

Integrative Health Certificate Program: Survive, Revive, Thrive
After Abuse, Trauma & Disasters
www.akamaiuniversity.us / www.cam institute.com

CAM Certificate Program Integrative Health: Survive, Revive, Thrive:

After Abuse, Trauma & Disasters

Offered through
Energy Medicine Partnerships

Affiliated with Akamai University
Division of Continuing Education



www.energymedicinepartnerships.com

Description: The Integrative Health Certificate Program: Shamanism and Health is offered through Akamai University Division of Continuing Education and the Institute for CAM Studies. The certificate program is designed for those interested in how to Survive, Revive and Thrive after Abuse, Trauma and Disasters. This program is both for those needing help and those who will work with them using a person to person model of health based on empowerment of the individual to change the course of his/her life and those who their lives touch.

Goal: This program is designed to help individuals survive, revive and thrive after abuse, trauma and disasters no matter how long ago the event can still limit life present and future.



Program Director: Dr. Mary Jo Bulbrook, RN, CEMP/S/I, HTCP, HTP/I
President of Energy Medicine Partnerships Dean of the Institute for CAM Studies
& Division of Continuing Education at Akamai University.

50 + Years in the Practice, and Teaching of Heart Centered Energy Medicine and
Psychiatric Mental Health Care. Extensive experience working with individuals and
families in seven countries: throughout

the USA, Canada, Australia, New Zealand, South Africa, Peru
and Chile. Programs are offered on line and in person.



Registration on line - or contact

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Continuing Education Units: The Integrative Health Certificate Program Survive, Revive and Thrive consists of 9 CEU's (Continuing Education Units) from Internationally Accredited Akamai University or a minimum of 90 - 100 contact hours of study, reflection, training, practice and mentorship.

Eligible Participants for the Training: The training is open to all those who have experienced abuse, trauma or disasters or work with individuals who have. It also includes those desiring to learn how to practice and teach this work as equal co-creators in learning and healing the self and those our lives touch. This training is foundational for those who desire to be instructors of this program, mentors and supervisors.

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AKAMAI UNIVERSITY
Institute for CAM Studies 

Program Objectives:

Participants will be able to:

1. Define your personal goals for this course.
2. Describe your personal experience.
3. Assess the impact on the body, mind-emotion and spirit of the event(s).
4. Practice ways to open the heart fully and move to a new place.
5. Experience ways to communicate what happened and where you are.
6. Envision your surviving, reviving and thriving.
7. Examine the changes experiences and desired.

Curriculum:

- Part I – Overview & Orientation 3 CEU's = 30 contact hour minimum
 - Story telling process of your experience
 - Reflection
 - Prayer, medication & centering
 - Drawing
 - Music & movement expressing your self
- Part II – Energetic imprinting & healing 3 CEU's = 30 contact hours)
 - Assessment & plan of action
 - Healing strategies practice & experience
 - Sharing experiences
- Part III – Documentation the Journey of Change as verified by a project or creative expression - 30 contact hours = 3 CEU's

Program Content:

- ✓ Capture your story
- ✓ Drawing to represent your experience
- ✓ Sharing what happened
- ✓ How to's of survive, revive, thrive
- ✓ Assess the impact on body, mind-emotion and spirit.
- ✓ Practice interventions to reshape your consciousness and life path
- ✓ The future – intention and attention shapes you destiny

Program Fees: 9 Continuing Education Credits: Part 1 = 3 CEU's, Part 2 = 3 CEU's and Part 3 = 3 CEU
Total Program Cost \$900 or \$120 per individual course.

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Admission Application: \$50 application fee. Includes 9 continuing education units with international accreditation, training modules, spiritual development, mentorship and certificates per classes taken. Total minimum contact hours of 90 - 120 contact hours. All fees are payable to Institute for CAM Studies. Includes University credit through Akamai University Division of Continuing Education. After each segment contact hours will be awarded documenting the segment taken and the number of contact hours. Training also available as stand-alone costs without registration for the whole program.

Integrative Health Certificate Training Program: Survive, Revive, Thrive: After Abuse, Trauma, Disaster

Power in the Story Telling Process:

Phase I – Telling Your Story

- This is what happened to me...
- My feelings about this are...
- I think I need to...
- My heart is...
- What I want to say is...
- My vision for the future seems...
- Spiritually I am...

Phase II – Current experience of the impact on you NOW

- Describe what has been your experience over time...
- Include what your feeling and thoughts are now...
- How have your relationships been affected...
- What have others said about this...
- Describe your ideas about what the future can look like
- Spiritually where are you now...

Phase III – Help is on the way

- What is needed to survive, revive and heal.
- Setting and walking your new path.
- Evaluating outcomes.

For More Information, Contact Program Developer:

Dr. Mary Jo Bulbrook, CEMP/S/I, Dean of the Institute for CAM Studies

In Person Training available on-line and in person at The Gathering Place for
The CAM Academy 3211 Gibson Road, Durham, NC 27703 / cell 1.919.923.2409
maryjo@energymedicinepartnerships.com /
www.energymedicinepartnerships.com, www.cam.institute





Energy Therapy Training Heart Centered Learning *Bridging Spirituality and Health*



Institute Affiliated Partners:

 <p>AKAMAI UNIVERSITY Institute for CAM Studies</p> <p><u>Douglass Capogrossi, Ph.D., President,</u> <u>Akamai University 110 Haili Street,</u> <u>Hilo, Hawaii 96720 US</u></p> <p><u>Tel: 1 (808) 934-8793 Fax: 1 (809) 443-0445</u> <u>dcapogrossi@gmail.com</u> <u>http://www.akamaiuniversity.us</u></p>	 <p><u>Mary Jo Bulbrook, Ed.D, Founder & President</u> <u>Energy Medicine Partnerships (EMP)</u> <u>3211 Gibson Road, Durham, NC 27703, USA</u></p> <p><u>1 (919) 381.4198 w / 919 923 2409</u> <u>maryjo@energymedicinePartnerships .com</u> <u>http://www.energymedicinepartnerships.com</u></p>
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Guiding Theoretical Model

Communication, Collaboration, Connection, Compassion

