

# ***The Scoop – October 2024***

***From the Desk of Pastor Sadler***



## **"G.L.O.W."**

**God Lights Our Way**

"God lights our way, is the mattock thrust at New Morning Star each year in October." As the days become shorter and the sunsets earlier, we navigate through the darkness with the light and love of Christ. This year we are approaching the season of autumn, intentionally building community with us and others.

Psalm 27:1-6 informs and encourages us to embrace the word of God and its transforming power and share it with others,

*"The LORD is my light and my salvation; whom shall I fear? The LORD is the strength of my life; of whom shall I be afraid? When the wicked, even mine enemies and my foes, came upon me to eat up my flesh, they stumbled and fell. Though a host should encamp against me, my heart shall not fear: Though war should rise against me, in this will I be confident. One thing have I desired of the LORD, that will I seek after; that I may dwell in the house of the LORD all the days of my life, to behold the beauty of the LORD, and to enquire in his temple. For in the time of trouble he shall hide me in his pavilion: In the secret of his tabernacle shall he hide me; he shall set me up upon a rock. And now shall mine head be lifted up, above mine enemies round about me: Therefore will I offer in his tabernacle sacrifices of joy; I will sing, yea, I will sing praises unto the LORD, (KJV)."*

Join us and help spread the good news that **God is with us, God is for us, God is in us** this fall as we are now open for full in-person worship each Sunday at 10:30am for Praise & Worship which is also continued on our Zoom Worship link.

**New Morning Star Baptist Church | 5016 Sheriff Road Northeast | Washington, District of Columbia 20019**

The schedule for the month of October will include our Homecoming Day/Officer's Day and the celebration of **G.L.O.W.** our theme. All services listed below:

**In –Person Worship Schedule (Social Distancing Observed & Mask Required)**

- Sunday, October 6<sup>th</sup>, 2024 @ 10:30 AM **Regular Worship**
- Sunday, October 13<sup>th</sup>, 2024 @ 10:30 AM **Youth Fellowship**
- Sunday, October 20<sup>th</sup>, 2024 @ 10 AM **Communion**
- Sunday, October 27<sup>th</sup>, 2024 @ 10:30 AM **Officer's/ Homecoming & G.L.O.W. Celebration**

**[Take the In-Person Worship Opinion Survey!](#)**

## ***Highlights of Upcoming Activities***

**S.A.L.T. - Serving and Learning Together (Growth & Development Series)** - First Saturday of every month at 10 am. Zoom: <https://us02web.zoom.us/j/89126764163> / Audio: (301) 715-8592 / Meeting ID: 891 2676 4163. Next meeting is on November 2, 2024.

**Central Mission Union Outreach In-person Worship** *"No One Should Live Hungry And Homeless"*: Every third Monday at 7 pm, *in person only*, at 65 Massachusetts Avenue, NW Washington, DC, 20001. Next meeting is on October 20, 2024.

**Enlightenment, Enhancement, & Enrichment:** Every 4<sup>th</sup> Wednesday @ 7 pm. Next meeting is on October 23.

## ***The Journey***

You are invited to join us on **"The Journey"** as we continue during our weekly, daily, and monthly in-person and virtual experiences on Zoom and the conference call numbers.

**Sunday School** at 9am, in-person

**Sunday Morning Worship** at 10:30 AM in-person and on Zoom. To join the Worship Service via Zoom: Visit: <https://us04web.zoom.us/j/525898236>, enter meeting ID: 525 898 236, or join Zoom Audio: (301) 715-8592

**Special Prayer of Faith, Intercessory Prayer of Hope & Corporate Prayer of Joy**  
Monday – Friday at 7 am | Conference Call Number (605) 475-4000 code 1018295#

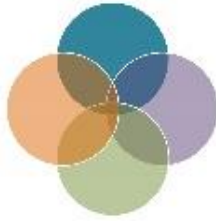
**Midweek Study, Testimonies, Prayer Request & Praise Report – Wednesdays, October 9 and 16.**  
Use Conference Call Number (605) 475-4000 code 1018295# for the following:

- 12 noon: Prayer, Praise and Bible Study: [Get the current Bible Study Schedule on the Resources page](#)
- 7:00 pm: Prayer, Praise and International Sunday School Lesson Exposition  
→Subscribe to a Video Summary of the International Sunday School Lesson on [YouTube](#)

### **Devotional Reading**

[Get the current Devotional Reading Schedule on the Resources page](#)

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## Focus on the Family: Men, Women, Children, Service

### "The News @ Noon"

#### Hour of Power

Every Wednesday @ Noon

Conference Call Number: (605) 475-4000, code 1018295#

### Youth Ministry Rehearsal

Friday before 2<sup>nd</sup> Sunday at 5:30 pm

Zoom: <https://us02web.zoom.us/j/87474748295>

Audio: (301) 715-8592 | Meeting ID: 874 7474 8295

### Care Partners Support Group

First and third Wednesday of every month, @ 1 pm.

Conference Call Number: (605) 475-4000, code 1018295#. Next meetings on October 16 and November 6.

**Men and Women's Ministry Joint Fellowship:** Last Friday of each month. The next meeting will be held on October 25, 2024.

Zoom: <https://us02web.zoom.us/j/89126764163>

Audio: (301)-715-8592 / Meeting ID: 891 2676 4163

## ***New Morning Star is a SHARE Food Host Site!***



The SHARE Food Network is a non-profit, community-based organization dedicated to offering healthy, nutritious groceries at a roughly 50 percent discount to everyone on a monthly basis. Value packages cost just \$25 every month with optional Special Premium packages that can be additionally purchased."

- Get your monthly menu at church or on the SHARE Food Network website: <https://www.catholiccharitiesdc.org/share/>
- Purchase a value package in our Church's Share Food Network envelope or through **Givelify**
- Make your payment by the schedule deadline date (See SHARE Calendar)

⇒ ⇒ ***Visit New Morningstar Baptist Church Website!***

# Health & Wellness Corner

By **Gwendolyn Sadler, RN**  
Visit the Health Corner on our website

October 2024

**October is National Breast Cancer Awareness Month.** Breast cancer is the second most common cancer among women in the United States. Breast Cancer Awareness Month aims to promote screening and prevention of the disease, which affects one in eight women in the United States every year and 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs.



According to the American Cancer Society breast cancer is the most commonly diagnosed cancer for black women and is now the leading cause of cancer death. While Black women are less likely to be diagnosed with breast cancer than white women, Black women are about 40% more likely to die from the disease. For more information:

- Find information on breast cancer treatment and living as a breast cancer survivor at the American Cancer Society website
- Visit the National Cancer Institute (NCI) website for information on [breast cancer prevention](#).
- Find information on [breast cancer treatment and living as a breast cancer survivor](#) at the <https://www.nationalbreastcancer.org/breast-cancer-awareness-month>
- <https://www.komen.org/about-komen/our-impact/breast-cancer/breast-cancer-awareness-month>
- <https://www.breastcancer.org/about-breast-cancer/breast-cancer-awareness-month>



2024 Domestic Violence Awareness Project is proud to build on the theme **Heal, Hold & Center**. October was first declared as National Domestic Violence Awareness Month in 1989. Since then, October has been a time to acknowledge domestic violence survivors and be a voice for its victims. Domestic violence is prevalent in every community, and affects all people regardless of age, socio-economic status, sexual orientation, gender, race, religion, or nationality. Physical violence is often accompanied by emotionally abusive and controlling behavior as part of a much larger, systematic pattern of dominance and control. Domestic violence can result in physical injury, psychological trauma, and even death.

If you want more information or need assistance please follow below link, call, or text for help. You are not alone, and support is available.

- <https://www.nctsn.org/resources/public-awareness/national-domestic-violence-awareness-month>
- <https://www.thehotline.org/stakeholders/domestic-violence-awareness-month/>
- <https://www.thehotline.org/get-involved/>

**Call 1-800-799-SAFE (7233) or Text "START" to 88788**

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**I am available for questions and assistance!**

**Contact: Gwendolyn Sadler, RN, BSN, CCM | [gbs0229@gmail.com](mailto:gbs0229@gmail.com) | (301) 922-4259**