

# SEMAGLUTIDE FAQ'S



## 1. I just received my first prescription and there is very little medication in the vial, is this enough?

Yes, the starting dose is 0.25mg and is slowly increased to safely titrate you up to the weight loss dose of 2.4mg. Although it may not look like enough, it is in fact enough for 7 doses. Please visit our [YouTube channel](#) for how to videos and starting guides.

## 2. How often do I take the semaglutide and b12 shots?

Your semaglutide and B12 shots will be weekly injections. You will not mix them together.

## 3. Is my semaglutide still good left out of the fridge?

Our pharmacy has tested the medication at room temperature up to 60 days and determined it is still safe to use. The refrigerate storage recommendation is for optimal safety and shelf life.

## 4. How often do I increase my dose?

Dosing will increase every 4 weeks. However, your provider may increase you sooner than the schedule based on effectiveness of that dose for you and side effects.

## 5. Why did I not receive any B12 in my second prescription?

We provide you with enough B12 for 3 months. You will receive additional B12 every 3 months with your orders.

## 6. When and how do I make a follow up appointment?

You may schedule a follow up appointment on our website [www.alegrohealth.net](http://www.alegrohealth.net) or you can message us in the portal for a follow up. We recommend scheduling at the times below to ensure there is no delay in your weekly injections.

- 1st Prescription - at the time of your 5th injection
- 2nd prescription- at the time of your 4th injection
- 3rd prescription + - at the time of your 3rd injection

## 7. When will I receive my prescription after I pay my invoice?

Following invoice payment, we will send your prescription to the pharmacy, and it will take approximately 5-7 business days to receive your shipment. The medication is shipped directly to you via FedEx.

## 8. Can I use my HSA or FSA card?

Yes, you can use either form of payment as long as the card has a major credit card logo displayed on the card

## 9. How long will I be on this medication?

The duration in which you will be on the medication differs for everyone. We tailor this schedule for you based on how you are responding to the medication. Your weight loss goals are also a factor and the progress you make will determine the length of time needed.

## 10. What is your refund policy?

We do not offer refunds for services or products rendered and cannot accept returned medications after they have been dispensed per regulations. This includes delays in shipping from FedEx.

Any other questions or concerns, please reach out to us in the patient portal. <https://alegro.intakeq.com> We are here to support you!