

LIVING HEALTHY AND SPIRITUAL IN A POST-COVID WORLD

Discussing the Facts

Presented by New Morning Star Baptist Church and Sibley Senior Association

Wednesday, May 25
7 to 8 p.m.

FREE ZOOM EVENT

Some research shows that spirituality may be related to health – there is often a link between your spirituality and your sense of well-being. Join our panel discussion as we talk about the connection between spirituality and health in the post-COVID world.

WELCOME AND PROGRAM INTRODUCTION: Reverend Dr. Donald K. Sadler, pastor of New Morning Star Baptist Church

SPEAKER INTRODUCTION: Marti Brown Bailey, B.S., C.S.A., C.D.P., C.A.D.D.C.T., director of the Sibley Senior Association and Community Health, Sibley Memorial Hospital

Panelists include:

D'Andre Ferguson, Club Memory® outreach coordinator

Loreen McNair, MSW, program manager, DC Health

Gwendolyn Sadler, RN, BSN, health coordinator of New Morning Star Baptist Church

Reverend Dr. Donald K. Sadler, pastor of New Morning Star Baptist Church

Jihan Starr, community dementia program manager and certified dementia practitioner

**Please register at <https://tinyurl.com/HealthyAndSpiritual52522>
or by emailing jsmit470@jhmi.edu or calling 202-364-7602.**



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