



Feel better at home

Hospital-quality care for your symptoms is a phone call away.

Call us first

Call us first for in-home care at [833-904-2273 \(TTY: 711\)](tel:833-904-2273). Our licensed providers are on standby 24/7.

Let us come to you

Call us first, and our fully licensed team will be at your doorstep for common conditions such as:



Severe or ongoing cough and cold



Nausea, abdominal pain, or diarrhea



Ongoing muscle or joint pain



Cuts, scrapes, or wounds



A burning or constant urge to pee, or if you have dark or cloudy urine



A fever over 100° or that hasn't gotten better with medicine

When you become a Cityblock member, our services are typically included in the benefits of your health plan. In the rare case where you have a copay, please reach out to us. Our financial assistance program may help cover your fees if you are eligible—making our services at no cost to you.

Please call 911 for life-threatening emergencies. If you're not sure, call us first and we'll help decide what you need.

There is no change to your health plan benefits when you join Cityblock Health. All medical services are provided by licensed physicians and healthcare practitioners practicing within a group of independently owned and operated professional practices collectively known as "Cityblock Medical Practices." Cityblock Health, Inc. does not itself provide any physician, mental health professional, or other healthcare provider services.