

2018 Park Lakes Sharks Season

Welcome to Park Sharks Swimming!

The Park Sharks swim at Park Lakes on Mt. Hope Road in Rockaway Borough. The team is a member of the North Jersey Regional Lake League, which currently are 11 teams. The Swim season starts at the end of June and ends in mid August with two Championship Meets that close out the season.

Our team is small and we are part of the “Small Team Division”, we mainly focus on the kids having a good summer experience while improving their swimming skills. We sometimes have some food themed socials after meets and at the end of the season we have an awesome team party where every swimmer is recognized. Practice at the lake is most days and on Wednesday afternoons and Saturday mornings we have meets against the other teams in the league. Generally anyone ages 6-18 (High School) able to swim a lap can join the team. No prior experience is necessary - just the desire to be part of a team and to have fun.

This year in lieu of rec cards we are establishing a fee.

Individual swimmer - \$45.00

You can pay by cash or check (payable to Rockaway Borough Recreation)

For more information email parklakessharks@gmail.com

Park Lakes Sharks
#SHARKATTACK
parklakessharks@gmail.com

Gus Casco

**BE AWARE THAT NJRLL LEAGUE REGISTRATION IS NOW PAPERLESS
YOU MUST REGISTER YOU SWIMMER ONLINE AT WWW.NJRLL.ORG**

MAKE SURE YOU PUT HIM/HER UNDER THE PARK LAKES SHARKS.

**IF YOU HAVE A RETURNING SWIMMER, PLEASE LOG BACK INTO THE
WEBSITE AND UPDATE THEIR INFORMATION MAKING SURE YOU
ACKNOWLEDGE THAT THEY WILL SWIM THIS SEASON**

ALL OTHER ROCKAWAY BOROUGH FORMS MUST BE FILLED OUT:

TEAM REGISTRATION - RELEASE

EMERGENCY CARD

CODE OF CONDUCT

**PARK LAKES SHARKS
REGISTRATION CARD**

(Please print all information in ink.)

NAME _____
Last First Middle

Summer Address _____

Summer Phone _____

Permanent Address _____

Permanent Phone _____

Age on May 31 _____ Date of Birth ____/____/____

Sex _____

Signature of Applicant _____

Date _____

* * * * *

Rockaway Borough Recreation Commission

Activity Registration Form

Grade: _____ D.O.B.: _____

Name: _____
(Last) (First) (Middle Init.)

Address: _____

E-Mail Address: _____

Home Phone Number: _____

Person to Contact in Case of Emergency: _____

Phone Number: _____

Release and Consent

I hereby release and discharge the Borough of Rockaway, it's agents, employees, appointed officials, volunteers, commissions or its associations from any and all claims or actions for losses, damages, or personal injuries to myself or to my child which may occur or arise out of my, his or her participation in the activity named above. I hereby give my consent to the Borough of Rockaway for my child or ward to participate in the above described activity.

Date

Print name of parent\guardian

Signature of parent\guardian

- In the case of children under the age of 18 years, a parent or legal guardian must sign this form. The Borough of Rockaway assumes no responsibility or liability in the event that any signature on this form is subsequently found to be forged or altered in anyway.

ROCKAWAY BOROUGH RECREATION COMMISSION

EMERGENCY CARD

ACTIVITY _____

PARTICIPANT _____
(NAME) (ADDRESS) (PHONE NO.)

FATHER _____
(NAME) (PLACE OF BUSINESS) (PHONE NO.)

MOTHER _____
(NAME) (PLACE OF BUSINESS) (PHONE NO.)

FAMILY _____
PHYSICIAN (NAME) (ADDRESS) (PHONE NO.)

If parent cannot be contacted - A neighbor or relative in this immediate area who may be contacted in case of emergency or illness.

1. _____
(NAME) (ADDRESS) (PHONE NO.)

2. _____
(NAME) (ADDRESS) (PHONE NO.)

ALLERGIES: Yes ___ No ___ If yes, please list _____

In the event that none of the above persons can be contacted; I hereby give my permission for my child (name) _____ to be transported to (Please check one) St. Clares•Riverside _____ Dover General Hospital _____ for medical treatment by the family physician and/or hospital physician.

DATE _____ Signature of Parent or Guardian _____

Rockaway Borough Athletic Code of Conduct

The Recreation Commission has adopted the following Code of Conduct – effective September 2008

Interscholastic and youth sports programs play an important role in promoting the physical, social and emotional development of children. It is therefore essential for parents, coaches and officials to encourage youth athletes to embrace the values of good sportsmanship. Moreover, adults involved in youth sports events should be models of good sportsmanship and should lead by example by demonstrating fairness, respect and self-control.

I therefore pledge to be responsible for my words and actions while attending, coaching, officiating or participating in a youth sports event and shall conform my behavior to the following code of conduct:

1. I will not engage in unsportsmanlike conduct with any coach, parent, player, participant, official or any other attendee.
2. I will not encourage my child, or any other person, to engage in unsportsmanlike conduct with any coach, parent, player, participant, official or any other attendee.
3. I will not engage in any behavior which would endanger the health, safety or well-being of any coach, parent, player, participant, official or any other attendee.
4. I will not encourage my child, or any other person, to engage in any behavior which would endanger the health, safety or well being of any coach, parent, player, participant, official or any other attendee.
5. I will not smoke or use drugs or alcohol while at a youth sports event and will not attend, coach, officiate or participate in a youth sports event while under the influence of drugs or alcohol.
6. I will not permit my child, or encourage any other person, to use drugs or alcohol at a youth sports event and will not permit my child, or encourage any other person, to attend, coach, officiate or participate in a youth sports event while under the influence of drugs or alcohol.
7. I will not engage in the use of profanity.
8. I will not encourage my child, or any other person, to engage in the use of profanity.
9. I will treat any coach, parent, player, participant, official or any other attendee with respect regardless of race, creed, color, national origin, sex, sexual orientation or ability.
10. I will encourage my child to treat any coach, parent, player, participant, official or any other attendee with respect regardless of race, creed, color, national origin, sex, sexual orientation or ability.
11. I will not engage in verbal or physical threats or abuse aimed at any coach, parent, player, participant, official or any other attendee.
12. I will not encourage my child, or any other person, to engage in verbal or physical threats or abuse aimed at any coach, parent, player, participant, official or any other attendee.
13. I will not initiate a fight or scuffle with any coach, parent, player, participant, official or any other attendee.
14. I will not encourage my child, or any other person, to initiate a fight or scuffle with any coach, parent, player, participant, official or any other attendee.

_____ Initials

_____ Date

I hereby agree that if I fail to conform my conduct to the foregoing while attending, coaching, officiating or participating in a youth sports event I will be subject to disciplinary action, including but not limited to the

NJRLL 2018 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday 23 Officials Clinic – RXB - 9am
24	25	26	27	28	29	30 SGM – BYE MOP @ LFR CRN @ RDP SHR @ RXB DEN @ PKL LSH @ SAF
1	2 PKL @ SAF SHR @ RDP MOP – BYE RXB @ LFR SGM @ LSH CRN @ DEN	3	4	5	6	7 RDP @ PKL DEN @ RXB LFR @ CRN MOP @ SHR LSH – BYE SAF @ SGM
8	9 Ribbon Meet @ Lake Shawnee	10	11 CRN @ PKL SGM @ SHR LSH @ RXB DEN @ MOP LFR – BYE SAF @ RDP	12	13	14 LFR @ LSH SHR @ CRN PKL @ SGM RDP @ DEN SAF - BYE RXB @ MOP
15	16	17	18 PKL @ LFR RDP @ LSH DEN @ SHR RXB – BYE SGM @ CRN MOP @ SAF	19	20	21 MOP @ SGM SHR – BYE CRN @ SAF LFR @ RDP LSH @ DEN RXB @ PKL
22	23 DEN @ SGM LSH @ MOP CRN – BYE SHR @ PKL RDP @ RXB SAF @ LFR	24	25 LFR @ DEN SAF @ SHR RDP – BYE SGM @ RXB PKL @ LSH MOP @ CRN	26	27	28 PKL @ MOP CRN @ LSH SHR @ LFR RXB @ SAF DEN – BYE SGM @ RDP
29	30 SAF @ DEN RDP @ MOP RXB @ CRN LFR @ SGM PKL - BYE LSH @ SHR	31	1	2 NJRLL Seed Mtg.	3	4 Sivers Invitational
5	6	7	8	9 Trials Hosted by Randolph	10	11 Finals Hosted by Randolph

CRN - Cranberry Lake LFR - Lake Forest PKL - Park Lake SGM - Shongum Lake
 Den-Denville LSH - Lake Shawnee RDP - Randolph Park SHR - Shore Hills
 MOP – Mt. Olive Pirates RXB - Roxbury SAF – Saffins Pond
 Next Year, 1st Meet goes last