561.471.5111	58	10334 Devonshire Blvd	
		561.366.6600	
Savannah Court			
2090 N Congress Ave		Harborchase of Wellington	
561.686.5100	114	Crossing	
		8785 Lake Worth Road	
		561.320.4500	
		156	

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more information.

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35 para más
infomación.

The image shows the front cover of the book 'A JOURNEY TO PLANT SPIRIT MEDICINE' by Ian Fisher. The cover features a man with long dark hair and a beard, wearing a red shawl over a white shirt, looking thoughtfully towards the right. The title 'A JOURNEY TO PLANT SPIRIT MEDICINE' is at the top, with 'AYAHUASCA' written below it. The author's name 'IAN FISHER' is at the bottom right. The background of the cover is a painting of a tropical landscape with a body of water and green hills under a blue sky. At the bottom of the cover, there is a small paragraph about the book's content and its benefits for mental health.

ASSOCIATIONS ORGANIZACIONES	American Red Cross 305.644.1200	Coalition for the Homeless 877.205.0021	American Liver Foundation 212.668.1000
BROWARD American Cancer Society 954.564.0880	County Medical Assn. 305.324.8717	Compulsive Gambling 888.236.4848	American Lung Assn. 800.548.8252
Broward County Dental Association 954.772.5461	County Public Guardian 305.592.7642	Florida Bar-Elder Law 850.561.5625	American Parkinson Assn. 800.223.2732
American Diabetes Assn. 954.772.8040	Epilepsy Foundation 305.670.4949	Florida DCF Office on Homelessness 850.922.4691	American Red Cross 800.733.2767
American Heart Assn. 954.772.8100	YMCA South FL 305.357.4000	Lupus Foundation of America 800.684.9276	American Speech Language Hearing Association (ASHA) 800.638.8255
American Lung Assn. 954.524.4657	PALM BEACH American Cancer Society 561.366.0013	National Kidney Foundation 800.927.9659	American Stroke Assn. 888.478.7653
American Parkinson Assn. 954.786.2305	American Diabetes Assn. 561.689.2746	Senior Legal Helpline 888.895.7873	American Urological Assn. 866.746.4282
American Red Cross 954.797.3800	American Heart Assn. 561.615.3888	NATIONAL Administration on Aging 202.619.0724	Americans with Disabilities Act 800.514.0301/TTY 800.514.0383
Arthritis Foundation 954.616.1233	American Lung Assn. 561.659.7644	Alliance for Retired Americans 202.637.5399	Anxiety and Depression Association of America 240.485.1001
County Medical Association 954.714.9477	Anti-Defamation League 561.988.2900	ALS Association (Lou Gehrig's Disease) 202.407.8580	Arthritis Foundation 800.283.7800
Epilepsy Foundation 954.779.1509	American Red Cross 561.833.7711	Alzheimer's Association 800.272.3900	Asian American Justice Center 202.296.2300
Gilda's Club 954-763-6776	Arthritis Foundation 561.833.1133	Alzheimer's Foundation 866.232.8484	Asian Pacific American Labor Alliance 202.508.3733
Legal Aid Service 954.736.2400	County Medical Society 561.433.3940	American-Arab Anti-Discrimination Committee 202.244.2990	Blinded Veterans Assn. 202.371.8880
Leukemia/Lymphoma 954.744.5300	Epilepsy Foundation 561.478.6515	AARP 888.687.2277	Coalition for the Homeless 202.462.4822
Mental Health Association 954-746-2055	Legal Aid Society 561.655.8944	American Cancer Society 800.227.2345	Epilepsy Foundation 800.332.1000
National Multiple Sclerosis 954-731-4224	Leukemia/Lymphoma 561.775.9954	American Dental Assn. 312.440.2500	League of United Latin American Citizens 202.833.6130 
Senior Action in a Gay Environment – SAGE 954.634.7219 	YMCA South FL 561.968.9622	American Diabetes Assn. 800.342.2383	Leukemia/Lymphoma Society 800.955.4572 
YMCA South FL 954.334.9622	STATE Agency for Healthcare Administration 888.419.3456	American Heart Assn. 800.242.8721	Línea de Ayuda Hispana Nacional 800.473.3003 
MIAMI-DADE Alliance for Aging 305.670.4357	AARP 866.595.7678	American Institute for Cancer Research (AICR) 800.843.8114	Lupus Foundation of America 800.558.0121
American Cancer Society 305.594.4363	American Lung Assn. 904.743.2933		
American Heart Assn. 305.856.1449	Brain Injury Assn. of Fla. 800.992.3442		

RESOURCE GUIDE

GUÍA DE RECURSOS

 **LGBT SERVICES / SERVICIOS PARA LA COMUNIDAD GAY**
 **SPANISH PHONE LINE / LÍNEA TELEFÓNICA EN ESPAÑOL**

NAACP
877.622.2798

National Alliance to End Homelessness
202.638.1526

National Alliance for Hispanic Health
866.783.2645 

Natl. Kidney Foundation
800.622.9010

Natl. Multiple Sclerosis Soc
800.344.4867

Natl. Org. for Women
202.628.8669

Natl. Parkinson's Found.
800.327.4545

National Substance Abuse
800.662.4357

Native American Rights
303.447.8760

BEREAVEMENT GRUPOS DE APOYO

BROWARD
Cantor Senior Center
954.742.2299

Catholic Charities
305.822.2380

Compassionate Friends
supporting family after a
child dies
954.370.3446

Gay/Lesbian Bereavement
Support Group
954.463.9005 

Gilda's Club
954.763.6776

Mental Health Assn.
954.746.2055

The Florida Initiative for
Suicide Prevention, Inc
954.384.0344

MIAMI-DADE

Catholic Charities
305.822.2380

Compassionate Friends
supporting family after a
child dies
305.460.5762

Iglesia Ejecutiva Bautista
305.303.9498 

Miami Temple Seventh
Day Adventist Church
305.223.2102

Michael-Ann Russell
Jewish Ctr
305.932.4200

Temple Bret Breira
305.595.1500

Príncipe de Paz Ministerio
del Consuelo
305.264.9059 

PALM BEACH

Alpert Jewish Family
& Children's Services
Support Groups
561.684.1991

Catholic Charities
Counseling Services
305.573.3333

Center for Family Services
of PBC Counseling Svcs.
561.616.1222

Mental Health Association
of PBC Senior Services
561.832.3755

Ruth Rales Jewish Family
Service Bereavement
Support Groups
561.852.3333

NATIONAL

AARP Grief Support
866.797.2277

Parents of Murdered
Children
888.818.7662

Compassionate Friends
supporting family after a
child dies
877.969.0010

CRISIS INTERVENTION INTERVENCIÓN DE CRISIS

BROWARD

BSO Baker Act Team
954.765.4321
After Hours: 954.831.5846

Crisis Line
954.761.1133

Hispanic Unity
954.964.8884 

Henderson Mobile Crisis
Response Team
954.463.0911

Pride at Ft. Laud. Hospital
877.PRIDE.46 

SunServe
954.764.5557 

Tuesday's Angels
954.566.7686 

Women in Distress
954.761.1133

MIAMI-DADE
LGBT Suicide Awareness
Unit 305.646.3600 

Switchboard of Miami – 24
Hour Helpline
305.358.4357 

PALM BEACH
Destiny by Choice, Inc.
561.439.3145

Family Violence
Intervention
561.355.1664

New Hope Anger
Management
561.832.3828

Palm Beach Crisis Line
561.547.1000

STATE/NATIONAL

Florida Domestic Violence
Hotline
800.500.1119

National Domestic
Violence Hotline
800.799.7233

DENTAL RESOURCES RECURSOS DENTALES

BROWARD
Broward College Dental
Clinic
954.201.6779

Broward County
Dental Association
954.772.5461

Ft. Lauderdale Health
Center Dental Clinic
954.467.4705

Gulf Stream Living
Water Center
954.965.0077

North Regional & Paul
Hughes Health Centers
954.213.0638

Nova Southeastern
954.678.2273

MIAMI-DADE
Camillus Health
305.577.4840

Community Health of S. Fla
305.253.5100
Community Smiles Prog.
305.325.0510

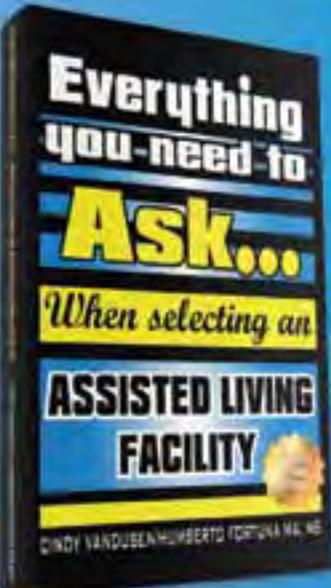
Fla. Donated Dental Svcs.
305.598.7080

Helen B Bentley Family
Health Ctr
305.447.4950

Jessie Trice Community Health Ctr 305.637.6400	PALM BEACH Motor Vehicle Services 561.355.2264	MIAMI-DADE Department of Highway Safety & Motor Vehicles 305.229.6333	Senior Community Service Employment Program 305.871.2820
Miami-Dade Community College Dental Hygiene Program 305.237.4142	DISASTER PREPAREDNESS & EMERGENCY ASSISTANCE PREPARACIÓN PARA DESASTRES Y EMERGENCIAS	PALM BEACH Department of Highway Safety & Motor Vehicles 561.681.6333	PALM BEACH AARP Srvcs Employment 561.471.9828
North Dade Health Center 786.466.1500			Workforce Alliance 561.340.1060
Nova SE University Health Care N. Miami 954.678.2273	BROWARD American Red Cross 954.797.3800	STATE Department of Highway Safety & Motor Vehicles 850.617.2000	ENERGY ASSISTANCE ASISTENCIA PARA ENERGÍA ELÉCTRICA
UF College of Dentistry 305.694.5400	Emergency Management Division 954.831.3900	ELDER ABUSE ABUSO AL MAYOR	BROWARD Water/Sewer Program 954.357.5800
PALM BEACH Caridad Health Clinic 561.737.6336	Hurricane Preparedness Guide & Hurricane Hotline 954.831.4000	BROWARD Senior Citizens Law Project 954.736.2400	LIHEAP – Low Income Home Energy Assis. Prog. 954.357.5025
Palm Beach Community College Atlantic Coast Research Clinic 561.868.3747	MIAMI-DADE American Red Cross Central Dade 305.644.1200	MIAMI-DADE Abuse Hotline 311	FPL Customer Care 954.797.5000
Palm Beach Dental Assn. 561.278.7551	North Dade 305.681.1066	Miami-Dade Elder Helpline 305.670.4357	Focal Point Centers NE – 954.480.4449 NW – 954.973.0300 SW – 954.450.6888
PBC Health Department Belle Glade Dental Clinic 561.996.1636	South Dade 305.248.2024	STATE Elder Abuse Hotline 800.962.2873	Tuesday's Angels 954.566.7686 
Delray Beach Dental Clinic 561.274.3111	Emergency Mgmt. Answer 311	EMPLOYMENT OPPORTUNITIES OPORTUNIDADES DE EMPLEO	MIAMI-DADE Low Income Home Energy 786.469.4600
Lantana Dental Clinic 561.547.6811	Dade Emergency Mgmt. 305.468.5400		FPL Customer Care 305.442.8770
Pahokee Clinic 561.924.0184	PALM BEACH American Red Cross 561.833.7711	BROWARD AARP Srvcs Employment 954.563.2559	PALM BEACH FPL Customer Care 561.994.8227
WPB Dental Office 561.514.5310	P.B. Emergency Mgmt. 561.712.6400	Positive Images 954.484.1824	Low Income Home Energy 561.355.4792
WPB Community Center 561.840.8681	STATE Florida Emergency Mgmt. 850.413.9969	Social Security Admin. Ticket to Work 866.968.7842	FINANCIAL ASSISTANCE ASISTENCIA FINANCIERA
DISABILITY PARKING PERMITS PERMISO DE ESTACIONAMIENTO PARA DISCAPACITADOS	NATIONAL Federal Emergency Mgmt 800.621.3362	WorkForce One Ft. Lauderdale 954.677.5555 Hollywood 954.967.1010 Pompano Beach 954.969.3541	BROWARD A New Horizon Credit Counseling 800.556.1548
BROWARD Motor Vehicle Services 954.765.4697	DRIVER'S LICENSE OFFICES LICENCIAS DE MANEJO (OFICINA)	MIAMI-DADE AARP Senior Community Service Employment 305.476.5925	American Red Cross 954.797.3800
MIAMI-DADE Motor Vehicle Services 850.617.2000	BROWARD Department of Highway Safety & Motor Vehicles 954.497.1570		Catholic Charities 954.568.6610

Credit Counseling Inc 954.825.0879	Richmond Heights Center 305.234.4927	FOOD ASSISTANCE ASISTENCIA PARA ALIMENTOS	De Hostos Senior Center 305.573.6220
FCFH – Emergency Assistance 954.537.0211	The Salvation Army 305.438.9066	BROWARD	Farm Share Food Program 305.248.3006
Gateway Comm. Outreach 954.725.8434	Wynwood Neighborhood 305.547.7661	Aging & Disability Resource Center 954.745.9779	Jewish Community Services of South Florida 305.576.6550
PALM BEACH			
HOPE Outreach Center 954.321.0909	Adopt-A-Family 561.253.1361	Meals on Wheels South Florida 954.731.8770	North Miami Foundation 305.893.1450
Jewish Family Service 954.370.2140	American Red Cross 561.833.7711	Cross Road Food Bank 954.627.6900	S. West Social Services 305.261.6202
Lighthouse Pt Outreach 954.942.8080	Boca Helping Hands 561.417.0913	David Posnack Jewish Community Center 954.434.0499	PALM BEACH Adopt a Family 561.253.1361
The Salvation Army 954.524.6991	Catholic Charities, 561.775.9560	EASE Foundation 954.797.1077	Boca Helping Hands Ctr. 561.417.0913
Tuesday's Angels 954.566.7686 	Center for Family Services 561.616.1222	Gateway Community Outreach 954.725.8434	Boyton Beach Caring Ctr 561.364.9501
MIAMI-DADE			
American Red Cross 305.644.1200	Community Action Prog. 561.355.4726	Hallandale Food Distrib. 954.457.1460	Caridad 561-737-6336 
Attappattah Neighborhood 305.547.4960	Community Caring Center 561.364.9501	Hope Outreach Center 954.321.0909	Christian Care Center 561.650.7400
Catholic Charities 305.573.3333	Credi-ability 800.251.2227	Jubilee Ctr. of S. Broward 954.920.0106	Helping Hands 561.432.2417
Community Action 305.884.4801	Farmworker Coordinating Council of PB County 561.533.7227	Lifenet 4 Families 954.792.2328	New Hope Charities, Inc. 561.924.7986
Culmer Neighborhood Ctr. 305.438.4161	Volen Senior Center 561.395.8920	Manna – Share a Meal 954.475.0508	Strive for Excellence Food Pantry 561.848.3142
Little River Neighborhood 305.758.9662	Division of Senior Services 561.355.4750	Sunrise Senior Center 954.746.3670	The Soup Kitchen, Inc. 561.732.7595
Homestead Neighborhood 305.247.2068	Division of Veteran Svcs 561.355.4761	The Pantry of Broward 954-358-1481	STATE
Frankie Shannon Rolle Ctr. 305.446.3311	Jewish Family Service 561.852.3333	Tuesday's Angels 954.566.7686 	Food Stamp Hotline 866.762.2237
Goulds Community Center 305.233.2121	Soc. of St. Vincent de Paul 561.697.9699	WeCare 954.792.6700	HEALTH SERVICES SERVICIOS DE SALUD
Liberty City Community Ctr 305.756.2830	The Salvation Army 561.686.3530	MIAMI-DADE	Florida Breast & Cervical Cancer - free screenings 954-762-3649
Miami-Dade Elder Helpline 305.670.4357	STATE Fla. Dep. of Financial Svcs 877.693.5236	Alliance for Aging 305.670.4357	
Naranja Neighborhood Ctr. 305.258.5471	IRS Tax Helpline 800.829.1040	CC Elder Services – Malcom Ross 305.633.0462	Florida Dpt. of Health Broward 954.467.4700
Opa-Locka Neighborhood 305.623.6500		Community Action 305.514.6071	Miami-Dade 305.324.2400
			Palm Beach 561.840.4500

HEARING RESOURCES	STATE	HOME MAINTENANCE	Hollywood Housing Rehab
ASISTENCIA AUDITIVA	Florida Relay Service 800.222.3448 888.447.5620/TTY	MANTENIMIENTO DE VIVIENDAS	954.921.3381
BROWARD	NATIONAL	BROWARD	Home Touch Program 954.792.1180
Accessible Comm (Deaf) 954.578.3081	Better Hearing Institute 202.449.1100	Broward Housing Solutions 954.764.2800	Rebuilding Broward Together 954.772.9945
Ctr for Hearing and Comm 954.601.1930 TTY 954-601-1938	Foundation For Sight & Sound 888.580.8886	Broward County Housing Authority 954-739-1114	MIAMI-DADE
MIAMI-DADE	Hear Now 800.328.8602	Deerfield Beach Housing Authority 954-428-0678	Community Development 786.469.2100
Hearing and Speech Ctr 305.271.7343 or 305.557.4764	Hearing Society 800.521.5247	Pompano Beach Housing Authority 954-785-7200	Metro Dade Comm. Action 305.884.4801
PALM BEACH	Miracle-Ear Foundation 800.464.8002	Dania Beach Housing Authority 954.920.9662	PALM BEACH
Deaf Service Center of Palm Beach County 561.802.3353 561.802.3351/TTY	National Hearing Aid Project 816.333.8300	Housing & Community Development 561.233.3600	STATE
			Housing & Community Development 850.717.8450



**THE DEFINITIVE
MUST-HAVE GUIDE**

**OVER 500
QUESTIONS TO ASK!**

**BE IN CHARGE
OF YOUR SEARCH**

**STEP BY STEP GUIDANCE
AND ORGANIZATION**

With over 500 questions to ask, the reader will be assured that he or she is making the absolute, best decision. This guide covers subjects such as Nursing, Accommodations, Licenses, Contracts, Nutrition, Activities, Safety and more.

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RESOURCE GUIDE

LGBT SERVICES / SERVICIOS PARA LA COMUNIDAD GAY
SPANISH PHONE LINE / LÍNEA TELEFÓNICA EN ESPAÑOL

GUÍA DE RECURSOS

HOSPITALS HOSPITALES

BROWARD

Broward Health Coral Springs
3000 Coral Hills Dr
Coral Springs
954.344.3000

Broward Health Imperial Point
6401 N Federal Hwy
Ft Lauderdale
954.776.8500

Broward Health Medical Center
1600 S Andrews Ave
Ft Lauderdale
954.355.4400

Broward Health North
201 E Sample Rd
Deerfield Beach
954.941.8300

Cleveland Clinic Hospital
3100 Weston Rd
Weston
954.689.5000

Encompass Health Rehab Hosp
4399 Nob Hill Rd
Sunrise
954.749.0300

Florida Medical Center
5000 W Oakland Park Blvd
Ft Lauderdale
954.735.6000

Ft Lauderdale Hospital
5757 N Dixie Highway
Oakland Park
954.463.4321

Holy Cross Hospital
4725 N Federal Hwy
Ft Lauderdale
954.771.8000

Kindred Hospital
1516 E Las Olas Blvd
Ft Lauderdale
954.764.8900

Kindred Hospital
1859 Van Buren St
Hollywood
954.920.9000

Larkin Community Hosp
1201 N 37 Ave
Hollywood
954.962.1355

Memorial Miramar
1901 SW 172 Ave
Miramar
954.538.5000

Memorial Pembroke
7800 Sheridan St
Pembroke Pines
954.962.9650

Memorial Regional
3501 Johnson St
Hollywood
954.987.2000

Memorial South
3600 Washington St
Hollywood
954.966.4500

Memorial West
703 N Flamingo Rd
Pembroke Pines
954.436.5000

Northwest Medical Center
2801 N State Rd 7
Margate
954.974.0400

Plantation General Hospital
401 NW 42nd Ave
Plantation
954.587.5010

St Anthony's Rehab Hosp.
3487 NW 30th St
Lauderdale Lakes
954.739.6233

South Florida State Hosp
800 E Cypress Dr
Pembroke Pines
954.392.3000

University Hospital and Medical Center
7201 N University Dr
Tamarac
954.721.2200

Westside Regional Medical Center
8201 W Broward Blvd
Plantation
954.473.6600

MIAMI-DADE
Aventura Hospital and Medical Center
20900 Biscayne Blvd
Aventura
305.682.7000

Baptist Hospital of Miami
8900 N Kendall Dr
Miami
786.596.1960

Coral Gables Hospital
3100 Douglas Rd
Coral Gables
305.445.8461

Doctors Hospital
5000 University Dr
Coral Gables
305.666.2111

Douglas Gardens Hospital
5200 NE 2nd Ave
Miami
305.751.8626

Healthsouth Rehabilitation Hospital
20601 Old Cutler Rd
Miami
305.251.3800

Hialeah Hospital
651 E 25th St
Hialeah
305.693.6100

Homestead Hospital
975 Baptist Way
Homestead
786.243.8000

Jackson Memorial Hospital
1611 NW 12th Ave
Miami
305.585.6754

Jackson Memorial Hospital
North
14701 NW 27th Ave
Miami
305.585.1111

Jackson South Community Hospital
9333 SW 152nd St
Miami
305.251.2500

Kendall Regional Medical Center
11750 Bird Rd
Miami
305.223.3000

Kindred Hospital South Florida
5190 SW 8th St
Coral Gables
305.448.1585

Larkin Community Hospital
7031 SW 62nd Ave
South Miami
305.284.7500

Larkin Palm Springs Hospital
1475 W 49th St
Hialeah
305.558.2500

Mercy Hospital
3663 S Miami Ave
Miami
305.854.4400

Mount Sinai Medical Ctr
4300 Alton Rd
Miami Beach
305.674.2223

North Shore Medical Ctr
1100 NW 95th St
Miami
305.835.6000

Palmetto General Hospital 2001 W 68th St Hialeah 305.823.5000	University of Miami Hospital and Clinics Bascom Palmer Eye Institute 900 NW 17th St Miami 305.326.6000	Lower Keys Medical Center 5900 College Rd Key West 305.294.5531	Palm Beach Gardens Medical Center 3360 Burns Rd Palm Beach Gardens 561.622.1411
Select Specialty-Miami Lakes 14001 NW 82nd Ave Miami Lakes 786.609.9200	Variety Children's Hospital 5959 NW 7th St Miami 305.264.1000	Mariners Hospital 91500 Overseas Highway Tavernier 305.434.3000	Palms West Hospital 13001 Southern Blvd Loxahatchee 561.798.3300
Select Specialty Hospital-Miami 955 NW 3rd St Miami 305.416.5700	West Gables Rehab. Hospital 2525 SW 75th Ave Miami 305.262.6800	PALM BEACH Bethesda Memorial East 2815 S Seacrest Blvd Boynton Beach 561.737.7733	Select Specialty Hosp 3060 Melaleuca Lane Lake Worth 561.357.7370
Sister Emmanuel Hospital for Continuing Care 3663 S Miami Ave Miami 305.285.2939	West Kendall Baptist 9555 SW 162ndAve Miami 786.467.2011	Bethesda Memorial West 9655 W Boynton Bch Bl Boynton Beach 561.336.7000	St Mary's Medical Center 901 45th St West Palm Beach 561.844.6300
South Florida Evaluation and Treatment Center 18680 SW 376th St Florida City 786.349.6000	Westchester General Hospital 2500 SW 75th Ave Miami 305.264.5252	Boca Raton Regional 800 Meadows Rd Boca Raton 561.395.7100	VA Medical Center 7305 N Military Trail West Palm Beach 561.422.8262
South Miami Hospital 6200 SW 73rd St South Miami 786.662.4000	MARTIN Cleveland Clinic Martin 2100 SE Salerno Road Stuart 772.223.2300	Delray Medical Center 5352 Linton Blvd Delray Beach 561.498.4440	Wellington Regional Medical Center 10101 Forest Hill Blvd Wellington 561.798.8500
Southern Winds Hospital 4225 W 20th Ave Hialeah 305.558.9700	Cleveland Clinic Martin North 200 Hospital Ave Stuart 772.287.5200	Good Samaritan Medical Center 1309 N Flagler Dr West Palm Beach 561.655.5511	West Boca Medical Center 21644 State Road 7 Boca Raton 561.488.8000
St Catherine's Rehabilitation Hospital 1050 NE 125th St N. Miami 305.357.1735	Coral Shores Behav Hlth 5995 SE Community Dr Stuart 772.403.4000	JFK Medical Center 5301 S Congress Ave Atlantis 561.965.7300	SAINT LUCIE Cleveland Clinic Tradition 10000 SW Innovation Way Port St Lucie 772.345.8100
St Catherine's West Rehab Hosp 8850 NW 122nd St Hialeah Gardens 305-351.7181	Encompass Health Rehab Hosp 5850 SE Community Dr Stuart 772.324.3522	JFK Medical North 2201 45th St West Palm Beach 561.842.6141	Lawnwood Regional Medical Center 1700 S 23rd St Ft Pierce 772.461.4000
University of Miami Hospital and Clinics Sylvester Comprehensive 1475 NW 12th Ave Miami 305.243.1000	MONROE Depoo Hospital 1200 Kennedy Dr Key West 305.294.5531	Jupiter Medical Center 1210 S Old Dixie Hwy Jupiter 561.747.2234	St Lucie Medical Center 1800 SE Tiffany Ave Port St Lucie 772.335.4000
University of Miami Hospital and Clinics UHealth Tower 1400 NW 12th Ave Miami 305.689.5511	Fishermen's Hospital 3301 Overseas Highway Marathon 305.743.5533	Lakeside Medical Center 39200 Hooker Hwy Belle Glade 561.996.6571	Port St Lucie Hospital 2550 SE Walton Road Port St Lucie 772.335.0400
		Kindred - Palm Beaches 5555 W Blue Heron Bl Riviera Beach 561.840.0754	

RESOURCE GUIDE

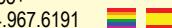
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HOUSING VIVIENDA

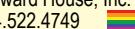
BROWARD

Browardassistedliving.us
by 55+
954.967.6191



Broward County Housing Authority
954.739.1114

Broward House, Inc.
954.522.4749



Broward Housing Solutions
954.764.2800

Deerfield Beach Housing Authority
954.425.8449

Hollywood Housing Auth.
954.989.4691

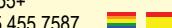
Housing Authority of the City of Fort Lauderdale
954.525.6444

Miramar Assisting Seniors in their Homes (M.A.S.H.)
954.899.2702

PCC Alternative Housing
954.965.2925

MIAMI-DADE

Floridaassistedliving.us
by 55+
855.455.7587



Homestead Housing Authority
305.247.0639

Harbor House Special Needs Housing
305.371.0722

Hialeah Housing Authority
305.888.9744

Housing and Urban Development
305.536.5678

Little Haiti Housing Assn.
305.759.2542

Miami Housing Authority
305.532.6401

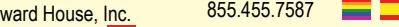
PCC Alternative Housing
305.931.0618

Public Housing Agency
786.469.4100

PALM BEACH

Palmbeachassistedliving.us
by 55+

855.455.7587



PBC Housing Authority
561.697.9615

Belle Glade Housing Auth.
561.996.2140

Boca Raton Housing Auth.
561.206.6200

Delray Bch. Housing Auth.
561.272.6766

Fair Housing Center of the Greater Palm Beaches
877.910.3247

Housing Partnership, Inc
561.841.3500

Pahokee Housing Auth.
561.924.2506

PBC Dep. of Housing & Community Development
561.233.3600

PBC – Human Services and Veterans Services
561.355.4775

PCC Alternative Housing
561.329.4337

WPB Housing Authority
561.655.8530

NATIONAL

Housing and Urban Development
202.708.1112/TTY
202.708.1455

LEGAL SERVICES SERVICIOS LEGALES

BROWARD

Broward County Bar Assn.
954.764.8040

Broward Consumer Affairs
954.765.4400

Office Public Defender
954.831.8650

Senior Intervention and Education Program
954.966.9805

Catholic Charities Legal
800.691.7530

Coast to Coast Legal Aid
954.736.2400

Hispanic Unity
954.964.8884



Legal Aid Service
954.765.8950

Office of the Attorney Gral
954.712.4600

MIAMI-DADE

ACLU – State HQ
305.740.5347

Catholic Charities Legal
305.373.1073

Consumer Affairs
305.375.3677

Dade Legal Aid Society
305.579.5733

Elder Helpline
305.670.4357

Guardianship of Dade
305.592.7642

Legal Services of Miami
305.576.0080

Office of the Attorney General
305.547.0671

PALM BEACH

Family Mediation Services
561.355.2739

Florida Rural Legal Svcs.
Belle Glade
561.993.0003
West Palm Beach
561.820.8902

Legal Aid Society of Palm Beach County
561.655.8944

PB Consumer Affairs
561.712.6600

Office of the Attorney Gral.
561.837.5000

Office Public Defender
Central West Palm Beach
561.355.7500

Criminal Justice Complex
561.688.4610

North County Complex
561.624.6560

South County Complex
561.274.1522

West County Complex
561.996.4880

PB County Bar Association
561.687.2800

STATE

Banking Regulations
850.410.9800

Consumer Services
850.410.3800

Florida Bar Association
850.561.5600

Florida Office of the Attorney General
866.966.7226

Insurance Regulations
850.410.9500

Seniors vs Crime Project
800.203.3099

Utility Commission
850.413.6100

 **LGBT SERVICES**
SERVICIOS PARA
LA COMUNIDAD GAY

BROWARD

Broward House, Inc.
954.522.4749

Broward
Poverello Center
954.561.3663

Care Resource Ft Laud.
954.567.7141

Center Action Network
954.765.6024

Dignity Fort Lauderdale
954.383.6389

Dolphin Democrats
866.478.8262

Lambda South Services
954.761.9072

LGBT Healthlink
954.765.6024

Log Cabin Republicans
954.566.4156

MCC Fort Lauderdale
954.462.2004

Noble A. McArtor Day Ctr
954-764-5055

Out of the Closet Store
954.358.5580

PFLAG Broward
954.540.3366

Pride Institute FL
877-PRIDE-46 

Stonewall Library &
Archives
954.763.8565

SunServe
954.764.5150

The Pride Center at
Equality Park
954.463.9005

MIAMI-DADE

Care Resource Miami
305.576.1234

Empowering Spirits Fdn
858.225.8700

Latinos Salud
305.397.8967

LGBT Visitor Center
305.397.8914

Log Cabin Republicans
786.443.9875

National Gay & Lesbian
Task Force
305.571.1924

Out of the Closet Store
305.764.3773

305.531.6800

PFLAG Homestead

305.989.1623

PFLAG Miami

786.763.2559

305.502.9010

Save Dade

305.751.7283

The Wellness Center
954.568.0152

PALM BEACH
Compass
561.533.9699

Dignity Palm Beach
561.309.0088

MCC of Boynton Beach
561.733.4000

MCC of the Palm Beaches
561.775.5900

Human Rights Council
561.586.0203

PFLAG Palm Beach
561.716.9464

STATE

Equality Florida
813.870.3735

NATIONAL

CDC AIDS Hotline
800.342.AIDS

Dignity USA

800.877.8797

Freedom to Marry
212.851.8418

Gay & Lesbian Alliance
Against Defamation
212.629.3322

Gay & Lesbian National
Hotline
888.843.4564

GMHC

800.243.7692

Human Rights Campaign
800.777.4723

Immigration Equality
212.714.2904

Línea Nacional del SIDA
800.344.7432

Log Cabin Republicans
202.420.7874

Matthew Shepard Fdn
303.830.7400

Metropolitan Community
Church (MCC)
310.360.8640

National Gay and Lesbian
Taskforce
202.393.5177

NCLR
415.392.6257

Parents, Families, and
Friends of Lesbians and
Gays (PFLAG)
202.467.8180

Senior Action in a Gay
Environment – SAGE
212.741.2247 

Stonewall Democrats
202.625.1382

Trevor Hotline
866.4.U.Trevor

Victory Fund
202.842.8679



 **SAVE THE DATE**
ACTIVE AGING EXPO

10 AM - Noon
Saturday, Oct. 16, 2021

www.ActiveAgingExpo.org

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with Your
Community



RESOURCE GUIDE

LGBT SERVICES / SERVICIOS PARA LA COMUNIDAD GAY
SPANISH PHONE LINE / LÍNEA TELEFÓNICA EN ESPAÑOL

GUÍA DE RECURSOS

MEDICAID

BROWARD

Medicaid Program Office
954.202.3200 x277

Medicaid Provider Svcs.
954.958.6500

MIAMI-DADE

Medicaid Program Office
305.593.3000

PALM BEACH

Medicaid Program Office
561.712.4400

STATE

Florida Medicaid
800.239.7560

The Florida Department of
Children & Families
866.762.2237

Medicaid Fraud Hotline
866.966.7226

Medicaid Options
888.367.6554

Medicaid Provider Svcs.
800.289.7799

NATIONAL

Centers for Medicare &
Medicaid Services
800.633.4227

Supplemental Security
Income (SSI)
800.772.1213

MEDICARE

STATE

CMS Regional Office -
Atlanta
404.562.7500

Florida Medical Quality
Assurance-Appeals
866.800.8754

Florida Department of
Elder Affairs (SHINE)
800.963.5337

NATIONAL

Centers for Medicare &
Medicaid Services
800.633.4227
877.486.2048/TTY

Medicare Rights Center
800.333.4114

Medicare Choices Helpline
800.633.4227

Medicare Fraud Hotline
800.447.8477

Social Security Admin.
800.772.1213

MENTAL HEALTH SERVICES

SERVICIOS DE SALUD MENTAL

BROWARD

ARC Broward Mental
Health Counseling
954.746.9400

Archways
954.763.2030

Behavioral Health
Associates of Broward
Counseling Centers of
Goodman JFS
954.909.0888

Broward County Elderly &
Veterans Services
954-357-6622

Broward County Human
Services
954.357.8600

Broward House, Inc.
954.522.4749

Care Resource Ft. Laud.
954.567.7141

FCH Senior Helpline
954.390.0485

Glass House
954.938.0055

Fort Lauderdale Hosp
800-585-7527

Henderson Mental Health
954.463.0911

Mental Health Association
954.746.2055

National Alliance on
Mental Illness
954.316.9907

NOVA Psychology Services
954.262.5730

Pride Institute FL
877-PRIDE-46

Silver Impact
954.572.0444

SunServe
954.764.5150

Women in Distress
954.760.9800

MIAMI-DADE

Bayview Center for Mental
Health
305.892.4600

Catholic Charities
Counseling Programs
866.758.0025

Care Resource Miami
305.576.1234

Center for Positive
Connections Miami
786.985.2818

Jewish Community of SFla
305.899.1587

Miami Counseling &
Resource Center
305.448.8325

County Health Department
305.324.2400

Miami-Dade Elder Helpline
305.670.4357

New Era Health Center
305.559.8838

Prog for Anxiety, Stress,
& OCD-Hoarding Svcs
305.284.5394

The Village South
305.573.3784

PALM BEACH

Alpert Jewish Family &
Children's Services
561.684.1991

Glades Crisis Stabilization
561.993.8022

Jerome Goldman Center
for Behavioral Health
561.383.8000

Mental Health Association
of Palm Beach County
561.832.3755

National Alliance for the
Mentally Ill or PBC
561.588.3477

Palm Beach Center for
Personal Enrichment
561.776.1660

Senior Focus
561.882.0252

South County Mental
Health Center
561.495.0522

STATE

Fla Kinship Care Warmline
800.640.6444

Natl Alliance on Mental Illness
850.671.4445

NATIONAL

Mental Health America
800-969-6642

Natl Alliance on Mental Illness
800.950.6264

Natl. Inst. of Mental Health
866-615-6464

**NURSING / REHAB.
CENTERS
SANATORIOS
Y CENTROS DE
REHABILITACIÓN**

AVVENTURA

Palm Garden of Aventura
21251 E Dixie Hwy
305.935.4827

Regents Park at Aventura
18905 NE 25th Ave
305.932.6360

VI at Aventura
19333 W Country Club Dr
305.692.4700

BOCA RATON

Avante at Boca Raton
1130 NW 15th St
561.394.6282

Boca Raton Rehab Center
755 Meadows Rd
561.391.5200

Encore at Boca Raton
7300 Del Prado S
561.392.3000

Health Ctr at Sinai Res
21044 95 Ave South
561.609.4100

Heartland Health Care Ctr
7225 Boca Del Mar Dr
561.362.9644

ManorCare Health Svcs
375 NW 51st St
561.997.8111

Menorah House
9945 Central Park Blvd
561.483.0498

Regents Park Nursing-
Rehab
6363 Verde Trl
561.483.9282

Stratford Court
6343 Via de Sonrisa del
Sur
561.392.5940

Willowbrooke Court
6152 Verde Trl N
561.487.5200

Willowbrooke Ct at
Edgewater Pt Estates
23305 Blue Water Cir
561.368.5600

BOYNTON BEACH

Barrington Terrace
1425 S Congress Ave
561.369.7919

Boulevard Rehabilitation
2839 S. Seacrest Blvd.
561.732.2464

Boynton Beach Nursing
9600 Lawrence Rd
561.740.4100

Heartland Health Care
Center
3600 Old Boynton Rd
561.736.9992

Manor Care Health Svcs
3001 S Congress Ave
561.737.5600

Ventura Health Care Ctr
7900 Venture Center Way
561.736.6000

COCONUT CREEK

Solaris
4125 W Sample Rd
954.968.8333

CORAL GABLES

Riviera Health Resort
6901 Yumuri St
786.517.6999

CORAL SPRINGS

Park Summit
8500 Royal Palm Blvd
954.752.9500

DANIA

Cross Pointe Care Center
440 Phippen Waiters Rd
954.927.0508

DEERFIELD BEACH

Deerfield Beach Health-
Rehab
401 E Sample Rd
954.941.4100

Forum at Deer Creek
3001 Deer Creek Country
Club Blvd
954.698.6269

DELRAY BEACH

Abbey Delray South
1717 Homewood Blvd
561.272.9600

Harbour's Edge
401 E Linton Blvd
561.272.7979

**Health Center at Abbey
Delray**

2105 SW 11th Ct
561.454.5243

Lakeview Care Center
5430 Linton Blvd
561.495.3188

ManorCare Health Svcs
16200 Jog Rd
561.638.0000

FORT PIERCE

Fort Pierce Health Care
611 S 13th St
772.464.5262

Sandgate Gardens
703 S 29th St
772.466.3322

Sunrise City Rehab

700 S 29th St
772.465.7560

FT LAUDERDALE

Broward Nursing & Rehab
1330 S Andrews Ave
954.524.5587

Fort Lauderdale Health-
Rehab
2000 E Commercial Blvd
954.771.2300

**Harbor Beach Nursing
Rehab**

1615 S Miami Rd
954.523.5673

Manor Oaks Nursing &
Rehabilitation
2121 E Commercial Blvd
954.771.8400

HIALEAH

Hialeah Nursing & Rehab
190 W 28th St
305.885.2437

NSPIRE Healthcare
Miami Lakes
5725 NW 186th St
305.625.9857

Palmetto Health Center
6750 W 22nd Ct
305.512.4688

Susanna Wesley Health
Center
5300 W 16th Ave
305.556.3500

**HIALEAH
GARDENS**

Signature Healthcare of
Waterford
8333 W Okeechobee Rd
305.556.9900

Villa Maria West
8850 NW 122 St
305.351.7181

HOBE SOUND

Terrace at Hobe Sound
9555 SE Federal Hwy
772.546.5800

HOLLYWOOD

Golfcrest Healthcare
Center
600 N 17th Ave
954.927.2531

HILLCREST

Hillcrest Nursing & Rehab
Center
4200 Washington St
954.981.6300

HOMESTEAD

Homestead Manor
1330 NW 1st Ave
305.248.0271

Signature Healthcare of
Brookwood Gardens
1990 S Canal Dr
305.246.1200

JUNO BEACH

Waterford Health Care
Center
601 Universe Blvd
561.627.3800

JUPITER

Jupiter Gardens
Rehabilitation Center
17781 Thelma Ave
561.746.2998

Jupiter Medical Center
Pavilion
1230 S Old Dixie Hwy
561.744.4444

KENDALL

NSPIRE Healthcare
Kendall
9400 SW 137th Ave
305.385.8290

KEY WEST

Key West Health and
Rehabilitation Center
5860 W Jr College Rd
305.296.2459

RESOURCE GUIDE

LGBT SERVICES / SERVICIOS PARA LA COMUNIDAD GAY
SPANISH PHONE LINE / LÍNEA TELEFÓNICA EN ESPAÑOL

GUÍA DE RECURSOS

LAKE PARK

North Lake Rehab & Health Center
750 Bayberry Dr
561.881.8144

LAKE WORTH

The Village of High Ridge
1800 South Dr
561.588.4333

Avante at Lake Worth
2501 North A St
561.585.9301

Crossings
4445 Pine Forest Dr
561.965.5954

Medicana Nursing-Rehab
1710 Lake Worth Rd
561.582.5331

Oasis Health & Rehab
1201 12th Ave S
561.586.7404

Signature Healthcare of Palm Beach
4405 Lakewood Rd
561.969.1400

Terraces of Lake Worth
1711 6th Ave S
561.586.0808

LANTANA

Hamlin Place
2180 Hypoluxo Rd
561.582.6711

VI at Lakeside Village
2792 Donnelly Dr
561.963.2100

LAUDERDALE LAKES

Palms Rehab & Nursing Ctr
3370 NW 47th Ter
954.733.0655

St John's Nursing Center
3075 NW 35th Ave
954.739.6233

LAUDERHILL

Life Care Ctr at Inverrary
4300 Rock Island Rd
954.485.6144

NSPIRE Healthcare
Lauderhill
954.485.8873

MARGATE

Margate Health Care Ctr
5951 Colonial Dr
954.979.6401

MIAMI

Coral Gables Nursing-Rehab
7060 SW 8th St
305.261.1363

Coral Reef Nursing-Rehab
9869 SW 152nd St
305.255.3220

Cross Gardens Care Ctr
190 NE 191st St
305.651.9690

East Ridge Retirement Village
19301 SW 87th Ave
305.238.2623

Fair Havens Center
201 Curtiss Pkwy
305.887.1565

Floridean Nursing Home
47 NW 32nd Pl
305.649.2911

Franco Nursing and Rehabilitation Center
800 NW 95th St
305.836.1550

Golden Glades Rehab
220 Sierra Dr
305.653.8427

Harmony Health Center
9820 N Kendall Dr
305.271.6311

Hialeah Shores Nursing-Rehab
8785 NW 32nd Ave
305.691.5711

Jackson Memorial Care Ctr
2500 NW 22nd Ave
786.466.3000

Jackson Memorial Perdue Medical Center
19590 Old Cutler Rd
786.466.3500

Jackson Plaza Nursing-Rehab
1861 NW 8th Ave
305.347.3380

Miami Jewish Home & Hospital
5200 NE 2nd Ave
305.751.8626

Miami Shores Nursing-Rehab
9380 NW 7th Ave
305.759.8711

Nursing Center at Mercy
3671 S Miami Ave
305.854.1110

Palace Nursing & Rehab
11215 SW 84th St
305.271.2225

Palmetto Sub Acute Care Center
7600 SW 8th St
305.261.2525

Pines Nursing Home
301 NE 141st St
305.893.1102

Ponce Plaza Nursing & Rehabilitation Center
335 SW 12th Ave
305.545.6695

Riverside Care Center
899 NW 4th St
305.326.1236

Sinai Plaza Nursing & Rehabilitation Center
201 NE 112th St
305.899.4700

South Dade Rehab
17475 S Dixie Hwy
305.255.1045

St Anne's Nursing Center
11855 Quail Roost Dr
305.252.4000

Unity Health & Rehab Ctr
1404 NW 22nd St
305.325.1050

University Plaza
724 NW 19 St
305.325.2300

Victoria Nursing & Rehab
955 NW 3rd St
305.548.4020

West Gables Healthcare
2525 SW 75th Ave
305.265.9391

MIAMI BEACH

Sands at South Beach Care Ctr
42 Collins Ave
305.672.1771

NORTH MIAMI

North Bay Village
Treasure Isle Care Center
1735 N Treasure Dr
305.865.2383

North Dade Rehab
1255 NE 135th St
305.891.6850

Arch Plaza Nursing & Rehab
12505 NE 16th Ave
305.891.1710

Claridge House Nrs & Rehab
13900 NE 3rd Ct
305.893.2288

Fountain Manor Rehab
390 NE 135th St
305.895.4804

Pinecrest Rehab
13650 NE 3rd Ct
305.893.1170

Villa Maria Nursing Center
1050 NE 125th St
305.891.8850

NORTH MIAMI BEACH Aventura Rehab 1800 NE 168th St 305.947.3445	PLANTATION Covenant Village Care Ctr 9211 W Broward Blvd 954.472.2860	ROYAL PALM BEACH Royal Palm Bch Rehab 600 Business Pkwy 561.798.3700	Darcy Hall of Life Care 2170 Palm Beach Lakes Blvd 561.683.3333
Hampton Court Nursing 16100 NW 2nd Ave 305.354.8800	NSPIRE Healthcare Plantation 6931 W Sunrise Blvd 954.583.6200	STUART Martin Nursing & Rest Care 6011 SE Tower Dr 772.223.8777	Edward J Healey Rehab and Nursing Center 5101 W Blue Heron Blvd (561) 842-6111
Krystal Bay 16650 W Dixie Hwy 305.945.7447	Plantation Nursing-Rehab 4250 NW 5th St 954.587.3296	Salerno Bay Manor 4801 SE Cove Rd 772.286.9440	Joseph L Morse Geriatric 4847 Fred Gladstone Dr 561.471.5111
North Beach Rehab Ctr 2201 NE 170th St 305.945.1401	West Broward Care Center 7751 W Broward Blvd 954.473.8040	Solaris 800 SE Central Pkwy 772.287.9912	Lakeside Health Center 2501 N Australian Ave 561.655.7780
PAHOKEE Glades Health Care Ctr 230 S Barfield Hwy 561.924.5561	POMPANO BEACH Court at Palm Aire 2701 N Course Dr 954.975.8900	Stuart Nursing & Rest. Care 1500 Palm Beach Rd 772.283.5887	Lourdes Noreen McKeen Residence 315 S Flagler Dr 561.655.8544
PALM BEACH GARDENS Chatsworth at PGA National 347 Hiatt Dr 561.227.3200	John Knox Village Health Circle 830 Lakeside Ctr 954.783.4001	SUNRISE Regents Park of Sunrise 9711 W Oakland Park Blvd 954.572.4000	ManorCare Health Svcs 2300 Village Blvd 561.478.1800
Gardens Court 3803 PGA Blvd 561.626.1125	Pompano Rehab & Nursing Center 51 W Sample Rd 954.942.5530	Springtree Rehab Center 4251 Springtree Dr 954.572.4251	Palm Garden of WPB 300 Executive Center Dr 561.471.5566
HCR Ctr – Prosperity Oaks 11375 Prosperity Farms Blvd 561.626.9702	Seaview Nursing & Rehab 2401 NE 2nd St 954.943.5100	Sunrise Health & Rehab 4800 Nob Hill Rd 954.577.3530	Rehab Center of the PB 301 Northpoint Pkwy 561.712.1717
Nursing Center at La Posada 3500 Masterpiece Way 561.514.5000	PORT ST LUCIE Gardens of Port St Lucie 1699 SE Lyngate Dr 772.335.9990	TAMARAC NSPIRE Healthcare Tamarac 5901 NW 79th Ave 954.722.7001	Renaissance Health & Rehab 5065 Wallis Rd 561.689.1799
PALM CITY Palm City Nursing-Rehab 2505 SW Martin Hwy 772.288.0060	Emerald Health Care Center 1655 SE Walton Rd 772.337.1333	Tamarac Rehab & Health 7901 NW 88th Ave 954.722.9330	Wood Lake Nursing & Rehab – Greenacres 6414 13th Rd S 561.478.9900
Water's Edge Extended Care 1500 SW Capri St 772.223.5863	Life Care Center 3720 SE Jennings Rd 772.398.8080	TAVERNIER Crystal Nursing 48 High Point Rd 305.853.0799	WELLINGTON Addington Place 13330 Nuvista Ave 561.795.3360
PEMBROKE PINES Alexander Nininger State Veterans Nursing 8401 W Cypress Dr 954.985.4824	Palm Garden of P. St Lucie 1751 SE Hillmoor Dr 772.335.8844	WEST PALM BEACH Port St Lucie Nursing & Rest. 7300 Oleander Ave 772.466.4100	WILTON MANORS Manor Pines Convalescent 1701 NE 26th St 954.566.8353
Memorial Manor 777 S Douglas Rd 954.276.6200	Tiffany Hall Nursing & Rehab 1800 SE Hillmoor Dr 772.337.3565	Consulate Health Care of WPB 1626 Davis Rd 561.439.8897	Wilton Manors Health & Rehab 2675 N Andrews Ave 954.563.5711
		Coral Bay Healthcare & Rehab 2939 S Haverhill Rd 561.641.3130	

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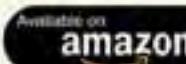
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PREScription ASsistance	GlaxoSmithKline Orange Card 888.672.6436	CARES – Dep. of Elder Affairs 954.597.2240	SunServe 954.764.5150 
BROWARD	Lilly Cares Foundation 800.545.6962	Daniel D. Cantor Senior Center 954.742.2299	Sunset Lakes Senior Ctr 954.602.3347
AIDS Health Foundation 954-522-3132	Medicare-Approved Drug Discount Cards 800.633.4227	Family Link Care Mgmt Goodman JFS 954.909.0798	MIAMI-DADE Alliance for Aging 305.670.6500
Broward Cty Human Svcs. Prescription Drug Discount Cards 877.321.2652	Merck Patient Assist. Prog. 800.727.5400	First Call 211	CARES – Department of Elder Affairs 786.336.1400
PALM BEACH	Novartis Care Card 866.974.2273	Focal Point Senior Centers NW – 954.973.0300 NE – 954.480.4449 SW – 954.450.6888	South Miami-Dade 305.671.7200
PBC Prescription Drug Assistance Program 866.489.7594	Pfizer Helpful Answers 866.706.2400	Easter Seals Miami-Dade 305.325.0470	
STATE	Partnership for Prescription Assistance 888.477.2669	Fred Lippman Multi-Purpose Center 954.921.3408	Everglades Comm. Assn. 305.242.2142
Florida Discount Drug Card Program 866.341.8894/TTY 866.763.9630	People Prescription Plan 800.566.0003	Gilda's Club South Florida 954.763.6776	Guardianship Program of Dade County 305.592.7642
Serving Health Insurance Needs of Elders (SHINE) 800.963.5337	RxAssist (Healthcare Providers ONLY) 877.844.8442	Hallandale Senior Mini-Ctr 954.457.1460	Jewish Community Services of South Florida 305.576.6550
NATIONAL	RxAssist Patient Assist. 401.729.3284	Health Innovations-Active Older Adult Prog 954.334.9622	Hispanic AIDS Awareness Program 305.860.0780 
AARP Medication Savings Card(members) 800.456.2277	Senior Pharmacy Card 800.377.1614	Hispanic Unity Center - Renacer 954.964.8884 	Little Havana Activities & Nutrition Centers 305.858.0887
Abbott Patient Assistance Foundation 800.222.6885	The Medicine Program 573.996.7300	Miramar Senior 954.889.2707	National Parkinson Foundation South Florida 305.243.1061
AstraZeneca Patient Prescription Assist. Prog. 800.292.6363	Together Rx Access 800.444.4106	Coral Springs Senior Supper Club 954.344.3344	Ombudsman North Dade 786.3361418
Boehringer Ingelheim Cares Foundation 800.556.8317	US Food and Drug Admin 888.463.6332	OCD Resource Center 954.962.6662	Ombudsman South Dade 305.671.7245
Bristol-Myers Squibb Patient Assistance Foundation 800.736.0003	SENIOR SUPPORT ORGANIZATIONS SERVICIOS DE AYUDA PARA EL MAYOR	Ombudsman Broward 954.597.2266	Service Corp of Retired Executives 786.425.9119
Caremark Prescription Discount Program 888.620.1749	55+ Resources Directory 855.455.7587 	Plantation Community Outreach Center 954.916.5601	PALM BEACH Area Agency on Aging 561.684.5885
Eisai Assistance Program 855.347.2448	Aging and Disability Resource Center 954.745.9779	Senior Action in a Gay Environment – SAGE 954.634.7219 	Boynton Beach Senior Ctr. 561.742.6570
Free Medicine Foundation 573.996.3333	Broward County Elderly and Veteran Services 954.357.6622	Soref JCC 954.792.6700	CARES – Department of Elder Affairs 561-840-3150
		Sunrise Senior Center 954.746.3670	North County Senior Ctr. 561.694.5435

RESOURCE GUIDE

LGBT SERVICES / SERVICIOS PARA LA COMUNIDAD GAY
SPANISH PHONE LINE / LÍNEA TELEFÓNICA EN ESPAÑOL

GUÍA DE RECURSOS

Ombudsman Palm Beach
561.837.5038

The Volen Senior Center
561.395.8920

West County Senior Ctr.
561.996.4808

STATE

AARP Florida
866.595.7678

Florida Dep. of Elder Affairs
850.414.2000

Florida Council on Aging
850.222.8877

Florida Ombudsman Prog.
888.831.0404

NATIONAL

Children of Aging Parents
800.227.7294

National Eldercare Locator
800.677.1116

National Family Caregivers Association
800.896.3650

Senior Action in a Gay Environment – SAGE
212.741.2247 

SHELTERS REFUGIOS

BROWARD

Broward Partnership for the Homeless
954.779.3990

Broward Outreach Hollywood
954.926.7417

Broward Outreach Pompano
954.979.6365

EASE Foundation
954.797.1077

Henderson Mental Health
954.463.0911

Jubilee Ctr. of S. Broward
954.920.0106

Our Father's House Soup Kitchen
954.968.7550

Second Chance Society
954.763.5999

The Homeless Voice Shelter
954.924.3571

Women in Distress
954.760.9800

MIAMI-DADE

Camillus House
305.374.1065

Concept House
305.751.6501

Douglas Gardens CMHC Homeless Assistance Program
305.531.5341

Gifts of Hope (women)
305.326.0032

Homeless Assistance Ctr.
305.329.3000

Lotus House
305.576.4780

Miami City Mission
305.576.3725

Miami Rescue Men
305.571.2211

Miami Rescue Women
305.371.3124

New Life Family of Catholic Charities
305.573.3333

Salvation Army – (Men's)
305.637.6720

PALM BEACH

Aid to Victims of Domestic Abuse
800.355.8547

Association for Abused Women & Children Shelter
561.586.1888

Clean Time Inn (Mens)
561.547.4357

Operation Hope Inc
561.842.2260

Program REACH Homeless Shelter
561.845.0515

Salvation Army Area Command
561.686.3530

The Federal of Windsor
561.385.7343

The Niners of Windsor
561.385.7343

SOCIAL SECURITY SEGURIDAD SOCIAL

Vetsville Cease Fire House, Inc
561.736.4325

MIAMI-DADE

Alcoholics Anonymous
305.461.2425

Alcoholics Anonymous
305.642.2805 

Better Way of Miami, Inc
305.634.3409

Concept House
305.751.6501

BROWARD

Alcoholics Anonymous
954.462.0265

Broward Addiction Recovery Center (BARC)
954.765.4200

Broward House, Inc.
954.522.4749 

Faith Farm Ministries
954.763.7787

Fort Lauderdale Hosp
800-585-7527

Glass House
954.938.0055

Lambda South Clubhouse
Alcohol recovery
954.761.9072 

NOVA SE University
Healthy Lifestyles Guided Self-Change Program
954.262.5968

Pride Institute FL
877-PRIDE-46 

Spectrum Programs
954.781.4406

SunServe
954.764.5150 

Susan B Anthony Recovery
954.733.6068

The Starting Place
954.327.4060

United Way Commission on Substance Abuse
954.760.7007

SUBSTANCE ABUSE ADICIONES

Alcoholics Anonymous
305.642.2805 

Better Way of Miami, Inc
305.634.3409

Concept House
305.751.6501

EASE

Fellowship House
305.667.1036

Genesis Outpatient Detox
786.275.8615

Giordano & Goldfarb Holistic Addiction Treatment Center, Inc
800.559.9503

Harmony House for Women
305.879.7750

Jewish Community Services of South Florida
305.899.1587

Spectrum Programs 305.757.0602	Sistah to Sistah Recovery House 561.837.9997	Sunrise Senior Medical Transport 954.746.3677	VETERAN SERVICES SERVICIOS PARA VETERANOS
The Village South 305.573.3784	Sunset House 561.627.9701	"TOPS" Broward County Paratransit Service 954.357.6794	BROWARD Blind Veterans Assoc 954.748.9428
Transitions Recovery Prog 305.949.9001	The Crossroads Club 561.278.8004	Tri Rail 800.874.7245	Broward County Elderly & Veterans Services Division 954-357-6622
PALM BEACH			
Abiding Hearts 561.833.3300	The Lord's Place, Inc 561.494.0125		
Alcoholics Anonymous 561.655.5700	The Phoenix House 561.585.2508	MIAMI-DADE Community Action Agency Transportation Unit 786.469.4603	Broward County VA Clinic 954.475.5500
Center for Family Services of PBC Recovery Program 561.616.1222	Wayside House 561.278.0055	Jewish Community Services of South Florida 305.576.6550	Ft. Lauderdale Veterans 954.356.7926
NATIONAL			
Comprehensive Alcoholism Rehabilitation Programs, Inc (CARP) 561.844.6400	Alcoholics Anonymous 212.870.3400	Metrobus 305.891.3131	MIAMI-DADE Department of Veterans Affairs Medical Center 305.575.7000
TRANSPORTATION TRANSPORTE			
BROWARD			
Counseling Services of Lake Worth 561.547.0303	Air Ambulance Professionals 954.491.0555	Miami-Dade Elder Helpline 305.670.4357	Miami-Dade County Veteran Service Office 305.270.2940
Drug Abuse Foundation of Palm Beach County, Inc 561.732.0800	Broward County Transit 954.357.8400	North Miami Foundation for Senior Citizens 305.893.1450	Miami Veterans Center 305.718.3712
Drug Abuse Treatment Ass. 561.743.1034	954.357.8302/TTY	Senior Ride 305.673.8658	PALM BEACH Faith Hope Love Charity 561.968.1612
Faith Farm Ministries 561.737.2259	Broward Urban Shuttle 954.295.6709	Special Needs Registry 305.513.7700	PBC Division of Human and Veterans Services 561.274.3130
Faith, Hope, Love & Charity 561.968.1612	Cooper City Bus Service 954.434.4300 X255	Special Transportation Service STS 786.469.5000	PBC Veteran Svc. Office 561.355.4761
Fern House 561.471.0430	Focal Point Senior Centers NW – 954.973.0300 NE – 954.480.4449 SW – 954.450.6888	Palm Tran 561.841.4200	Palm Beach Veterans Ctr. 561.422.1201
Gratitude House 561.833.6826	Town of Davie Bus 954.797.1045	Angel Flight Southeast 800.352.4256	VA Medical Center 800.972.8262
Growing Together, Inc 561.585.0892	Hallandale Beach Bus 954.457.1620	Florida Commission for the Transp. Disadvantaged 800.983.2435	Vetsville Cease Fire House, Inc 561.736.4325
Jewish Family Service 561.852.3333	JET Express-Goodman JFS 954.909.0839	Fla Department of Transp. 866.374.3368	STATE Florida Department of Veterans Affairs 850.487.1533
Palm Coast Area Narcotics Anonymous 561.848.6262	MediVan 954.735.1996	Corporate Angel Network 866.328.1313	NATIONAL U.S. Dept of Veterans Affairs 800.827.1000
Partnership for a Drug Free Comm. of S. Florida 561.844.5952	Miramar Senior Transp. 954.602.2711	National Patient Travel Ctr. 800.296.1217	
Regeneration Center 561.655.2204	Pompano Beach Bus 954.970.5342	U.S. Depart. of Transp. American Disabilities Act 888.446.4511	Tri-Care 800.444.5445

**VISION
RESOURCES**
**RECURSOS PARA
LA VISION**

BROWARD

BC Vision Care Clinic
954.201.2400

Broward Blind Services
954.497.3360

Fdn Fighting Blindness
954.308.5555

Lighthouse of Broward
954.463.4217

The Learning Center
954.742.3214

MIAMI-DADE

Florida Lions Eye Bank
305.324.4340

Lighthouse for the Blind
305.856.2288

Miami-Dade Blind Svs
305.377.5339

PALM BEACH

Florida Outreach Center
561.642.0005

PBC Blind Services
561.681.2548

Lighthouse for the Blind
561.586.5600

STATE

Florida Council of the Blind
800.267.4448

Fla. Div. of Blind Services
800.342.1828

Southeastern Guide Dogs
800.944.3647

NATIONAL

Fdn Fighting Blindness
800.683.5555

Jewish Books V Impaired
800.433.1531

National Fed. of the Blind
410.659.9314

Resource Line - Braille
800.272.4553

Seniors Eye Care Program
800.222.3937

**VOLUNTEER
OPPORTUNITIES**
**OPORTUNIDADES
PARA
VOLUNTARIOS**

BROWARD

Goodman Jewish Family
Services
954.909.0829

Literacy Volunteers
954.357.6230

Hispanic Unity

954.964.8884



Senior Volunteer Services
954.484.7117

Retired Exec Corp
954.356.7263

Shine
954.745.9779

Guardian ad Litem Prog
954.831.6477

SunServe
954.764.5150



Volunteer Broward
954.233.1300

YMCA South FL
954.334.9622

MIAMI-DADE

Empower "U", Inc.
786.318.2337



Foster Grandparent Prog.
305-514-6000

Jewish Senior Comp Prog
305.514.6000

Jewish Community Svs
305.403.6500

RSVP Miami-Dade
305.514.6077

Retired Exec Corp

786.425.9119

YMCA South FL
305.357.4000

PALM BEACH

Alpert Jewish Family Svs
561.684.1991

Area Agency on Aging
561.684.5885

Jewish Federation of PBC
561.478.0700

Jewish Family Services
561.852.3333

Mentor Center of PBC
561.375.6638

YMCA South FL
561.968.9622

STATE

Florida Ombudsman Prog.
850.414.2323

United Way of FL
850-488-8287

Volunteers of America
727.369.8500

NATIONAL

Volunteers of America
800.899.0089



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- ◆ CASAS DE ASISTENCIAS
- ◆ GERIÁTRICOS CON CUIDADOS PERSONALES
- ◆ UNIDADES PARA PERSONAS CON ALZHEIMER'S
- ◆ SANATORIOS/ASILOS PARA ANCIANOS



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BROWARD: **954-965-2925**

MIAMI-DADE: **305-931-0618** PALM BEACH: **561-329-4337**

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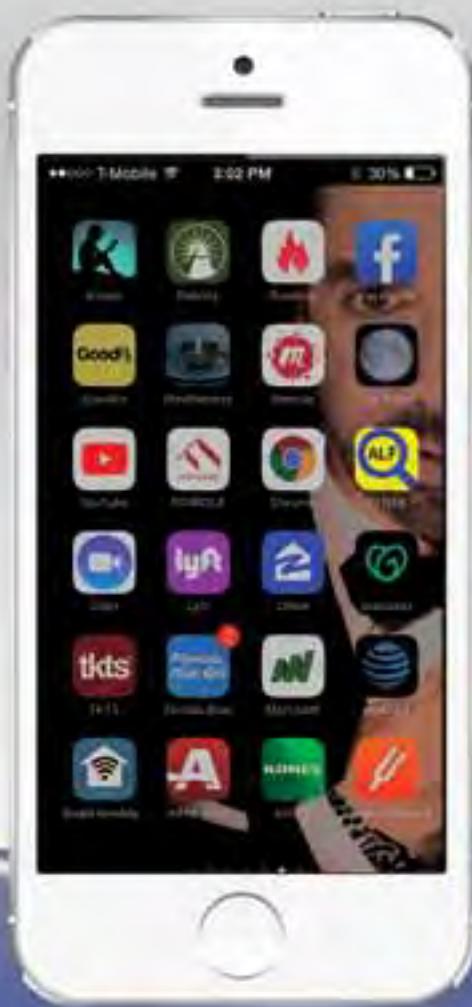
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