

UNIVERSAL

FITNESS | HEALTH | PREPAREDNESS | SAFETY | WELLNESS



Universal provides training and certification in emergency cardiac care and rapid first aid response.





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Greater Houston Area



ADULT & PEDIATRIC FIRST AID/CPR/AED

Offering participant focused instruction in Emergency Care Provider training using American Heart Association, American Red Cross, and National Safety Council programs

WE OFFER



BASIC LIFE SUPPORT FOR HEALTHCARE PROVIDERS

Designed to help healthcare providers and public safety professionals meet various certificate and licensing requirements. All curriculum is American Heart Association and American Red Cross certified.



EMERGENCY MEDICAL RESPONSE TRAINING

The American Red Cross Emergency Medical Response (EMR) course is designed to provide the participant with the knowledge and skills necessary to work as an emergency medical response (EMR) to help sustain life, reduce pain and minimize the consequences of injury or sudden illness until more advanced medical personnel take over.

BECAUSE LIFE MATTERS