



**Grow Together**  
Pediatric Occupational  
Therapy & Consulation



**1**

### **TASK INITIATION/SHIFTING**

How a child starts a task and  
transitions to a task

**2**

### **PLANNING ORGANIZATION**

The skills to think through a task  
and organize the steps for  
completion

**3**

### **IMPULSE CONTROL**

The ability to think through actions  
prior to conducting

**4**

### **EMOTIONAL CONTROL**

The skills to process responses  
when emotions arrive.

**5**

### **WORKING MEMORY**

The ability to recall events and  
motions