

List of Values



Integrity: The adherence to a specific code of ethical and moral principles to be truthful and honest, to do what is right.

Respect: Valuing others, their beliefs, rights, abilities and their feelings.

Responsibility: Being accountable, being committed, accepting ownership

Compassion: Showing kindness and understanding to others and yourself.

Perseverance: Persistence in doing something despite difficulties.

Humility: Having a modest view of one's own importance.

Gratitude: Being thankful and showing appreciation.

Courage: Facing fear or adversity with bravery.

Self-discipline: Controlling one's emotions and desires.

Empathy: The ability to sense other people's emotions, along with the ability to imagine what someone else might be thinking or feeling

Service: to help or do work to benefit others

Fairness: Treating people without favouritism or bias.

Justice: Ensuring fairness in protection of rights and punishment of wrongs.

Community: Valuing social ties and helping to create a supportive network.

Inclusiveness to practice being welcoming and insuring a sense of belonging for all.

Cooperation: Working together for a common purpose or benefit.

Patience: Accepting or tolerating delay, trouble, or suffering without getting angry.

Accountability: Being responsible for your actions in a professional setting.

Competence: Having the necessary skills and knowledge for a job.

Work Ethic: The desire and determination to work hard.

Innovation: Being open and willing to create new methods and ideas.

Service: Commitment to providing help and benefits to others.

Leadership: Guiding and inspiring others towards a goal.

Love: Deep affection and care for others.

Truth: Adherence to facts and reality.

Freedom: The power or right to act, speak, or think without hindrance.

Joy: A feeling of great pleasure or happiness.

Generosity: Willingness to give and share without expecting anything in return.

Peace: Freedom from disturbance; tranquility.

Wisdom: The ability to make sound judgements based on knowledge and experience.

Learning: Continuously acquiring knowledge and skills.

Curiosity: Eager to learn or know more about something or someone.

Adaptability: Being able to adjust to new conditions.

Reflection: Engaging in self-examination and assessment.

Resilience: Recovering quickly from difficulties.

Independence: Self-reliance and freedom from control by others.

Loyalty: To offer to others a strong sense of support or allegiance.

Trustworthiness: Being reliable and deserving of trust.

Forgiveness: The action of forgiving or being forgiven.

Listening: Giving one's attention to sound or person.

Conservation: Protecting and preserving the environment.

Creativity: The use of imagination or new ideas to create something.

Faith: A strong belief in something, often a higher power or a set of principles, providing comfort, hope, meaning, and a sense of purpose.

Growth: To develop and change, to commit to continuous improvement.

Assertiveness: Able to express needs easily, confident and self assured.

Self Respect: To you have pride and confidence in yourself as a human and to treat yourself accordingly with honour and dignity.

Kindness: to be warm considerate and benevolent towards others.

Optimism: to practice hopefulness and confidence about the future and to expect successful outcomes



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