

The Scoop – September 2022

From the Desk of Pastor Sadler



The American Heart Association recently reported that spirituality is linked to better heart health among African Americans. The study cited that, “Church attendance and prayer are a major source of healthiness among African American men and women.” Moreover, “Researchers noted that strong religious beliefs and spirituality may have beneficial effects on their health.”

We do know that the word of God supports our wellbeing as taught in Isaiah 26: 3; **“³Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.** (KJV).

This September our ministry focus is on spirituality, health, and wellness. Join us this month for all of our upcoming worship events, as well as, the annual Community Day & Health Fair.

In-Person Sunday Worship

Also consider joining us for our regularly scheduled worship services. The schedule for virtual worship and activities remains the same and continues to be published via email, the Scoop e-newsletter, and posted on the website.

In-person Worship Schedule (Social Distancing Observed & Mask Required)

Sunday, September 4, 2022 @ 9AM - **Regular Worship**

Sunday, September 18, 2022 @ 9AM - **Communion**

**Take the
In Person Worship
Survey**

The Journey

You are invited to join us on “**The Journey**” as we continue during our weekly, daily, and monthly virtual experiences on Zoom and the conference call numbers. The schedule of “**The Journey**” and access to the Zoom links and conference call numbers are listed below for your convenience.

Growth & Development Series (SALT), Saturday September 3, 2022 @ 10 am.

Zoom: <https://us02web.zoom.us/j/89126764163> | Audio: (301) 715-8592 | Meeting ID: 8912676 4163

Enlightenment, Enhancement & Enrichment, Wednesday, September 28, 2022 @ 6:30 – 8:30 pm. Two topics: 1) Men’s Health: Everything You Need to Know about Your Prostate and 2) Depression & Health Equity Register by September 21 at www.smh.membersclicks.net/09-28-2022-discussing-the-facts--prostate--depression--health-equity, email jsmit470@jhmi.edu or call 202-364-7602

Sunday Morning Worship 9 am

Zoom: <https://us04web.zoom.us/j/525898236> | Audio: (301) 715-8592 | Meeting ID: 525 898 236

Special Prayer of Faith, Intercessory Prayer of Hope & Corporate Prayer of Joy, M – F @ 7am

Conference Call Number (605) 475-4000, code 1018295#

Midweek Study, Testimonies, Prayer Request & Praise Report – Wednesdays

Use Conference Call Number (605) 475-4000, code 1018295# for the following:

- 12 noon: Prayer, Praise and Bible Study
- 7:00 PM: Prayer, Praise and International Sunday School Lesson Exposition
→Subscribe to a Video Summary of the International Sunday School Lesson on [YouTube](#)
- [Get the Bible Study Schedule](#)

Youth Rehearsal, Thursdays from 6 pm to 7 pm

Zoom: <https://us02web.zoom.us/j/87474748295> | Audio: (301) 715-8592 | Meeting ID: 874 7474 8295

Man-Up Fellowship, Thursday September 29, 2022, 7 pm. Focus on Kingdom Men Rising by Tony Evans

Sisterhood Fellowship, Friday, September 30, 2022, 7 pm. Focus on She’s Still Here by Chrystal Evans Hurst

- For the Men’s & Sisters Fellowship: Call (605) 475-4000 and enter code 10018295#

Summer Devotional Reading Schedule: [Get the current schedule of devotional readings here](#)

Highlights of Upcoming Activities

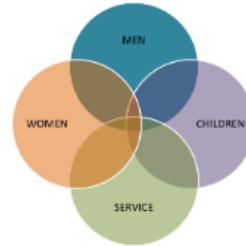


Saturday, September 24, 2022

~Between 50th Street and Sheriff Road~

Come join us for a day filled with
Food & Fun

COVID-19 Vaccinations & Boosters
Horseback Riding, Giveaways & More



Outreach Virtual Worship

Monday, September 19, 2022 @ 7 pm

"No One Should Live Hungry And Homeless"

On Zoom: <https://zoom.us/j/439717479> OR Call (408)

740-3766, Meeting ID: 439717479# OR

Call (646)-876-9923, Meeting ID: 439717479#

Focus on the Family:

Emphasis on "The News @ Noon"

Conference Call Number: (605) 475-4000

code 1018295#

Hour of Power Every Wednesday @ Noon

Care Partners Support Group Schedule

Sept. 7, 2022 @ 1 pm & Sept. 21, 2022 @ 1 pm



Monkeypox- What You Need to Know

Monkeypox (MPX) is a rare, but potentially serious viral illness that can be transmitted from person to person through direct contact with body fluid or monkeypox lesions.

Monkeypox Prevention Steps

Take the following three steps to prevent getting monkeypox:

1. Avoid close, skin-to-skin contact with people who have a rash that looks like monkeypox.
Do not touch the rash or scabs of a person with monkeypox.
Do not kiss, hug, cuddle or have sex with someone with monkeypox.
2. Avoid contact with objects and materials that a person with monkeypox has used.
Do not share eating utensils or cups with a person with monkeypox.
Do not handle or touch the bedding, towels, or clothing of a person with monkeypox.
3. Wash your hands often.
Wash your hands often with soap and water or use an alcohol-based hand sanitizer, especially before eating or touching your face and after you use the bathroom.

People more likely to get Monkeypox include:

1. People who have been identified by public health officials as a contact of someone with monkeypox
2. People who are aware that one of their sexual partners in the past 2 weeks has been diagnosed with monkeypox
3. People who had multiple sexual partners in the past 2 weeks in an area with known monkeypox
4. People whose jobs may expose them to orthopoxvirus, such as:
 - Laboratory workers who perform testing for orthopoxvirus
 - Laboratory workers who handle cultures or animals with orthopoxvirus
 - Some designated healthcare or public health workers

Please protect yourself and for any additional information, visit:

<https://dchealth.dc.gov/page/monkeypox> or <https://www.cdc.gov/poxvirus/monkeypox/index.html>

Questions? Contact: Gwendolyn Sadler, RN, BSN, CCM | gbs0229@gmail.com | (301) 922-4259

[Visit New Morningstar Baptist Church Website!](#)

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