

FULL CLIENT DISCLOSURE & RIGHT TO REFUSE TELE-THERAPY SERVICES

TeleTherapy is not intended for clients who: have a history of major psychiatric episodes, hospitalizations, or drug/alcohol dependence, have been diagnosed with any of the following - Borderline Personality Disorder, Major Depressive Disorder - Severe, Bipolar Disorder Type 1, Schizophrenia, or have a history of suicidal, homicidal, or violent behavior. I do not work with anyone who is actively using illegal drugs and/or alcohol.

If you have any history of major psychiatric episodes, hospitalizations or drug/alcohol dependence or have been diagnosed with any of the following - Borderline Personality Disorder, Major Depressive Disorder - Severe, Bipolar Disorder Type 1, or Schizophrenia - you must disclose this information to your therapist prior to being considered for online counseling services. Failure to do so or knowingly misleading or withholding the above said information excludes Sunshine Haven Therapy LLC / Ivonne Garcia LCSW from any legal obligation or liability related to said client's diagnosis, prognosis, outcome and actions. If it is deemed at any point in the treatment that your needs are greater than my area of expertise or scope of practice and you are unsuitable for Tele-Counseling services, I reserve the right to refuse/end treatment and appropriate referral sources will be provided.

VERIFICATION OF IDENTITY

Prior to scheduling my initial therapy session, you will be required to provide demographic information and upload your current driver license (for identification purposes only), emergency contact information, and indicate your location. If my address on the submitted ID is not included or not current, I will provide my clinician with my current correct address.

REQUEST OF LETTERS FOR LEGAL PURPOSES / FMLA PAPERWORK

Sunshine Haven Therapy LLC / Ivonne Garcia LCSW does not provide letters for legal purposes or complete FMLA paperwork as this is outside of the scope of practice. Referrals to appropriate provider sources such as Forensic Psychologist or a Physician will be provided.

TELEHEALTH INFORMED CONSENT

I	, consent to engaging in telehealth sessions with
	as a part of the therapy process and achievement of



my treatment goals. I understand that telehealth psychotherapy may include mental health evaluation, assessment, consultation, treatment planning, and therapy. Telehealth will occur primarily through interactive audio, video, telephone and/or other audio/video communications.

I understand I have the following rights with respect to telehealth:

- 1) I have the right to withhold or remove consent at any time without affecting my right to future care or treatment, nor endangering the loss or withdrawal of any program benefits to which I would otherwise be eligible.
- 2) The laws that protect the confidentiality of my personal information also apply to telehealth. As such, I understand that the information released by me during the course of my sessions is generally confidential. There are both mandatory and permissive exceptions to confidentiality including but not limited to reporting child and vulnerable adult abuse, expressed imminent harm to oneself or others, or as a part of legal proceedings where information is requested by a court of law. I also understand that the dissemination of any personally identifiable images or information from the telehealth interaction to other entities shall not occur without my written consent.
- 3) I understand that there are risks and consequences from telehealth including but not limited to, the possibility, despite reasonable efforts on the part of Sunshine Haven Therapy that: the transmission of my personal information could be disrupted or distorted by technical failures and/or the transmission of my personal information could be interrupted by unauthorized persons.

In addition, I understand that telehealth-based services and care may not be as complete as in- person services. I understand that if my therapist believes I would be better served by other interventions, I will be referred to a mental health profession who can provide those services in my area. I also understand that there are potential risks and benefits associated with any form of mental health treatment, and that despite my efforts and the efforts of my therapist, my condition may not improve, or may have the potential to get worse.

4) I understand that I may benefit from telehealth services, but that results cannot be guaranteed or assured. I understand that the use of audio/video systems are not 100% secure and may have issues with Wi-Fi connectivity. All attempts to keep information confidential while using these systems will be made but a guarantee of 100% confidentiality cannot be made with inherent issues with these communication systems. Signing this form



shows an awareness of these issues and a decision by me to use these systems for telehealth services. I will not hold Sunshine Haven Therapy liable for gathering or use of client information by these service providers.

- 5) I understand I have the right to access my personal information and copies of my case notes. I have read and understand the information provided above. I have discussed these points with my therapist, and all of my questions regarding the above matters have been answered to my approval.
- 6) By signing this document, I agree that certain situations including emergencies and crises are not appropriate for audio/video/computer-based psychotherapy services. If I am in crisis or in an emergency, I should immediately call 911 or go to the nearest hospital or crisis facility. By signing this document, I demonstrate my understanding that emergency situation may include thoughts about hurting or harming myself or others, having uncontrolled psychotic symptoms, if I am in a life threating or emergency situation, and/or if I am abusing drugs or alcohol and am not safe. By signing this document, I acknowledge I have been told that if I feel suicidal, I am to call 911, local county crisis agencies or the National Suicide Hotline at 1-800-273-8255.

Phone Number where you can be reached to restart the session or to reschedule, in the event of technical problems.		
Signature of Client	Date	
Printed Name of Client		