# Hot Weather Policy



The committee and coaches are aware of the potential health risks while playing or training in hot weather and we take steps to ensure that such discomfort is kept to a minimum.

The Clubrooms are situated in the Millgrove Recreation Reserve which is a designated Bushfire Place of Last Resort within the Yarra Ranges

https://www.yarraranges.vic.gov.au/Environment/Emergencies/Preparing-for-anemergency/Community-Fire-Refuge-Neighbourhood-Safer-Places

In addition to the automatic cancellation and modifications listed in this policy, the Club reserves the right to cancel or modify the playing times of the competition on any given day or night if the playing conditions are deemed to be extreme.

## Determination of the conditions can be made by the Club up to 8am of the morning of the scheduled activity

The Club will make the decision to modify or cancel games/training if:

- There is an Extreme or Code Red Fire Danger warning in place
- The forecasted temperature according to the Bureau of Meteorology http://www.bom.gov.au/products/IDV65079.shtml is as follows:
- 36°C The Club will cancel scheduled training/games if the forecasted temperature 1 hour before the scheduled start time is **above 36°C**
- 32°C If the forecasted temperature is **above 32°C** as of the Bureau of Meteorology forecast an hour before the game or training is due to commence, these modifications will occur:
  - Drink breaks to occur every 15 minutes
  - Ice packs to be on hand
  - Every player/volunteer to have a drink bottle

Participants can check our website or Facebook page to check the status of the day's games or training for updated information

#### Coaches have an important say

The Club grants our coaches the authority to make decisions regarding the continuation of training/games based on this policy or on the situation and conditions of participants and the environment, even if this decision is made at the beginning or during any scheduled activities. We fully support our coaches and key volunteers to have the players' health and/or discomfort in mind when their decisions are being made.

### Parents, coaches and team managers can assist by:

- Ensuring participants are adequately hydrated prior to, during and after activity
- Ascertain whether any participants have any known medical conditions which may be affected by the conditions
- Make use of all available substitute players as appropriate
- Utilise all available drink breaks

#### Yarra Ranges Neighbourhood Safer Places (Bushfire Places of Last Resort)

- Neighbourhood Safer Places (Bushfire Places of Last Resort) do not replace having a well thought out and practiced survival plan and you should only visit a Neighbourhood Safer Place or Community Fire Refuge as a last resort.
- They do not provide the same level of protection as a well-constructed defendable home, private or neighbourhood bushfire shelter or a community fire refuge.
- These are open spaces such as an oval that CFA has assessed as a buffer zone to fire hazards. CFA have also assessed these locations for potential heat impact.
- These locations may provide limited protection from radiant heat. Radiant heat is the biggest killer in bushfires. It will not protect you from smoke or embers.
- The Millgrove Recreation Reserve is a designated Neighbourhood Safer Places-Bushfire place of last resort. You can learn more about Neighbourhood Safer Places on the CFA website.