



# JUNE

2021

**Dr.M.L.Garza-Gonzales  
Charter School**



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Chicken Nuggets  
Carrots  
Fruit  
Choice of Milk

1.

Pizza  
Corn  
Peaches  
Choice of Milk

2.

Chicken Fajita  
Beans  
Pears  
Choice of Milk

3.

Beef Burger  
Oven Fries  
Fruit  
Choice of Milk

4.

Corn Dog  
Green Beans  
Mix Fruit  
Choice of Milk

7.

Beef Tacos  
Beans  
Applesauce  
Choice of Milk

8.

Pizza  
Corn  
Peaches  
Choice of Milk

9.

Burrito  
mix.veggies  
Pears  
Choice of Milk

10.

Chicken Burger  
Carrots  
Fruit  
Choice of Milk

11.

Frito Pie  
Mix Vegetable  
Pears  
Choice of Milk

14.

Hot Dog  
Carrots  
Applesauce  
Choice of Milk

15.

Pizza  
Corn  
Peaches  
Choice of Milk

16.

Chicken Nuggets  
Mix Fruit  
Green Beans  
Choice of Milk

17.

Beef Burger  
Oven Fries  
Fruit  
Choice of Milk

18.

Peanut Butter& Jelly Box  
Carrots  
Fruit  
Choice of Milk

21.

Steak fingers  
Green Beans  
Applesauce  
Choice of Milk

22.

Pizza  
Corn  
Peaches  
Choice of Milk

23.

Corn Dog  
Mix Vegetable  
Pears  
Choice of Milk

24.

Chicken Burger  
Carrots  
Fruit  
Choice of Milk

25.

28.

29.

30.

Special Announcements:



Food and Nutrition Division  
National School Lunch Program and School Breakfast Program



TEXAS DEPARTMENT OF AGRICULTURE  
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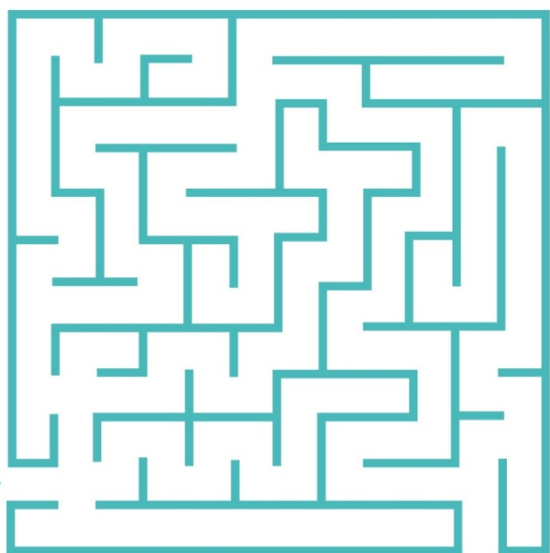
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# INTERNATIONAL SPACE STATION PORK

Astronauts first arrived at the International Space Station in November 2000. More than 230 astronauts from 19 different countries have spent time in the space station since then. They conduct research in the zero-gravity environment. The astronauts live and work in an area larger than a six-bedroom house. The space station orbits the earth at height of about 250 miles and completely circles the earth about 16 times a day. The solar panel array that powers it is so big that sometimes you can look up and see the space station moving across the sky at dawn or dusk.

## MARTIAN MAZE



## DID YOU KNOW?

Pork is a protein food that is used in many recipes like pork chops, pulled pork tacos, and jambalaya.

Did you know that pork is an excellent source of nutrients such as protein, thiamin, niacin, vitamin B-6, and phosphorus? It is also a good source of potassium, zinc, and riboflavin.



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