



HOURS LOG GUIDELINES

All CSMA color belt students will need to complete an Hours Log in order to level up to their next testing rank. Hours Logs must be turned in at the beginning of a testing month in order to be considered for testing. Hours must be completed in 20 minute *SETS* of only 1 *SET* per day that the student is not in class. Student should have the date of completion written next to the 20 minute *SET* and initialed by a parent. Hours of completion needed to test are as follows:

White – Orange: 8 Hours

Green – Blue: 12 Hours

Brown – Hi Red: 16 Hours



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