



All's Well Therapy, LLC
Addressing the root causes of symptoms through energy balancing
Paula Davis, Owner/Practitioner
Canandaigua, NY
MS Ed., CECF, CBCP, NCC
paula@allswelltherapy.com
www.allswelltherapy.com



Client Welcome Letter

Hello!

It was very nice to meet and talk with you today! I look forward to assisting you on your quest for wellness and I pledge to do my very best to help you meet your health goals. Throughout our work together, I hope you'll consider me to be a dedicated member of your wellness team!

The purpose of this letter is to provide you with a brief summary of energetic *imbalances* in the body and of The Body Code as an energy *balancing* technique. Also, a description of our actual work together and the details of scheduling, payments, and client responsibilities are included. This information can also be found on my website:

www.allswelltherapy.com

Brief Description of Negative Energy and of The Body Code System

Everything in the world and in our bodies, including emotions, beliefs, and thoughts, is composed of energy vibrating at various frequencies. Often, the energy of these emotions, beliefs, and thoughts, all of which are acquired throughout our lives and even inherited from our ancestors, is *negative* and can create *emotional* symptoms such as anxiety and depression. Furthermore, since these negative emotions, beliefs, and thoughts are literally balls of energy vibrating in our bodies, they can distort tissue and, as a result, cause *physical* symptoms such as pain.

In addition to those listed above, there are several other types of imbalances that may also occur in the body. They, too, can contribute to emotional and physical symptoms. Fortunately, the specific types of imbalances that a person may have can be found in The Body Code System under the categories of Energy, Circuits/Systems, Toxins, Pathogens, Misalignments, and Nutrition/Lifestyle. Using The Body Code, imbalances can be identified and permanently released. Doing so then allows the body to begin its innate process of healing so that symptoms can be resolved!

Benefits and Risks of The Body Code

As described above, the benefit of treatment with The Body Code is that imbalances can be released from the body, thereby allowing the body to initiate a self-healing response.

Although The Body Code is a gentle, complementary, energy-based approach to addressing emotional and physical symptoms, some clients may experience some discomfort as the body is "processing" the released energy. Most people process the release of energy very easily. However, some clients may experience one or more minor symptoms, such as fatigue, irritability, anxiety, nausea, headache, tingling, a feeling of being a little "off", etc. The severity of the symptoms depends on the specific energy that was released, other imbalances that are affecting your body, your stress level, and other external factors. Most people have few, if any, of these symptoms but, if they do, they feel better once the processing is done! This can take anywhere from 1-2 days for most people. Some take up to 4 or 5 days to process the energy released.

You can make the processing period easier by getting extra sleep the night before your session, drinking a lot of pure water, and avoiding stressful situations. **Paula Davis at All's Well Therapy, LLC** requests that you contact her immediately if any processing is too uncomfortable so that she may help you.

Disclaimer

Body Code treatment with **Paula Davis and All's Well Therapy, LLC** is a gentle, complementary, energy-based approach to health that can assist your body in its natural ability to heal. Treatment with The Body Code is not intended to replace any currently prescribed medical treatments as ordered by your physician nor any other medical care you have sought or may have been advised to seek. Services with **Paula Davis and All's Well Therapy, LLC** are not construed to be medical advice or medical treatment and are not meant to replace the medical advice of your doctor. **Paula Davis and All's Well Therapy, LLC** are not licensed, certified, or registered by any state as healthcare professionals and are not trained to diagnosis illness, make recommendations involving pharmaceutical drugs or surgery, or handle medical emergencies. **Paula Davis and All's Well Therapy, LLC** make no claims as to healing or recovery from any service and offer no guarantee towards validity. You will be encouraged to consult a licensed medical practitioner for any physical or mental complaints you may have.

Description of a Typical Session

A typical Body Code session will last 50 minutes and will be held via Zoom. I will act as your proxy by "connecting", energetically, with your subconscious mind. After setting the intention that our session be safe and effective, I will use muscle testing to identify the imbalances that are contributing to your symptoms. For each imbalance found, I will run a magnet over a small section of my Governing Meridian, typically the top of my head, while holding the intention for the imbalance to be neutralized or "released". I will continue with this process until your subconscious mind indicates that no more imbalances can be released at that session. I will then install positive energy that your subconscious mind indicates would be beneficial for you. Finally, after stating the intention that the processing be peaceful and gentle for you, I will determine the number of days required for processing the energy that was released and then "disconnect", energetically, from you. You may ask questions at any time during our session! Please note that it may take several sessions to release all of the imbalances contributing to your symptoms.

Fee Payment and Client Responsibilities

Payment in full using PayPal is due at the time of scheduling an appointment. Appointments must be scheduled at least 24 hours in advance of an available time slot.

I require 24 hours' notice for cancellation or rescheduling of an appointment. This allows me the opportunity to offer your time slot to another client. No refund will be given for a missed session.

I ask that you please be on time for your appointment so you can reap the full benefit of our session! If we start a session late, I will not be able to extend our time together as it would delay the start of the session for the next client.

I hope this information was helpful! Please contact me should you have any questions or concerns.

Sincerely,
Paula Davis