

✠ *Fifth Sunday of Lent* ✠
March 22nd, 2026



Prayer Meeting

Thursday March 26th
Rosary 6:30pm
Holy Mass at 7pm
follow by worship & prayer meeting

Sunday, March 22nd – Fifth Sunday of Lent

8:00 AM Holy Mass -Spanish-
10:00 AM In memory of Kenneth Walsh, requested by Kathy & Kyle Lamarre
12:00 PM Holy Mass -Spanish
6:00 PM Holy Mass -Spanish

Monday, March 23rd – Lenten Weekday

8:00 AM That through the ministry of the Church, people of all nations will believe and profess that Jesus is Lord

Tuesday, March 24th – Lenten Weekday

8:00 AM That governments may foster justice by acknowledging God as supreme over every human law and activity
7PM Spanish Mass

Wednesday, March 25th – Annunciation of the Lord

8:00 AM For the strength to resist the temptation to discriminate against the poor, the immigrant, the elderly, and the unborn
7PM Bilingual Mass

Thursday, March 26th – Lenten Weekday

8:00 AM For those who are ill, that God's love and our care may bring them healing and strength
7pm -English Mass

Friday, March 27th – Lenten Weekday

8:00 AM For the poor, the sick, the homeless, the unemployed, the unborn, and those on death row

Saturday, March 28th – Lenten Weekday

9:00 AM That all who have died may be purified of sin and blessed with the eternal vision of God
6:00 PM Holy Mass - Spanish

Sunday, March 29th – Palm Sunday of the Passion of the Lord

8:00 AM Holy Mass -Spanish-
10:00 AM In memory of Esperanza Echeverri and for the speedy recovery of Jason Lee
12:00 PM Holy Mass -Spanish
6:00 PM Holy Mass -Spanish

Father,
You do not disappoint
those who hope in You.
Increase our hope and answer our prayers.
We ask this through Christ our Lord. Amen.

THE BUDGET

Budget last week: \$ 8,484.11

For those who wish to request Budget Envelopes for Tithing or who need a statement for your Income Taxes, please call Rectory at 421-6441



Latest Medjugorje Message, February 25, 2026

“Dear children, In this time of grace, anew, I am calling you to offer your lives to God that He may lead you towards the resurrection through your personal conversion. Little children, God is near to you and heeds your prayers, but you are lulled to sleep, and that is why He sent me to you to awaken you, and that you may shine holiness like a spring flower. Thank you for having responded to my call.”

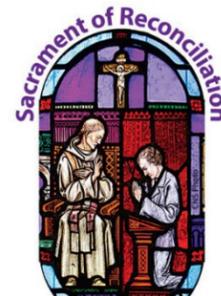


Rachel's Vineyard Retreat

A Rachel's Vineyard Retreat will take place April 17-19. The retreat offers healing for anyone who has been touched by an abortion. This weekend retreat provides participants an opportunity to process their pain and sorrow, to form spiritual connection with their child(ren), to experience the compassion and forgiveness of Jesus and to begin a journey toward healing. Retreats are offered in English and en español. All services provided by a team of trained individuals, a Catholic therapist, and trained clergy. Contact 401-278-2518 for more information and/or to register. All inquiries are strictly confidential.



Today's Readings:
Reading 1: 1 Ezekiel 37:12-14
Reading 2: Romans 8:8-11
Gospel: John 11:1-45



Every Friday during Lent

6pm – 9pm
&

Every Saturday
4pm – 5pm

Interfaith Vigil for Peace

Join us as together we pray for peace!

Thursday, March 26 beginning at 7 p.m. in the Cathedral of Saints Peter and Paul, Providence

Bishop Bruce A. Lewandowski, C. Ss.R. is hosting an Interfaith Vigil for Peace on Thursday, March 26 at 7 p.m. in the Cathedral of Saints Peter and Paul, Providence. He will be joined by Rhode Island faith leaders and groups. The evening to include: prayers for peace, music, and reflections. All are welcomed to join as Bishop Bruce gathers us all together to pray for peace. Contact: Jim Jahnz, Secretary for Catholic Charities and Social Ministry for the Diocese of Providence, 401-278-2504 / jjahnz@dpvd.org.

YOU ARE CORDIALLY INVITED TO THE
CHRISM MASS
MONDAY, MARCH 30, 6 P.M.
Cathedral of Saints Peter & Paul, Providence



AT THIS HOLY MASS THE PRIESTS OF THE DIOCESE OF PROVIDENCE RENEW THEIR PRIESTLY PROMISES. THE BISHOP WILL ALSO CONSECRATE AND BLESS THE SACRED OILS USED IN THE SACRAMENTAL RITES OF THE CHURCH FOR THE COMING YEAR. ALL ARE WELCOME!



Celebrant & Homilist

MOST REV. BRUCE A. LEWANDOWSKI, C.Ss.R.
BISHOP OF PROVIDENCE

GUIDE TO FASTING



FRIDAYS OF LENT:

FEBRUARY 20, FEBRUARY 27, MARCH 6, MARCH 13,
MARCH 20, MARCH 27, GOOD FRIDAY APRIL 3

RULES FOR FASTING & ABSTINENCE

Catholics between the ages of eighteen and fifty-nine are required to fast and abstain from meat (fish is permitted) on Ash Wednesday and Good Friday. Catholics over fourteen should abstain on all Fridays in Lent.



The law of fasting allows only one full meal a day, but does not prohibit taking some food in the morning and evening, observing—as far as quantity and quality are concerned approved local custom.

Ash Wednesday and Good Friday, we should not only abstain from all meat, but also fast by limiting ourselves to one meal for the entire day.

TIPS FOR FASTING

Start Slow: If you're new to fasting, begin with small steps like skipping one meal.

Stay Hydrated: Drink plenty of water throughout the fasting period to stay healthy.

Choose Wisely: Opt for nutritious foods when breaking your fast to nourish your body.

Pray and Reflect: Use fasting as a time for prayer, self-examination, and drawing closer to God.

BENEFITS OF FASTING

Spiritual Growth: Fasting can deepen our spiritual connection and focus during Lent.

Self-Discipline: The Catechism of the Catholic Church explains that fasting “helps us acquire mastery over our instincts and freedom of heart” (2043). Fasting teaches self-control and strengthens our willpower.

Solidarity: Fasting in solidarity with others fosters empathy and compassion.

EXCEPTIONS TO FASTING

Those with health conditions, pregnant or nursing women, and the elderly are exempt from fasting requirements.

If fasting poses a risk to your health or well-being, you are not obligated to fast.