

# December



# 2023



**Monroe County Senior  
Citizens & Friends, Inc**  
**144 College Street S**  
**Madisonville, TN 37354**  
**Phone 423-442-2022**

**Monday – Friday 8am-4:30pm**

**monroeseniors@gmail.com**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					Everyone Grows Older Class 10:00-11:00 Acrylic Painting 8-11:30 Bingo 10:30-11:30 Lunch 11:30-12:00 Making Flowers 1-2	
3	4	5	6	7	8	9
	Tai Chi 10:30-11:30 Card Making 12-1 Sail Exercise 1-2 Bingo 2-3 Absolute LD 4-5 Beg. Line dancing 5-6 Mountain Music 6-8	Bible Study 9:30-10:30 Choir 10:30-11:30 Lunch 11:30-12:00 Diam Art 10-11:30 Computer 12-1 Beginner sewing 1-2 <b>Oil Paint Class 4-7</b>	Tai Chi for Memory 10:30-11:30 Lunch 11:30-12:00 Diamond Art:10-11:30 Sail Exercise 1-2 IMPL Dancing 5:30	Acrylic Painting 8:00-11:30 Medicare 10-11 Lunch 11:30-12 Crochet 2-3 Rook 2-4 <b>Acrylic Paint Class 1-4 PM</b>	Acrylic Painting 8-11:30 Everyone Grows Older Class 10:00-11:00 Medicare Bingo 10:30 11:30 Lunch 11:30-12:00 Name That Tune 12-1 Corn Hole 12-1 Making Flowers 1-2 Pool	Corn Hole Tournament 10:00-12:00  <b>Madisonville Christmas Parade – Will have a float</b>
10	11	12	13	14	15	16
	Tai Chi 10:30-11:30 Card Making 12-1 Sail Exercise 1-2 Bingo 2-3 Absolute L.D. 4-5 Beg. Line Dancing 5-6 Mountain Music String Band Concert - 6-7:30	Bible Study 9:30-10:30 Choir 10:30-11:30 Lunch 11:30-12 :00 Diamond Art 10-11:30 Computer 12-1 Beginner sewing 1-2 Diabetic Support 2:30-3:30	Tai Chi for Memory 10:30-11:30 Lunch 11:30-12 Diamond Art 10-11:30 Sail Exercise 1-2 IMPL Dancing 5:30	Acrylic Paint 8- 11:30 Lunch 11:30-12:00 Crochet 2-3 Rook 2-4 Acrylic Paint 1-4 Karaoke 6-8	Acrylic Painting 8-11:30 Everyone Grows Older Class 10:00-11:00 Bingo 10:30-11:30 Lunch 11:30:12:00 Pictionary 12-1 Making Flowers 1-2 Pool <b>Christmas Dance 6-9</b>	
17	18	19	20	21	22	23
	Tai Chi 10:30-11:30 Comm. Cir.11:30-12:30 Card Making 12-1 Sail Exercise 1-2 Bingo 2-3 Absolute L.D. 4-5 Beg. Line Dancing 5-6 Mountain Music 6-8	Bible Study 9:30-10:30 Choir 10:30-11:30 Lunch 11:30-12:00 Computer 12-1 Diamond Art 10-11:30 Corn Hole 12-1 Beginner sewing 1-2	Tai Chi for memory 10:30-11:30 Lunch 11:30-12 Diamond Art 10-11:30 Sail Exercise 1-2 IMPL Dancing 5:30	Acrylic Painting 8:00- 11:30 Lunch 11:30-12:00 Crochet 2-3 Rook 2-4 Acrylic Paint 1-4	Acrylic Painting 8-11:30 Everyone Grows Older Class 10:00-11:00 Bingo 10:30-11:30 Lunch 11:30:12:00 Pictionary 12-1 Making Flowers 1-2 Pool	
24	25	26	27	28	29	30/31
<p><b>Happy Holidays</b>  <b>CLOSED THE WEEK OF CHRISTMAS &amp; NEW YEARS DAY</b>  <b>Will reopen January 2, 2024</b></p>						