

# ***The Scoop – November 2025***

***From the Desk of Pastor Sadler***



## **“Restoration, Revival, & Renewal”**

It's Revival time and the 2025 year has been a blessing for our country, church, and family, therefore, we embrace the theme “Thanks-Giving.” We are anticipating ending the year with a renewed sense of restoration for our lives, revival in our church, and renewal around the world.

Psalm 136 verses 1-8 echoes our desire to give thanks to the one who has continued to allow us to live, move, and have our being. *“O give thanks unto the Lord; for he is good: for his mercy endureth forever. O give thanks unto the God of gods: for his mercy endureth forever. O give thanks to the Lord of lords: for his mercy endureth forever. To him who alone doeth great wonders: for his mercy endureth forever. To him that by wisdom made the heavens: for his mercy endureth forever. To him that stretched out the earth above the waters: for his mercy endureth forever. To him that made great lights: for his mercy endureth forever: The sun to rule by day: for his mercy endureth forever.”* (KJV).

### **In–Person Worship Schedule**

- Sunday, November 2, 2025 @ 10:30 AM Regular Worship
- Sunday, November 9, 2025 @ 10:30 AM Youth Fellowship
- Sunday, November 16, 2025 @ 10:30 AM Communion
- Sunday, November 23, 2025 @ 11:00 AM Joint Worship w/ Greater New Hope
- Sunday, November 30, 2025 @ 10:30 AM Missions Day

Worship with us live on YouTube: <https://www.youtube.com/@NewMorningStarBaptistChurchDC>

**Take the In-Person Worship Opinion Survey!**

New Morning Star Baptist Church | 5016 Sheriff Road Northeast | Washington, District of Columbia 20019

## Featured Events



### Fall Revival

We invite you to join in the faith walk with us as we continue to explore the journey that is ahead of us during our **Fall Revival** which will be held in-person November 19th – November 21st @ 7 pm each night. Our revivalist will be Bishop Melvin G. Brown, Pastor of The Greater New Hope Baptist Church.

### Party with a Purpose Missions & Ministries Journey

Now through December 31st, 2025. Join us as we reach out with compassion with our ministry partners for the following activities:

- Lott Carey Convention Meal Packaging Drive – November 21 and 22, 8:30 am to 6:00 pm; Southern Friendship Missionary Baptist Church, 4444 Branch Avenue, Temple Hills, MD 20748
- United Communities against Poverty Inc. Walk for the Homeless – November 22, Bladensburg Waterfront Park, Bladensburg, MD. Registration fee of \$30. Register: [www.UCAPPGC.ORG](http://www.UCAPPGC.ORG)
- Homecoming Fellowship & Thanksgiving Day Launch Worship Experience November 23, 11 am @ Greater New Hope Baptist Church, 816 8<sup>th</sup> Street NW, Washington, DC 20001

### Save the Date: Christmas Cantata



December 25 at 9 am, New Morningstar Baptist Church. Featuring The Reunion Choir!

## Upcoming Activities

**S.A.L.T. - Serving and Learning Together (Growth & Development Series)** - First Saturday of every month at 10 am. Zoom: <https://us02web.zoom.us/j/89126764163> / Audio: (301) 715-8592 / Meeting ID: 891 2676 4163.

**Central Mission Union Outreach In-person Worship** “No One Should Live Hungry And Homeless”: Every third Monday at 7 pm, *in person only*, at 65 Massachusetts Avenue, NW Washington, DC, 20001.

**Enlightenment, Enhancement, & Enrichment:** Every 3<sup>rd</sup> Wednesday @ 7 pm. *Discussing the Facts.* Next meeting is November 19<sup>th</sup>. Visit: <https://jhjhm.zoom.us/j/99612626619>, Enter Meeting ID: 996 1262 6619  
**Zoom Audio:** (301) 715-8592

⇒ ⇒ **[Visit New Morningstar Baptist Church Website!](#)**

# The Journey

You are invited to join us on “**The Journey**” as we continue during our weekly, daily, and monthly virtual experiences on YouTube, Zoom, and the conference call numbers.

**Sunday School** at 9 am, in-person

**Virtual Sunday Worship with us live on YouTube @ 10:30 am:**

<https://www.youtube.com/@NewMorningStarBaptistChurchDC>

**Special Prayer of Faith, Intercessory Prayer of Hope & Corporate Prayer of Joy**

Monday – Friday at 7 am | Conference Call Number (605) 475-4000 code 1018295#

**Midweek Study, Testimonies, Prayer Request & Praise Report – 1<sup>st</sup> and 2<sup>nd</sup> Wednesdays of each month.** Use Conference Call Number (605) 475-4000 code 1018295# for the following:

- 12 noon: Prayer, Praise and Bible Study: [Get the current Bible Study Schedule on the Resources page](#)
- 7:00 pm: Prayer, Praise and International Sunday School Lesson Exposition  
→Subscribe to a Video Summary of the International Sunday School Lesson on [YouTube](#)

**Lunch and Learn – 3<sup>rd</sup> Wednesday of each month at 12 pm to 1 pm. “Understanding Dementia & Caregiving” Join us via Zoom:**

<https://jhjhm.zoom.us/j/93848524191?pwd=Sebex2SWa0Y0F6sAvhiz81k6TnSXUS.1>, enter meeting ID Meeting ID: 938 4852 4191, Passcode: 604984; or join Zoom Audio: (301) 715-8592



**Devotional Reading**

[Get the current Devotional Reading Schedule on the Resources page](#)



**Focus on the Family: Men, Women, Children, Service**

**“The News @ Noon” Hour of Power**

Every Wednesday @ Noon

Conference Call Number: (605) 475-4000, code 1018295#

**Care Partners Support Group**

First Tuesday of every other month @ 1 pm.

Conference Call Number: (605) 475-4000, code 1018295#. Next meeting is on December 2 @ 12PM – 1 pm. Contact Contact Jihan Starr at [jjstarr2@jh.edu](mailto:jjstarr2@jh.edu) or call (202) 364-7602 to register.

**Youth Ministry Rehearsal**

Friday before 2<sup>nd</sup> Sunday at 5:30 pm.

Zoom: <https://us02web.zoom.us/j/87474748295>

Audio: (301) 715-8592 | Meeting ID: 874 7474 8295

**Men and Women's Ministry Joint Fellowship:** Last Friday of each month at 7 pm.

Zoom: <https://us02web.zoom.us/j/89126764163>

Audio: (301)-715-8592 | Meeting ID: 891 2676 4163

**Self-Care Wednesdays**

A Day of Rest, Reflection, & Self care

The Last Wednesday of Every other Month

# ***New Morning Star is a SHARE Food Host Site!***



The SHARE Food Network is a non-profit, community-based organization dedicated to offering healthy, nutritious groceries at a roughly 50 percent discount to everyone on a monthly basis. Value packages cost just \$25 every month with optional Special Premium packages that can be additionally purchased.”

- Get your monthly menu at church or on the SHARE Food Network website: <https://www.catholiccharitiesdc.org/share/>
- Purchase a value package in our Church’s Share Food Network envelope or through **Givelify**
- Make your payment by the scheduled deadline date (See SHARE Calendar)

## ***Health Corner***



**November is National Diabetes Month;** the World Diabetes Day 2025 theme is "**Diabetes and Well-being**" This is a time when communities across the country team up to bring attention to diabetes. This year’s focus is on managing diabetes by building your health care team.

Diabetes is a disease that occurs when your blood glucose, also called blood sugar, is too high. It affects about 37 million Americans, including adults and youth with one in four do not even realize they are walking around with the disease. Diabetes can damage the eyes, kidneys, nerves, and heart, and is linked to some types of cancer.

But there’s also good news:

Taking charge of your health may help you prevent diabetes health problems.

Tips to get started.

1. Manage your blood glucose, blood pressure, and cholesterol levels.
  - You can start by managing your diabetes ABCs.
    - A is for the A1C test that health care professionals use to measure your average blood glucose levels.
    - B is for blood pressure.
    - C is for cholesterol.
2. Take small steps toward healthy habits.
  - Lifestyle habits such as planning healthy meals, being physically active, getting enough sleep, and not smoking may help you manage your diabetes ABCs.
3. Take your medicines on time.
4. Reach or maintain a healthy weight.
5. Take care of your mental health.
6. Managing diabetes takes a team.
  - Your health care team may include a primary care provider, diabetes specialist, registered dietitian, or certified diabetes educator.

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For more information:

<https://diabetes.org/adm>

<https://www.awarenessdays.com/awareness-days-calendar/national-diabetes-month/>

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**The November's Alzheimer's Awareness Month is focused on *caregivers*.** Alzheimer's disease is a progressive brain disorder that impacts memory, thinking and language skills, and the ability to carry out the simplest tasks. Alzheimer's disease is the most common cause of dementia. Dementia itself is not a disease, but a term used to describe symptoms such as loss of memory, loss of judgment and other intellectual functions. Alzheimer's disease can cause dementia. More than 6.2 million Americans are currently living with Alzheimer's disease.

Facts:

- Alzheimer's is deadlier than breast cancer and prostate cancer combined.
- The disease is most prevalent in women and Black Americans.
- 11 million Americans act as unpaid caregivers for a loved one diagnosed with Alzheimer's.
- Fewer than 1 in 5 Americans are familiar with mild cognitive impairment, which can be an early stage of Alzheimer's.

A strong support system is essential for an Alzheimer's caregiver. Alzheimer Foundation Association (AFA) was founded by a family caregiver to be a resource for caregivers and a place they can turn to for help, guidance, and support in their time of need. It is vital for caregivers to be supported and equipped to give their loved ones the best care possible.

For more information: <https://alzfdn.org/alzawarenessmonth/> | National Toll-Free Helpline: 1-866-232-8484

**I am available for questions and assistance. Gwendolyn Sadler, RN, BSN, CCM [gbs0229@gmail.com](mailto:gbs0229@gmail.com) (301) 922-4259**

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