

Taste of the Good Life Catering, Inc

The menus that follow are only a small sampling of what is available! The sky is the limit when it comes to food and customized packages. Keep it simple and choose a menu already set-up or let us customize the perfect menu for your special event.



*Let the culinary staff at
Taste of the Good Life
wow you with their expertise!*

All pricing and policies are subject to change without warning or advance notice at the discretion of TGL, Inc.

Taste of the Good Life Catering, Inc

Dinner Option 1

\$22.95 per guest

Choice of 1 carved Entree and 1 Non-Carved or Pasta Entree

Carved Options:

Carved Beef Tenderloin served with Au Jus- Roasted with garlic and other spices, served with creamy horseradish

Carved Prime Rib of Beef served with Au Jus- Slow Roasted in garlic and other spices, served with creamy horseradish

Carved Pecan Crusted Pork Tenderloin-Pork tenderloin rolled in Chopped Pecans, Roasted and served with a sweet maple glaze

Rotisserie Grilled Half Chicken- Rotisserie Seasoned grilled chicken

Roasted Cornish Hens- Rotisserie Seasoned, roasted whole Cornish Hens

Fruit Stuffed Pork Chops with Raisin, Apples and Cherries-Stuffed Center Cut Pork Chops with a sweet and tart raisin, apple and cherry stuffing

Chicken Imperial-Chicken Breast stuffed with Monterey Jack Cheese, Bacon, and Artichoke Hearts

Entrée Pastas:

Ragging Cajun Pasta-Penne Pasta with Blackened Chicken, Andouille Sausage, Diced Bell Peppers and Onions, Chopped Tomato, Okra, and a Cajun Cream Sauce

Italian Sampler-Cavatappi Pasta with pepperoni, Italian Sausage, Capicola, Parmesan and Romano Cheeses in a Traditional Marinara Sauce

Portabella Mushroom Lasagna- Portabella Mushrooms, Sundried and Roma Tomatoes, Mozzarella, Parmesan and Ricotta Cheeses Layered between Sheets of Pasta and a Creamy Alfredo

Fish Entrees Available Upon Request

All Dinners are served with a Choice of 2 Entrees, 3 Accompaniments, and 1 Salad

Dinner Rolls and Butter

Add an Additional \$2.00 per guest if under 50 guests

Staffing additional based on event size

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Dinner Option 2

\$18.89 per guest

Choice of 1 carved Entree and 1 Non-Carved or Pasta Entree

Carved Options:

Carved Top Round of Beef- Slow Roasted Beef seasoned with garlic, rosemary and other spices, served with creamy horseradish and Au Jus

Carved Turkey Breast- Slow Roasted White Meat Turkey, served with a cranberry glaze

Carved Dijon Pork Loin-Pork Loin Crusted with a Dijon glaze and Panko Bread crumbs

Carved Ham-Baked Ham with Sweet Pineapple glaze

Grilled Baby Back Ribs- Grilled in a sweet and Tangy BBQ Sauce

BBQ Chicken Breast- Grilled or Baked Chicken Breast in a Sweet and Tangy BBQ Sauce

Marinated Chicken Breast- Grilled or Baked Chicken Breast marinated in Italian blend of seasonings

Entrée Pastas:

Pasta Primavera-Bow Tie Pasta with Zucchini, Yellow Squash, Roma Tomato, Broccoli, Carrots, and a Creamy Alfredo

Stuffed Shells Bolognese- Giant Shells Stuffed with Italian Meats and a traditional Marinara Sauce topped with Parmesan Cheese

Stuffed Shells Primavera- Giant Shells Stuffed with Broccoli, Carrot, Yellow Squash, Parmesan and Ricotta Cheeses

5 Meat, 5 Cheese Lasagna- Italian Sausage, Ground Beef, Pepperoni, Bacon, Ham, Mozzarella, Feta, Parmesan, and Ricotta Cheeses layered between sheets of pasta and marinara

Fish Entrees Available Upon Request

All Dinners are served with a Choice of 2 Entrees, 3 Accompaniments, and 1 Salad

Dinner Rolls and Butter

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Dinner Option 3

\$16.20 per guest

Choice of 2 Meat Entrées or 1 Meat Entrée and 1 Pasta Entrée

Sliced Roast Beef and Gravy- Slow Roasted top Round of Beef, Sliced and Served in a Rich Brown Gravy
Beef Tender Tips and Gravy- Seasoned Beef Tips served in a Rich Brown Gravy
Home-style Pot Roast- Slow Roasted Beef, Baked with Root Vegetables and served with a Rich Brown Gravy
Salisbury Steak- Homemade, Seasoned Ground Beef cooked with Peppers and Onions served with a Six Peppercorn Gravy
Meatloaf- "Like Mom-made," topped with a Tomato Puree Gravy
Sliced Pork Loin- Pork Loin sliced and served in a Sweet Apple, Raisin Glaze

BBQ Chicken Breast- Grilled or Baked Chicken Breast in a Sweet and Tangy BBQ Sauce
Marinated Chicken Breast- Grilled or Baked Chicken Breast marinated in Italian blend of seasonings

Entrée Pastas:

Mostaccioli with Meat Sauce- Penne Pasta baked with a Hearty Meat Sauce, topped with Mozzarella Cheese
Chicken Broccoli Alfredo- Penne Pasta with Diced Chicken, Broccoli and a Creamy Alfredo Sauce
Vegetable Lasagna- Mixed Seasonal Vegetables, a Blend of Italian Cheese layered between Sheets of Pasta and your Choice of Marinara or Alfredo Sauce

Fish Entrees Available Upon Request

All Dinners are served with a Choice of 2 Entrees, 3 Accompaniments, and 1 Salad

Dinner Rolls and Butter

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Choice of Three to Compliment Your Dinner Menu

Starches

Smashed Red Skin Potatoes
Buttered New Potato
Sour Cream Potato
Twice Baked Potatoes (add 1.25)

Roasted Yukon Potatoes
Garlic Mashed Potatoes
Hash brown Casserole
Dauphinoise Potato (add 1.50)

Au Gratin Potato
Scallop Potato

Wild Rice Pilaf
Red Beans and Rice

Steamed White Rice

Vegetable Rice Pilaf

Pasta Marinara
Buttered Noodles

Macaroni and Cheese

Spicy Mac and Jack

Corn Bread Stuffing

Baked Apples

Corn Pudding

Vegetables

Southern Style Green Beans
Green Bean Almondine (add 1.25)
Baked Beans
Citrus Glazed Carrots
Buttered Yellow and White Corn

Fresh Whole Green Beans
Steamed Crinkle Cut Carrots
Stir Fried Vegetable Medley

Green Bean Casserole

Sugar Snap Peas

Steamed Vegetable Medley
Broccoli Cheese Casserole
Sautéed Button Mushroom and Onions

Steamed Cauliflower
Cauliflower Cheese Casserole
Steamed Asparagus (add 1.50)

Steamed Broccoli

Salads

Choice of One

Tossed Salad- Mixed Iceberg and Romaine Lettuce, Carrot, Red Cabbage, Cucumber, Tomato, Red Onion, Cheese, Crouton, served with Ranch, French and Italian Dressings

Caesar Salad-Chopped Hearts of Romaine, Parmesan Cheese, Crouton and a Creamy Caesar Dressing

Mediterranean Salad-Mixed Field Greens, Feta Cheese, Red Onion, Black Olives, Roma Tomato, Served with either Balsamic Vinaigrette, Sun-dried Tomato Vinaigrette, or a Roasted Red Pepper Vinaigrette

Good Life Salad-Chopped Romaine, Sliced Hard Boiled Egg, Parmesan Cheese, Mandarin Oranges, Sliced Almond, Crouton, and a Creamy Vinaigrette

Strauss Salad-Baby Spinach, Bacon, Chopped Hard Boiled Egg, Perrno Dressing
(add 2.00 per guest)

Chicago Salad-Chopped Hearts of Romaine, Hearts of Palm, Artichoke Hearts, Sliced Strawberry, Red Onion, served with a Creamy Caesar Dressing
(add 2.00 per guest)

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Taste of the Good Life Catering, Inc

Chef Prepared Pasta Dinner to Order

You choose the Pasta, Vegetables, and toppings,
Taste of the Good Life Chef's
prepare for your guests on-site!

Pasta Options

Bowtie
Rotini
Penne
Spaghetti
Cavatappi
Ditalini
Fettuccini

Sauce Option

Marinara
Alfredo
Bolognese
Rose'
Basil Pesto

Meat Options

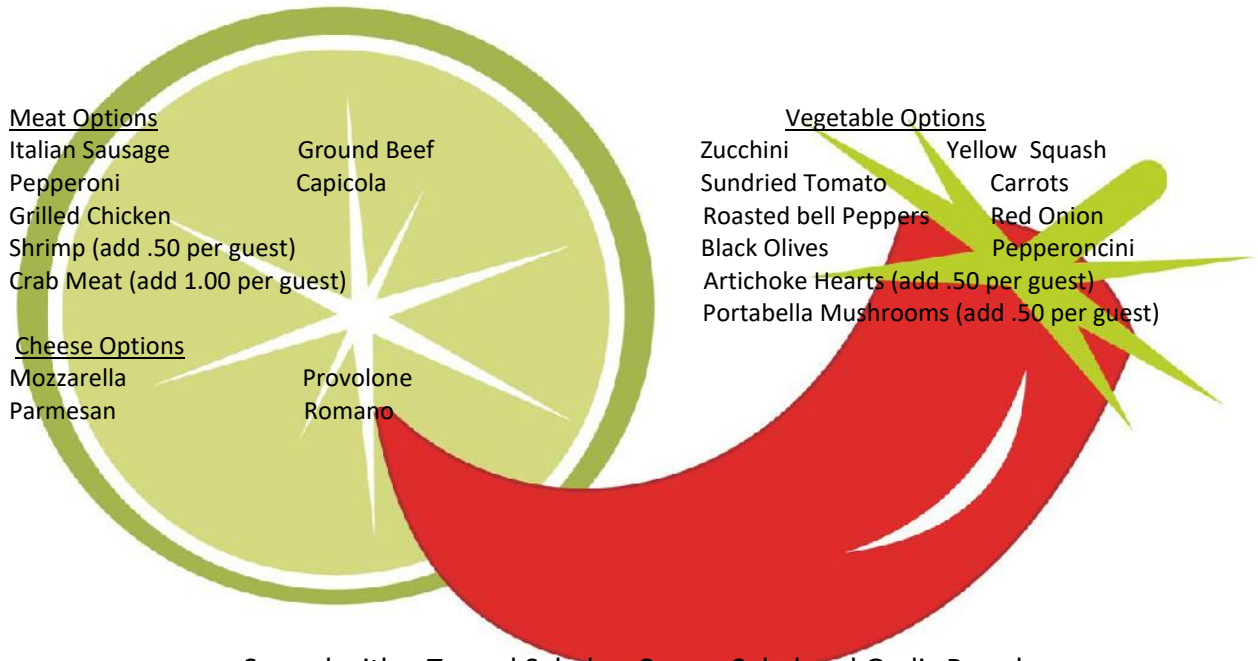
Italian Sausage
Pepperoni
Grilled Chicken
Shrimp (add .50 per guest)
Crab Meat (add 1.00 per guest)
Ground Beef
Capicola

Cheese Options

Mozzarella
Parmesan
Provolone
Romano

Vegetable Options

Zucchini
Sundried Tomato
Roasted bell Peppers
Black Olives
Artichoke Hearts (add .50 per guest)
Portabella Mushrooms (add .50 per guest)
Yellow Squash
Carrots
Red Onion
Pepperoncini



Served with a Tossed Salad or Caesar Salad and Garlic Bread

Choice of 2 pastas, 2 sauces, 3 meats, and up to 5 vegetables

\$22.95 per guest

Additional ingredients Add \$1.25 per guest
Additional Staff Charges-\$350.00 and up

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Taco Bar

Includes Seasoned Ground Beef and Chipotle Braised Pulled Chicken Breast
6" Soft Tortilla Shell and Hard Taco Shell
Cilantro Lime Rice or Southwest Seasoned Rice
Roasted Corn, Seasoned Black Beans
Shredded Lettuce, Diced Tomatoes, Jalapeños, Shredded Cheese, Salsa, Plain Sour cream, Tortilla Chips

Add on options each:

Queso Cheese \$2.45

Guacamole \$3.00

Pineapple Salsa \$1.45

All Buffets include disposable plates, forks, knives and napkins.



Buffet: \$20.10 (Children under 5 \$14.50)

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Ala Carte Hors d'oeuvres

Displays:

Seasonal fresh fruit (serves 50)	\$49.25
Vegetable Crudités (serves 50)	\$49.25
Assorted Chunk Cheese and Smoked Meats (serves 35)	\$46.20
Finger-sandwich Trays (serves 25)	\$77.00
Antipasto Platter (serves 35)	\$61.60
Black Bean Hummus and Tortilla Chips (serves 30)	\$35.15
Sun-dried Tomato Hummus with Bagel Chips (serves 30)	\$35.12
Spinach and Artichoke Dip (serves 30)	\$35.15
Smoked Salmon Display	\$150.20

Cold Hors d'oeuvres (priced per piece)

Fruit Skewers (minimum 50pieces)	\$2.50
Mediterranean Skewers (minimum 50 pieces)	\$3.10
Olive Tapenade	\$0.99
Salmon Mousse on Cucumber (minimum 50 pieces)	\$1.59
Shrimp Cocktail	\$3.10

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Ala Carte Hors d'oeuvres

Hot Hors d'oeuvres (priced per piece)



Chicken Wings (buffalo, teriyaki, blackened, naked)	\$1.35
Meatballs (Swedish, BBQ, Bourbon, Sweet and Sour)	\$1.15
Mini Eggrolls with sweet and sour	\$1.15
Pizza Logs (vegetarian available, minimum 50 pieces)	\$1.45
Mini Corn Muffin stuffed with BBQ	\$1.50
Bacon Wrapped Water chestnuts	\$1.15
Bacon Wrapped Scallops	\$1.50
Mini Crab Cakes (2oz) with Calypso Sauce	\$2.55
Mushrooms Stuffed with Cheese (minimum 50 pieces)	\$1.15
Mushrooms Stuffed with Sausage (minimum 50 pieces)	\$1.15
Mushroom Duxelle in Puff Pastry (minimum 50 pieces)	\$1.50
Mini Ryebein	\$1.25
Sun-dried tomato and Artichoke served on <i>crostini</i>	\$1.25
Stuffed Redskin Potato (minimum 50 pieces)	\$1.50

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Desserts

Brownies	\$15.00/dozen
Cookies	\$15.00/ dozen
Decorated Sheet Cake	\$92.00

Priced per guest:

Assorted Dessert Bars	\$2.50
Fruit Pie (Apple, Cherry, Blueberry, Peach, Mixed Fruit)	\$1.85
Fruit Cobbler	\$1.85
Seasonal Pies (Pecan, Pumpkin)	
Silk Pie (Chocolate, Peanut Butter, Lemon Meringue)	\$2.50
Cheesecake (Plain)	\$2.85
Cheesecake (Raspberry Swirl, Chocolate Swirl, Orange Dreamsicle, Turtle)	\$3.10
Chocolate Layer Cake	\$3.65
Summer Berry Cake (seasonal)	\$3.65
Carrot Cake	\$3.65
Red Velvet Cake (seasonal)	\$3.65
Strawberries Dipped in Chocolate (white or milk)	\$1.95ea
Strawberries Stuffed with Cheesecake	\$1.95ea

Chocolate Fountain

Your choice of either melted Dark, Milk or White Chocolate

Fountain Set up fee: Includes set-up and breakdown of fountain \$154.00

Traditional Dipping Items: Strawberries, Pretzels, Marshmallows, Graham Crackers, Vanilla Wafers \$2.85/guest

Gourmet Dipping Items: Strawberries, Pound Cake, Pirouette Cookies, Rice Crispy Treats, Mini Cookies \$3.35/guest

Combo of Traditional and Gourmet Dipping items \$3.95/guest

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