

## **Rules for BAYSA Spring 7v7 15U and older**

Modifications to the standard 11v11 (7v7) rules: 15U and older general rules of play 7v7. A match is played by two (2) teams, each consisting of not more than seven (7) players, one of whom is a goalkeeper.

### **Players:**

- Seven (7) players on the field, including a goalie
- Maximum number of players per team is 11
- Minimum five (5) players to start

**Game Length:** Two 30 minute halves

**Field Size:** 45-55 yards wide by 45-70 yards long (or existing 9v9 fields). Goal 21 feet wide by 7 feet high recommended

### **Rules of Play:**

- No offside rule
- The ball is kept below the referee's or tallest player's head. Restart with an indirect kick where kicked or headed or nearest location outside the goal areas
- No goal kicks, corner kicks and throw-ins. Restart with a pass
- No defensive (except goalkeeper) or offensive player enters the goal area. Penalty kick against the offending team
- Substitutions: at any stoppage of play and unlimited
- Each player shall play a minimum of 50% of the total playing time

### **Penalties:**

- All indirect kicks except penalty kick
- Penalty kick taken from top to goal area semi-circle
- Except for kicker all players a minimum of 2 feet away from ball