

Discussing the Facts:

What's New in Dementia Care; Medications and What Matters Most

Presented by New Morning Star Baptist Church and Sibley Memorial Hospital

Wednesday, June 26
7 to 8 p.m. | via Zoom

Join us for an important discussion on Alzheimer's and other types of dementia. Dr. Crystal Arrendell will provide an overview on what dementia is and current treatment options for various types of dementia. She will also review ways to reduce your dementia risk. An interactive Q&A session will enable participants to be engaged and informed.

Welcome and Program Introduction: Reverend Dr. Donald K. Sadler, pastor of New Morning Star Baptist Church

Moderator: Honora Lundell Precourt, MBA, CDP, Manager of the Sibley Senior Association, Sibley Memorial Hospital

Guest Speaker: Crystal Arrendell, MD



Dr. Crystal Arrendell is a family medicine trained geriatrics physician who was born and raised in Alexandria, VA where she attended public schools. She received her Bachelor's degree from New York University where she majored in Spanish and Chemistry while also playing college volleyball.

Dr. Arrendell completed her residency training at Temple University in Philadelphia, PA. She is a member of the Alpha Omega Alpha medical honor society.

Dr. Arrendell currently works at Johns Hopkins Hospital in Baltimore, MD, where she is specializing in the care of older adults. She has a passion for treating every patient as an individual and creating personalized care plans based on what matters most to that patient.

Dr. Arrendell plans to transfer her practice to Washington, DC, in January 2025, where she will begin caring for the older adults in the DC area.

Register at <https://smh.memberclicks.net/JuneSSAdiscussingfacts> or email pnunez3@jhmi.edu or call 202-364-7602 before June 25.



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