



AKAMAI UNIVERSITY

Institute for CAM Studies

University For Becoming More Fully Human
Based on Virginia Satir Growth Model and Energy Therapy

www.akamaiuniversity.us / www.caminstitute.com

A Certificate Program in Integrative Health: Spiritual Growth - Multi-Dimensional Healing - Consciousness Studies

Offered through Institute for CAM Studies and Energy Medicine Partnerships
Affiliated with Akamai University Division of Continuing Education



www.energymedicinepartnerships.com

Description: The Certificate Program in Integrative Health offered through Akamai University Division of Continuing Education and the Institute for CAM Studies is designed for those interested in



Spiritual Development

professional training to promote spiritual growth. The program is designed to build a solid foundation supporting and awakening an individual's spiritual life path. To achieve this mission, a non-denominational spiritual awakening, attunement and healing experience is jointly planned and executed through a mentorship relationship with one of the faculty. This program is individualized to support your goals, beliefs, traditions and guidance. This program works with your gifts, faith traditions, consciousness studies and adds to your spiritual development and healing. Experience a variety of spiritual exercises and teachings that support spiritual development of your soul's divine path through intuitive guidance. It can include traveling to sacred sites and studying / experiencing indigenous cultures.



Spiritual Development, Multi-Dimensional Healing & Consciousness Studies
Certificate Program in Integrative Health 2019 - 2021

Goal: The Certificate Program is offered to support individuals personal advancement through spiritual awakening, attunements and healing. The program was first launched in 2015 in Banff, Canada. Then it expanded to excursions to Peru, and South Africa. Previous spiritual educational journeys included Australia and New Zealand.

In April 26 to 28, 2019, a special Uniting Healers Worldwide gathering will take place in Durham, NC illustrating the progress made over the years documenting opportunities to further your life path using spiritual guided educational and healing goals to grow, advance and change.

Friday—Sunday, April 26-28, 2019

UNITING HEALERS WORLDWIDE

Triangle Holistic Center | 3211 Gibson Road, Durham, NC 27703
919-923-2409 for information



Akamai University



Energy Medicine
PARTNERSHIPS, INC.
WORLDWIDE ENERGY MEDICINE TRAINING



GLOBAL
HEALING
ALLIANCE



WORLD
TAI CHI
& QIGONG DAY



Saturday, April 27, 2019
1:00 to 3:30p.m. EDT
A Peaceful Meditation

A FREE Annual Global Health & Healing event unfolding across the planet —10:00 a.m. Pacific Time

[Global Healing Alliance](#)

Continuing Education Units:

This integrative Health Studies program consists of 7 continuing education units or a minimum of 70 - 100 contact hours of study, reflection, training and mentorship that leads to a Certificate in Integrative Health Studies: Spiritual Development – Multi Dimensional Healing – Consciousness Studies.

Curriculum:

- Part I – Overview & Basic Preparation 20 hours
 - Introductory seminar = 3 contact hours
 - Initial Spiritual Awakening, Attunement & Healing = 16 contact hours
 - Ethical considerations = 1 contact hours
- Part II – Exploring the Path in Spiritual Development 40 contact hours
 - Spiritual Development Experiences, & Interventions = 20 contact hours
 - Exploration applying what was learned 10 hours
 - Mentorship = 10 contact hours
- Part III – Certificate in Integrative Health 10 contact hours
 - Documentation of your spiritual development path as verified by a professional project or paper outlining the journey. 10 contact hours



Certificate Program in Integrative Health: Spiritual Development – Multi-Dimensional Healing & Consciousness Studies

Part 1 Goal: Spiritual Awakening, Attunement and Healing

This includes an introduction to Dr. Mary Jo Bulbrook's *Soul Healing* - an exciting in-depth opportunity to explore blocks to your personal journey in life as well as opening the door to increase your healing abilities and Soul Light. This theory and practice builds on your own spiritual framework to produce changes in your energy system.



Spiritual Development

During this course the student can experience interventions from a variety of approaches such as: Transform Your Life through Energy Medicine, Healing Touch, Reiki, Subtle Communication Systems, Therapeutic Touch, Energy Medicine, Touch for Health, Energy Psychology, Yogi, Tai Chi or Qi Gong, Sound Healing. Includes energetic self-care to examine soul contracts and removing imbedded spirit attachments. Explore the ethical dimensions in providing energy-based care. Define your spiritual growth and healing needs. Includes multi-dimensional knowing, synchronicity and other advanced concepts in consciousness studies including life before life, life after death and soul buddies.

Part 2 Personal Development Journey

This is usually taken 6 months to a year later and provides the documentation of the journey to complete your work. It can be done on line as well as in person with peers. The person will be awarded a Certificate in Integrative Health: Focus Spiritual Development – Multi-Dimensional Healing and Consciousness Studies

Part 3 Reflection and Your Story

The training the person can submit their credentials to EMPI certification board for the awarding of Certificate in Spiritual Development - CAM Specialist.

Registration on line - or contact Dr. Mary Jo Bulbrook +1.919.923.2409
maryjo@energymedicinepartnerships.com / [bulbrookmj](#) through Skype
[Registration Payment Form Click Here](#)



Instructor: Dr. Mary Jo Bulbrook, CEMP/S/I, President of Energy Medicine Partnerships & Dean of the Institute for CAM Studies, Akamai University

Program Director of Complementary & Alternative Medicine
Dean of the Division of Continuing Education at Akamai University

40 + Years in the Practice, and Teaching in Energy Medicine working with indigenous healers in four countries: Australia, New Zealand, South Africa and Peru.

CAM Specialist Training

Certificate Program in Spiritual Development

Program Content:

- ✓ Capturing Your Story - Spiritual Development
- ✓ Explore culturally based values and experiences that shape consciousness
- ✓ Explore intuitive development.
- ✓ Practice Interventions to promote Spiritual Development and bring Balance & Healing using a Variety of Integrative (Whole Person) Treatment Modalities
- ✓ Evaluate Effectiveness of Growth & Change
- ✓ Learn Unconditional Love & Healing
- ✓ Create Your Personal Self Care Program to Maintain Health & Model Well-Being

Program Objectives:

Participants learning to become a CAM Specialist in Spiritual Development will be able to:

1. Define your personal need for spiritual development and healing.
2. Assess your current body, mind-emotional and spiritual health.
3. Practice energetic interventions to clear your spiritual path and define your life goal.
4. Develop and evolve your spiritual practices to enhance your life purpose.
5. Create a self-care plan for spiritual development, attunements and healing.
6. Explore resources to support your spiritual path.
7. Share with colleagues who desire spiritual growth and recognition of accomplished refinement of ones' spiritual journey.

Eligible Participants for the Training: The training is open to anyone desiring to receive a Certificate in Integrative Health: Focus in Spiritual Development. This training is foundational for those who desire to be teachers of this program and mentors.

Program Fees:

Total program Cost: \$1200 includes university continuing education with international accreditation, learning modules, spiritual development, mentorship and certificate. Total of minimum of 70 contact hours to receive the certificate. Additional fees may be charged for additional mentorship and healing as needed beyond the basic program.

All fees are payable to the Institute for CAM Studies. Includes University credit through Akamai University Division of Continuing Education. After each segment contact hours will be awarded documenting the segment taken and the number of contact hours. Payment options are available. Part I training also available as stand-alone costs without registration for the whole program A repeater fee for courses and modules is one/half the cost of each segment.

Guiding Principles:

- ✓ Let Go and Let God
- ✓ Find Your Path through Spiritual Guidance
- ✓ Become Free from the Ties That Bind
- ✓ Call back your spirit
- ✓ Follow your life purpose
- ✓ Find peace within and without
- ✓ Let joy and love guide your choices



Spiritual Development

Process:

This certificate is a spiritual process of self-reflection, connecting with spiritual guidance, developing your intuition & your life purpose, self-care and on-going spiritual growth that fits your personal beliefs.

Phase I – Telling Your Story

- My story of my path to spiritual development is...
- My feelings about this are...
- I think that spiritually I am ...
- My heart is...
- What I want to say about my interest in spiritually guided work is...
- My visions for myself at the time are...
- Spiritually I am...

Phase II - Background to Your Path

- Describe what has been your experience over time...
- Include what your feeling and thoughts are...
- How have your relationships been affected with this change in you...
- What have others said about you and how has that affected you with this new interest...
- Describe your ideas about a spiritual practice

Phase II – Defining Your Goals Empowerment to clear and heal body, mind-emotion and spirit

- Central Power Current clearing & alignment
- Energy Field Drain & Replenishment
- Energy Centers Clearing & Balancing
- Energy Tracts Vitalized & Return to Functioning
- Reconnecting to self, family and friends in this dimension
- Streams of Gratitude
- Development of Intuitive Abilities
- Synchronicity

Spiritual Development, Multi-Dimensional Healing & Consciousness Studies
Certificate Program in Integrative Health 2019 - 2021

For More Information, Contact Program Developer:



Dr. Mary Jo Bulbrook, CEMP/S/I

In Person Training available on-line and in person at The Gathering Place for Triangle Holistic Center 3211 Gibson Road, Durham, NC 27703 Phone / Fax 1.919.923.2409 / cell 1.919.923.2409 maryjo@energymedicinepartnerships.com / www.energymedicinepartnerships.com, www.cam.institute

Affirmations:

- I call on a Higher Power to fill me with Divine Light and Love.
- I choose to be present in life with my family, friends, work, recreation, animals and nature.
- I am a Divine Child of Source and a Being of Light for the world.



Institute Affiliated Partners:



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