

REGISTRAR'S QUICK REFERENCE GUIDE FOR **AGE GROUPS**

Changes to the Age Groups for Fall Season 2026. Starting with the 2026-27 season, US Youth Soccer, AYSO, and US Club Soccer are **shifting age groups** from a calendar year (Jan 1–Dec 31) **to an August 1–July 31 cycle to align with school years.** The table above defines the 2026/27 Age Chart.

Born	2026-27	2027-28
August 1, 2007 – July 31, 2008	U19	
August 1, 2008 – July 31, 2009	U18	U19
August 1, 2009 – July 31, 2010	U17	U18
August 1, 2010 – July 31, 2011	U16	U17
August 1, 2011 – July 31, 2012	U15	U16
August 1, 2012 – July 31, 2013	U14	U15
August 1, 2013 – July 31, 2014	U13	U14
August 1, 2014 – July 31, 2015	U12	U13
August 1, 2015 – July 31, 2016	U11	U12
August 1, 2016 – July 31, 2017	U10	U11
August 1, 2017 – July 31, 2018	U9	U10
August 1, 2018 – July 31, 2019	U8	U9
August 1, 2019 – July 31, 2020	U7	U8
August 1, 2020 – July 31, 2021	U6	U7
August 1, 2021 – July 31, 2022	U5	U6
August 1, 2022 – July 31, 2023		U5

“Under Designations”. With the school year age format, it will be common to see Under 8 written as U8 rather than 8U. Whether a local league places the "U" before or after the number, the letter stands for “under” and both are acceptable.

Team Roster Sizes. Team sizes and formats are as follows. These recommended roster sizes follow USYS guidelines but are not mandatory. For 13U-19U, larger rosters benefit most competitive teams, but you may keep them at 18 or fewer for development.

Age Group	Max Roster	Min Roster	Format	Division	Notes
13U-19U	22	7	11-aside	1,2,S2,3	18 in uniform at any game
11U/12U	16	6	Small-sided 9v9	1, 2, 3, S2,	
10U/9U	12	6	Small sided 7v7	4, 4-Academy	
8U/7U	Open	4	Small sided 4v4	4, 4-Academy	
6U/5U/4U	Open	4	Small sided 4v4	4	
Soccer Across America	18		Regular		

Birth Year	2026/27 Seasonal Year Age Chart (Team Age Banding)											
	January	February	March	April	May	June	July	August	September	October	November	December
2007	N/A	N/A	N/A	N/A	N/A	N/A	N/A		U19	U19	U19	U19
2008	U19	U19	U19	U19	U19	U19	U19	U18	U18	U18	U18	U18
2009	U18	U18	U18	U18	U18	U18	U18	U17	U17	U17	U17	U17
2010	U17	U17	U17	U17	U17	U17	U17	U16	U16	U16	U16	U16
2011	U16	U16	U16	U16	U16	U16	U16	U15	U15	U15	U15	U15
2012	U15	U15	U15	U15	U15	U15	U15	U14	U14	U14	U14	U14
2013	U14	U14	U14	U14	U14	U14	U14	U13	U13	U13	U13	U13
2014	U13	U13	U13	U13	U13	U13	U13	U12	U12	U12	U12	U12
2015	U12	U12	U12	U12	U12	U12	U12	U11	U11	U11	U11	U11
2016	U11	U11	U11	U11	U11	U11	U11	U10	U10	U10	U10	U10
2017	U10	U10	U10	U10	U10	U10	U10	U9	U9	U9	U9	U9
2018	U9	U9	U9	U9	U9	U9	U9	U8	U8	U8	U8	U8
2019	U8	U8	U8	U8	U8	U8	U8	U7	U7	U7	U7	U7
2020	U7	U7	U7	U7	U7	U7	U7	U6	U6	U6	U6	U6
2021	U6	U6	U6	U6	U6	U6	U6	U5	U5	U5	U5	U5
2022	U5	U5	U5	U5	U5	U5	U5	U4	U4	U4	U4	U4
2023	U4	U4	U4	U4	U4	U4	U4	U3	U3	U3	U3	U3