

Celebrate Recovery 12 Steps and Biblical Reference

Step 1: We admitted we were powerless over our addictions and compulsive behaviors, that our lives had become unmanageable.

I know that nothing good lives in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out. Romans 7:18

Step 2: We came to believe that a power greater than ourselves could restore us to sanity.

For it is God who works in you to will and to act according to His good purpose. Philippians 2:13

Step 3: We made a decision to turn our lives and our wills over to the care of God. *Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God – this is your spiritual act of worship.*

Romans 12:1

Step 4: We made a searching and fearless moral inventory of ourselves.

Let us examine our ways and test them, and let us return to the Lord.

Lamentations 3:40

Step 5: We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

Therefore confess your sins to each other and pray for each other so that you may be healed. James 5:16

Step 6: We were entirely ready to have God remove all these defects of character.

Humble yourselves before the Lord, and He will lift you up. James 4:10

Model-spoken upon first awaking in bed

“Blessed are You, LORD our God, King of the Universe, I am thankful before you living and eternal King for You have mercifully restored my soul within me. Great is your faithfulness!”

Matthew 6:9-13 The Lord's Prayer

"Our Father, which art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done in earth, as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil: For thine is the kingdom, and the power, and the glory, forever. Amen."

The Shema – Deuteronomy 6:4-5

The Lord our God, the Lord is one. Love the Lord your God with all your heart and with all your soul and with all your strength.

Psalm 139:8

"If I ascend to heaven, You are there; if I make my bed in the depths You are there"

Proverbs 3:5-6

Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to Him, and He will make your paths straight.

Celebrate Recovery 8 Principles and Biblical Reference

1. Realize I'm not God. I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable.

Blessed are the poor in spirit, for theirs is the kingdom of heaven. Matthew 5:3

2. Earnestly believe that God exists, that I matter to Him and that He has the power to help me recover.

Blessed are those who mourn, for they will be comforted. Matthew 5:4

3. Consciously choose to commit all my life and will to Christ's care and control.

Blessed are the meek, for they will inherit the earth. Matthew 5:5

4. Openly examine and confess my hurts, hang-ups and habits to myself, to God, and to someone I trust.

Blessed are the pure in heart, for they will see God. Matthew 5:8

5. Voluntarily submit to any and all changes God wants to make in my life and humbly ask Him to removed my character defects.

Blessed are those who hunger and thirst for righteousness, for they will be filled.

Matthew 5:6

The Roman Road to Salvation

Romans 3:23 For all have sinned and fall short of the glory of God.

Romans 6:23 For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.

Romans 5:8 But God demonstrates his own love for us in this: While we were still sinners, Christ died for us.

Romans 10:9 If you declare with your mouth, "Jesus is Lord," and believe in your heart that God raised Him from the dead, you will be saved.

Psalm 23 KJV

The Lord is my shepherd; I shall not want. He maketh me to lie down in green pastures: He leadeth me beside the still waters. He restoreth my soul: He leadeth me in the paths of righteousness for his name's sake. Yea, though I walk through the valley of the shadow of death, I will fear no evil: for Thou art with me; Thy rod and Thy staff they comfort me. Thou preparest a table before me in the presence of mine enemies: Thou anointest my head with oil; my cup runneth over. Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord forever.

Serenity Prayer by Reinhold Niebuhr

God, grant me the serenity to accept the things I cannot change, the courage to change the things I can and the wisdom to know the difference. Living one day at a time, enjoying one moment at a time. Accepting hardship as a pathway to peace. Taking, as Jesus did, this sinful world as it is, not as I would have it. So that I may be reasonably happy in this life and supremely happy with you forever in the next. Amen

6. Evaluate all my relationships. Offer forgiveness to those who have hurt me and make amends for harm I've done to others when possible, except when to do so would harm them or others.

Blessed are the merciful, for they will be shown mercy. Matthew 5:7

Blessed are the peacemakers, for they will be called children of God. Matthew 5:9

7. Reserve a daily time with God for self-examination, Bible reading and prayer in order to know God and His will for my life and to gain the power to follow His will.

Blessed are those who Celebrate Recovery!

8. Yield myself to God to be used to bring this Good News to others, both by my example and my words.

Blessed are those who are persecuted because of righteousness, for theirs is the kingdom of heaven. Matthew 5:10

The Roman Creed

I believe in God the Father Almighty; and in Christ Jesus His only Son, our LORD, who was born from the Holy Spirit and the Virgin Mary, who under Pontius Pilate was crucified and buried, on the third day rose again from the dead, ascended into heaven, sits at the right hand of the Father, whence He will come to judge the living and the dead; and in the Holy Spirit, the holy Church, the remission of sins, the resurrection of the flesh, life everlasting.

Psalm 1:1-3 NIV

Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers, but whose delight is in the law of the Lord, and who meditates on his law day and night. That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither— whatever they do prospers.

The Choice Process Prayer by Pastor Mark Turansky

“God, I want to use, I can use, but once, and it's over. So, in this moment, I accept this discomfort so I can get my benefits.”

Then, list your benefits.

Figure it, Face it & Fix it by Mark Turansky

www.NewHorizonsHawaii.com

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Step 7: We humbly asked Him to remove all our shortcomings.

If we confess our sins, He is faithful and will forgive us our sins and purify us from all unrighteousness. 1 John 1:9

Step 8: We made a list of all persons we had harmed and became willing to make amends to them all.

Do to others as you would have them do to you. Luke 6:31

Step 9: We made direct amends to such people whenever possible, except when to do so would injure them or others.

Therefore, if you are offering your gift at the altar and there remember that your brother has something against you, leave your gift there in front of the altar. First go and be reconciled to your brother; then come and offer your gift. Matthew 5:23-24

Step 10: We continue to take personal inventory and when we were wrong, promptly admitted it.

So, if you think you are standing firm, be careful that you don't fall. 1 Corinthians 10:12

Step 11: We sought through prayer and meditation to improve our conscious contact with God, praying only for knowledge of His will for us, and power to carry that out.

Let the word of Christ dwell in you richly. Colossians 3:16

Step 12: Having had a spiritual experience as the result of these steps, we try to carry this message to others and practice these principles in all our affairs.

Brothers, if someone is caught in a sin, you who are spiritual should restore them gently.

But watch yourself, or you may also may be tempted. Galatians 6:1

Luke 22:42 Sobriety Prayer

“Lord, help me stay sober today. Today, not my will, but Thine be done”

Bedtime Blessing

“Blessed are You, Adonai, our God, Ruler of the universe, who closes my eyes in sleep, my eyelids in slumber. May it be Your will, Adonai, My God, to lie me down in peace and then to raise me up in peace. Let no disturbing thoughts upset me, no evil dreams nor troubling fantasies. May my bed be complete and whole in Your sight. Grant me light so that I do not sleep the sleep of death, for it is You who illumines and enlightens. Praised are You, Adonai, whose majesty gives light to the universe.”

Aaronic Blessing/Birkat Kohanim – Numbers 6:24-26 NIV

"The LORD bless you and keep you; the LORD make his face shine on you and be gracious to you; the LORD turn his face toward you and give you peace."

Doxology

Praise God, from whom all blessings flow; Praise Him all creatures here below; Praise Him above, ye heavenly host; Praise Father, Son, and Holy Ghost. Amen.