

The Scoop – July 2022

From the Desk of Pastor Sadler



May the season of summer allow you to experience some time with yourself, family, and the “awe” of God and the many blessings that he has for all of us. Summer has brought an integration of virtual and in-person worship to our ministry. As we continue in this season of hybrid experiences, please join us in both opportunities that will continue to be socially distanced. It is our desire that we as a community promote health, wellness, and spirituality, that your joy may be full.

***“These things have I spoken unto you, that my joy might remain in you, and that your joy might be full”
John 15:11 (KJV).***

The schedule for virtual worship and activities remains the same and continues to be published via email, the Scoop e-newsletter, and posted on the website. The in-person worship schedule for the summer is listed below.

In –Person Worship Schedule (Social Distancing Observed & Mask Required)

- Sunday, July 17th, 2022 @ 9AM **Communion**
- Sunday, July 31st, 2022 @ 9AM **Missionary Outreach Day/Academic Achievement**
- Sunday, August 7th, 2022 @ 9AM **Regular Worship**
- Sunday, August 21st, 2022 @ 9AM **Communion**

In Person Worship Survey Link

<https://form.jotform.com/dmayhan/new-morning-star-baptist-church-reo>

The Journey

You are invited to join us on “**The Journey**” as we continue during our weekly, daily, and monthly virtual experiences on Zoom and the conference call numbers. The schedule of “**The Journey**” and access to the Zoom links and conference call numbers are listed below for your convenience.

Sunday Morning Worship 9 am

Join Zoom Meeting: <https://us04web.zoom.us/j/525898236> Meeting ID: 525 898 236 | Audio: (301) 715-8592

Special Prayer of Faith, Intercessory Prayer of Hope & Corporate Prayer of Joy

Monday – Friday at 7AM | Conference Call Number (605) 475-4000 code 1018295#

Midweek Study, Testimonies, Prayer Request & Praise Report – Wednesdays

Use Conference Call Number (605) 475-4000 code 1018295# for the following:

- 12 noon: Prayer, Praise and Bible Study
- 7:00 PM: Prayer, Praise and International Sunday School Lesson Exposition
→Subscribe to a Video Summary of the International Sunday School Lesson on [YouTube](#)
- [Get the Bible Study Schedule](#)

Summer Devotional Reading Schedule

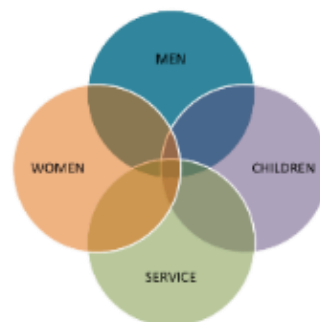
[Get the current schedule of devotional readings here](#)

Highlights of Upcoming Activities

Outreach Virtual Worship
Monday, July 18, 2022 @ 7 pm
“No One Should Live Hungry And Homeless”



Zoom Meeting: <https://zoom.us/j/439717479> OR
Call (408) 740-3766, Meeting ID: 439717479# OR
Call (646)-876-9923, Meeting ID: 439717479#



Focus on the Family:
Emphasis on “The News @ Noon”

Conference Call Number: (605) 475-4000
code 1018295#

Hour of Power @ Noon

Every Wednesday

Care Partners Support Group

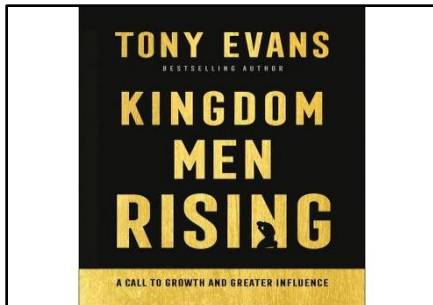
July 6, 2022 @ 1 pm

July 20, 2022 @ 1 pm

Man Up Fellowship

Thursday, July 28, 2022, 7 pm

Call (605) 475-4000, and enter code 1018295#



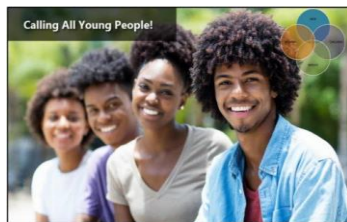
Sisterhood Fellowship

Friday, July 29, 2022, 7 pm

Call (605) 475-4000 and enter code 10018295#



Youth Rehearsals each Thursday, 6 pm until 7 pm



Join Zoom Meeting:

<https://us02web.zoom.us/j/87474748295>

or call (301) 715-8592 and enter ID: 874 7474 8295

July Health Corner



Why I need a yearly visit with my Primary Care Physician

Who is a primary care physician and why do I need one?

A primary care physician better known as your PCP is a medical doctor who is trained to prevent, diagnose, and treat a broad array of illnesses and injuries in the general population. PCP's provide comprehensive care — which means they can address chronic, long-term conditions like diabetes mellitus as well as acute problems like bronchitis, allergic reactions, or colds and flu.

Doctors are also requesting that patients get yearly check-ups to help stay on top of your health. They are highlighting the importance of prevention, to reduce the number of patients requiring medical treatment or surgery.

A yearly check-up can help find potential health issues before they become a problem. When you see your PCP regularly, they can detect health conditions or diseases early. Early detection gives you the best chance for getting the right treatment quickly, avoiding any complications. By getting the correct health services, screenings, and treatment you are taking important steps toward living a longer, healthier life.

Preventive health care is to help people to become more educated and empowered about their health. It helps you to live a healthy lifestyle thus lowering your risk for various medical conditions and disease.

During your yearly visit your PCP should provide these services:

- Review your history
- Family history
- Height and Weight to determine your Body mass index (BMI)
- Blood pressure and pulse
- Head to toe physician exam including listening to heart and lungs
- Social and mental health screening
- Preventive health screenings such as immunizations if needed. Other preventive health screenings dependent on your age and gender
- Medication review
- Lab test in office or at an outside laboratory
- Counseling and plan of care for the coming year

Never leave the PCP office without all your questions answered!

Let us make 2022 the year you **TAKE CHARGE** of your health and schedule an appointment. If you do not have a PCP and need help finding one, I am available to assist you. Contact Health Coordinator, Gwendolyn Sadler RN, BSN, CCM
Email: gbs0229@gmail.com Phone: (301) 922-4259

[Visit our website for more information!](#)