



# Developmental Milestones

AGE GROUP	AGE BASED SKILLS	WARNING SIGNS	PLAY OPTIONS
Birth-3 months	<ul style="list-style-type: none"> <li>• Non-purposeful grasp of items.</li> <li>• Pushes up on arms and lift head when on their stomach (around 3 months)</li> <li>• Brings both hands to mouth (2-3 months)</li> </ul>	<ul style="list-style-type: none"> <li>• Flattening sections of the head</li> <li>• Turns/rolls to only one side without attempt to roll or look in other direction</li> </ul>	<ul style="list-style-type: none"> <li>• Tummy time</li> <li>• Touching items- lotion, water, sand, grass, etc.</li> <li>• Lights to look at</li> <li>• Rattles, Music toys, Light toys, Books</li> </ul>
3- 6 months	<ul style="list-style-type: none"> <li>• Pushes on forearms/hands</li> <li>• Happy baby pose</li> <li>• Rolling and sitting up with support</li> <li>• While in crawling stance, will begin to rock</li> <li>• Purposeful reach</li> <li>• discovery of hands and feet</li> </ul>	<ul style="list-style-type: none"> <li>• Arching while on their back</li> <li>• Only using one side of the body</li> <li>• Does not show an open hand</li> </ul>	<ul style="list-style-type: none"> <li>• Sidelying play</li> <li>• Assisted rolling with auditory praise</li> <li>• Talking while pointing to your mouth</li> <li>• Rattles, Music toys , Light toys, Books</li> </ul>



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AGE GROUP	EMERGING SKILLS	RED FLAGS	EVERYDAY PLAY
6-12 months	<ul style="list-style-type: none"> <li>• Independent rolling and sitting unsupported (5-6 months)</li> <li>• Crawling (6-8 months)</li> <li>• Pull to stand (7-9 months)</li> <li>• Cruises (8-10 months)</li> <li>• Releases objects purposefully (8-10 months)</li> <li>• Walks independently (8-12 months)</li> <li>• Bear Crawling (6-12 months)</li> </ul>	<ul style="list-style-type: none"> <li>• Scooting without crawling</li> <li>• Does not move forward in crawling</li> <li>• Arching back on the floor</li> <li>• Not putting pressure on feet for any purpose</li> <li>• Moving positions with help</li> <li>• Cannot to grasp items</li> </ul>	<ul style="list-style-type: none"> <li>• Climbing/crawling</li> <li>• Rolling</li> <li>• Exploration play in the environment</li> <li>• Push toys, cause and effect toys</li> <li>• Toys for "put in and put out of" containers</li> </ul>



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18-24 months	<ul style="list-style-type: none"> <li>• Build with blocks</li> <li>• turns pages of a book</li> <li>• Uses a whole hand to hold a crayon</li> <li>• Runs and kicks</li> <li>• Uses riding toys</li> <li>• forms   and _ lines</li> </ul>	<ul style="list-style-type: none"> <li>• Fearful of feet off the ground (swings/slides)</li> <li>• Little interest ins gross motor play</li> <li>• Toe walking consistently</li> <li>• does not engage with playing with peers</li> </ul>	<ul style="list-style-type: none"> <li>• Sensory play</li> <li>• setting play (ex. kitchen)</li> <li>• Crafts</li> <li>• Pretend play</li> </ul>
2-3 years	<ul style="list-style-type: none"> <li>• Imitates lines</li> <li>• Scissor use</li> <li>• Gallops/skipping</li> <li>• Throws balls</li> <li>• forms "X" and "+"</li> </ul>	<ul style="list-style-type: none"> <li>• Not playing near other children</li> <li>• Not using hands together</li> <li>• Overly response to sensory environment</li> <li>• Physically agressive with peers</li> </ul>	<ul style="list-style-type: none"> <li>• Play groups</li> <li>• Playdough</li> <li>• Crafts</li> <li>• Playing next to a peer</li> <li>• Pretend play</li> </ul>
3- 5 years	<ul style="list-style-type: none"> <li>• Skips</li> <li>• Hops on 1 foot</li> <li>• 3 fingers when coloring/wriitng</li> <li>• Writes name from memory</li> <li>• Dresses independently</li> </ul>	<ul style="list-style-type: none"> <li>• Challenges with sensory environment</li> <li>• Aggressive behaviors</li> <li>• Poor with transitions</li> <li>• Poor grasping of items (not imitating)</li> </ul>	<ul style="list-style-type: none"> <li>• Hide and seek games</li> <li>• Chores</li> <li>• Play with peers for a common goal /theme</li> </ul>