



MONTHLY NEWSLETTER

MARCH 2025

Timely Happenings

“ Happiness is when what you think, what you say, and what you do are in harmony – Mahatma Gandhi ”

It's Social Work Month!

Social work is one of the fastest growing careers in the United States, according to the U.S. Department of Labor Bureau of Labor Statistics.

There were more than 708,000 social work jobs in 2021. The profession is expected to grow by nine percent by 2031.

Here at NEO, social workers Katie Jenkins and Audree Alick are both accepting new clients!



DAILY AFFIRMATIONS

- Today is going to be amazing!
- I am learning everyday.
- My feelings matter.
- I am enough.
- I can do anything.
- I am beautiful and unique.
- All of my problems have solutions.
- I am always doing my best.
- I love who I am.
- I choose to be happy.

Free Local Events

St. Patrick's Day Parade
March 16th, 3pm
Painesville Township

26th Annual KidShow
March 22nd, 11am-6pm
Activities, Entertainment, Prizes, Family-fun!
Great Lakes Mall

Coping Skills in March

- March madness movie marathon
- Watercolor painting or doodling
- Park scavenger hunt - hunt for signs of spring
- Have an indoor picnic
- Spring cleaning - declutter
- Start a mini herb garden or plant succulents

Upcoming Days

- Developmental Disabilities Awareness Month
- Gender Equality Month
- Social Work Month
- Ash Wednesday (March 5)
- International Women's Day (March 8)
- Daylight Savings Time (March 9)
- St. Patrick's Day (March 17)
- World Down Syndrome Day (March 21)
- World Bipolar Day (March 30)

Client Reminders

- Should you need to reach your clinician, you may contact them directly via email. Their email addresses are available on the website or on their business card.
- If you need to cancel or reschedule your appointment, kindly provide 24 hours' notice to avoid a late cancellation fee.

Contact Info

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