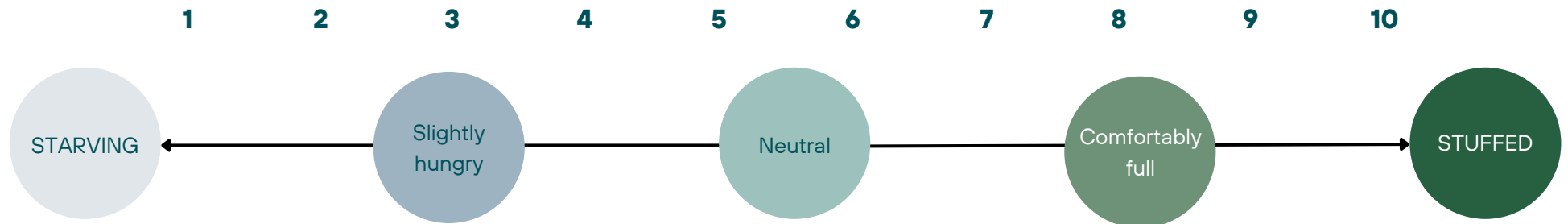

HUNGER FULLNESS SCALE



My strong hunger cues feel like

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My subtle hunger cues feel like

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My subtle fullness cues feel like

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My strong fullness cues feel like

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