November Timetable

Step into circle → Book your space



Rooted & Wild Magickal

Root deep. Rise wild. Feel magick.

WOMEN'S CIRCLES

- **Every Tuesday, 7:30pm**
  Wild Witch Women's Circle
  Theme for this season; Shadow & Light.
  £10.50 PAYG
  £42 5 week pass
  SAVE £10
- **Tuesday 24th, 7:30pm**
  Full Moon Women's Circle £25.50

EARTH MAGICK COVEN

We run two Covens,
Rooted Acorns & Wild Oaks.

Contact me for more info.

DRUIDIC

- **Sunday 1st, 1pm**
  Druids Apothecary £35.50
  (Potion-making for Grown-ups)
- **Thursday 5th, 7:30pm**
  Folktales & Flames £10.50
  (plus marshmallows and mini sound bath)
- **Sunday 22nd, 10am**
  Rewilding: Woodland Healing £30.50
  (Sound Bath, Foragers Crafting, Drumming, Forest Bathing & more)

ENERGY CLEANSING

- **Monday 9th, 7:30pm**
  New Moon Shadow Work & Reiki £20.50
- **Thursday 19th, 7:30pm**
  Violet Flame Healing Circle £15.50

SABBATS & CELEBRATIONS

- **Friday 13th, 7pm**
  Rooted & Wild Moot (Social)
- **Monday 16th, 7pm**
  Hecate Night – Magick of the Crossroads, Ilkley £15.50

PRIVATE SESSIONS

Baildon or Woods in Ilkley
1hr30
£35–£50

www.rootedandwild.com | WhatsApp 07949478867 | Facebook rootedwildmagick

December Timetable

Step into circle → Book your space



Rooted & Wild

Magickal Wellbeing

Root deep. Rise wild.
Feel magick.

WOMEN'S CIRCLES

- Every Tuesday, 7:30pm
  Wild Witch Women's Circle
  Theme for this season;
  Moonlit wisdom.
  £10 PAYG
  £42 5 week pass
  SAVE £10
- Tuesday 22nd December, 7:30pm
  Full Moon Wild Witch Women's Circle £25.50

EARTH MAGICK COVEN

We run two Covens,
Rooted Acorns & Wild Oaks.

Contact me for more info.

DRUIDIC WELLBEING

- Thursday 3rd, 7:30pm
  Folktales & Flames £10.50
  (plus marshmallows and mini sound bath)
- Sunday 6th, 10am
  Rewilding: Woodland Healing £30.50
  (Sound Bath, Foragers Crafting, Drumming, Forest Bathing & more)
- Sunday 13th, 7:30pm
  Goddess Workshop £20.50

ENERGY CLEANSING

- Wednesday 9th, 7:30pm
  New Moon Shadow Work & Reiki £20.50
- Thursday 17th, 7:30pm
  Violet Flame Healing Circle £15.50

SABBATS & CELEBRATIONS

- Saturday 19th, 7pm
  Rooted & Wild Moot (Social)
- Monday 21st, 7:30pm til late
  Yule Celebration Circle £35.50
  (Folktales, celebrations & gnome crafting)

PRIVATE SESSIONS

Baildon or Woods in Ilkley
1hr30
£35–£50

www.rootedandwildwellbeing.com | WhatsApp 07949478867 | Facebook rootedwildmagick


Rooted & Wild
Magickal Wellbeing
Root deep. Rise wild.
Feel magick.
Introducing...
Personal Pixie
A little magickal helping hand,
when life feels a bit too much.
Your Personal Pixie is here to support you in whatever way you need — whether that's a calming online meditation or folktale, a helping hand with everyday tasks, pet care, or a bit of guidance when you're feeling stuck or overwhelmed.
How I can help...
Relax & Unwind
Online guided meditations and soothing folktales to help you switch off after a heavy day.
A Helping Hand
Practical, in-person support with everyday tasks, errands, admin, organisation, or just a helping hand when you're feeling stuck.
Make a Plan
We'll create practical or spiritual plans to help you navigate overwhelm, set gentle goals and find your way forward.
Distract Your Busy Brain
Grounding exercises, nature prompts, creative ideas, a story, a chat or something different to help you reset when your mind won't switch off.
Pet Care
Feeding, walking, companionship and general pet care support so you can rest, reset or get on top of everything else.
Just Be There
Sometimes you don't need a plan — just a friendly, understanding presence, with a little magick.
www.rootedandwildwellbeing.com
rootedandwildwellbeing@gmail.com
07949478867
rootedwildmagick
NATURE ✶ WITCHERY ✶ COMMUNITY ✶ WELLBEING

What do we offer at

Rooted & Wild: Magickal Wellbeing...

Here we are a safe space for anyone wanting to focus on their wellbeing, want to re-engage with nature, or perhaps want to explore their inner Nature Witch! Whatever path you are on, you are welcome to Rooted & Wild.

Where science and Magick come together in nature, to transform your wellbeing.

Moon Days

- **Full Moon Women's Circles** – Meditation, Crafting, Releasing Rituals, Re-balancing, Moon bathing, sharing of food & lots of laughter!
- **New Moon Women's Circle** – Meditation, Shadow Work, Sound healing, Intention setting & Reiki.

Wild Witch Women's Circles – Nature's Path

- **Every Tuesday, 7:30-9pm.** Working with a different element each week, we combine, meditation, folklore, crafting, and manifestation, mixed with friendship, to explore the old ways, and better our well-being. Autumns theme is Letting go, Gratitude, & Harvesting Wisdom. PAYG or Block Book all 5 elements, and save!

Earth Magick Covens

- **Alternate Wednesdays,** 7:30-9pm (ish). Closed Circle where we explore in more depth different aspect of Earth Magick and Nature's wisdom, and encourage Coven members to develop their own particular area of interest or magickal connection, and build up your grimoire! For the good of all.

Ancient Healing

- **Folktales & Flames.** First Thursday of each month 7:30pm – Curl up around the fire with Cocoa, Marshmallows, Blankets and Incence to enjoy learning about different characters from Folklore, and listening to stories from the past, combined with sound healing and meditation.
- **Meditation & Breathwork for Release.** Second Thursday of each month 7:30pm – Release what no longer serves you and rebalance your energy; through meditation, and a personal exploration of drum sounds and chanting (no expectations, do what feels right for you!).
- **Nature Sound Bath (Spring & Summer) / Shamanic Sound Bath (Autumn & Winter).** Third Thursday of each month 7:30pm – Enjoy the healing energies of various instruments, from Crystal bowls to the Cello, Drums to Faery-bells. In the warmer months we incorporate the sounds of the birds and natural world around us as we connect to the natural energies to which we belong. In the colder months, curl up around the fire, and gaze into the smoke as we take a Shamanic journey & Cacao ceremony.
- **Violet Flame Healing Circle.** Fourth Thursday of each month 7:30pm – Enjoy a mutual healing circle where we use the power of Reiki, Visualisation, Journalling, Movement & Intent for each other to rebalance the [illegible]sical, Mental, Emotional and Spiritual Energy planes.

Druidic Wellbeing

- **Druid's Apothecary.** First Sunday of Alternate months, 1pm – Learn what grows in your garden at the time of year, and what isn't a "weed" but has medicinal & magickal properties. Create your own healing potions, foods, and basic foraging principles.
- **Get your Witch on! – Social Moot.** First Sunday of Alternate months, Ilkley, Baildon or on location, 7:30pm – Don your hat and grab your broom, and join me for a social at HQ or in the woods – films, food, games, dancing round the campfire and lots and lots of laughter!
- **Rooted Women Woodland Circle.** Second Sunday of each month, Ilkley, 10am – Join me in the woods for forest bathing, crafting & natural spellwork, and a journey through the Faery realms with an interactive folktale.
- **Rooted & Wild Workshops.** Third Sunday of each month, Ilkley or Baildon, 1pm – These include; Introduction to Wild Witchcraft, Goddess Workshop, Feral Self-Care, Empath Protection Course, Crafting Workshops and more!
- **Rooted Women Retreat to the Woods.** Fourth Sunday of the month, Ilkley – A mindful and foraging walk into the woods, to experience Forest Bathing, Sound Healing, Folktales or Crafting, Reiki, Nature engagement and sharing of food.

Sabbats & Celebrations

Celebrate the turning of the wheel and the changing of the seasons with us, in ways which honour the old Celtic traditions.

Private sessions

We offer any combination of the above; Reiki, Sound healing, Meditation, Nature connection, Magick, Crafting, Feral self-care, Energy balancing, Cleansing, Nature Journalling, and much more, as part of a bespoke package of self-care, tailored just for you. Come for just one session, or block book and save as we continue to build on, and work deeper with, your needs.

Ad hoc Community Gatherings

- Faery Dippers
- Road Trips
- Small Group Rooted Women Woodlands Circles
- Druid's Choice

www.rootedandwildwellbeing.com
WhatsApp 07949478867
Facebook rootedwildmagick