



# MONTHLY NEWSLETTER

## MARCH 2026

### Timely Happenings

“ The cave you fear to enter holds the treasure you seek. ”  
— Joseph Campbell

### Milestones & Warm Welcomes

This March, we are proud to celebrate incredible professional growth within our team!

Congratulations to Miara Noce, LPCC, CAGCS on earning her second “C” and advancing from Certified Grief Professional to Certified Advanced Grief Counseling Specialist.

We also congratulate Abigail Holaus, LPCC on gaining her second “C,” marking another meaningful step in her professional journey.

Congratulations to Amanda Cheravitch, LPCC-S for earning her Supervisor credential, expanding her leadership and mentorship within our field.

And cheers to Brooke Hanzel on advancing from Counselor Trainee (CT) to Licensed Professional Counselor (LPC)—what an exciting achievement!

Finally, we welcome our new Counselor Trainees (interns): Venisha Parikh, Camille Sands, and Maggie Wise. We are excited to have you join our team and look forward to the growth and fresh perspectives you bring!

### Free Local Events

*Job Fair & Career Expo*  
March 6<sup>th</sup>, 9am-12pm  
Mentor High School - Paradigm Building  
ANYONE who is actively seeking a job. Bring a resume.

*St. Patrick's Day Parade*  
March 15<sup>th</sup>, 3pm  
Painesville Township

### Coping Skills in March

- Reframe challenges as golden opportunities
- Notice green, appreciate life's renewal
- Count blessings like lucky shamrocks
- Take breaks, refresh focus often
- Prioritize self-care, you deserve it

### Upcoming Days

- Social Work Month
- International Women's Day (March 8)
- Daylight Savings Time (March 8)
- St. Patrick's Day (March 17)
- First Day of Spring (March 20)
- World Down Syndrome Day (March 21)
- World Bipolar Day (March 30)

### Client Reminders

- Friendly reminder to keep payment methods current and balances paid promptly. Statements are sent regularly, and unpaid balances may impact scheduling.
- If you need to cancel or reschedule an appointment, please provide at least 24 hours' notice to avoid a late cancellation fee.

### Contact Info

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