

Total Maternal Support

toadaldoula@gmail.com
www.totalmaternalsupport.com
7067506472 [text/call]

Placenta Encapsulation Contract

Client Name Printed _____

Estimated Delivery Date _____

Date of Contract _____

Address _____

Pick Up Location _____

Delivery Location _____

Phone number _____

Alternative phone number _____

*****Thank you for your interest in placenta encapsulation with Total Maternal Support! Please take some time to read this contractual agreement in its entirety. Once you submit this contract and at least your non-refundable deposit, you should hear back from me within 1-3 days to confirm your service.**

What is Placenta encapsulation

Placenta encapsulation is the act of taking a fresh placenta steaming or slicing the placenta raw, dehydrating, grinding, and putting the placenta powder into consumable capsules. All processes are done with respect of that placenta and in a sanitary environment. Total Maternal Support is committed to maintaining client confidentiality, maintaining carefully sanitized equipment and supplies, and following proper food safety standards. I have also completed training in blood borne pathogens (certificate can be produced upon request).



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Purpose

To reintroduce beneficial hormones, proteins, and other nutrients to her body following labor and birth to help restore physical and emotional balance, prevent or lessen the risk of “baby blues” that may lead to postpartum depression, increase breastmilk production, shorten healing time, increase maternal energy levels, and provide an overall feeling of wellness to aid in the transition between pregnancy and the early postpartum period.

Service Description

Total Maternal Support commits to processing the placenta within 72 hours of birth and upholding the highest standards of cleanliness, safety, and quality of professional placenta preparation services. I will pick up your placenta from birthing location, carry out the encapsulation process, and deliver your capsules to you. All fees are for the preparation and encapsulating of your placenta, requested keepsake, additional service if requested, transportation, instructions for storage and handling, and guidelines for taking your capsules not for the sale of the capsules.

Transportation and Preparation

Please note that, unless previously arranged, my service area is limited to home and hospitals births in Forsyth County. Outside that service area is a travel fee. Whether birthing at home or in a hospital, please ensure your placenta is kept fresh. It can remain at room temperature for 3-4 hours following the birth. After that it should be refrigerated or otherwise kept cool. If you are practicing some form of delayed cord cutting ice packs may be wrapped up with the placenta to prevent spoilage. If, for some reason, it is going to be more than 2 or 3 days before the placenta can be prepared, it should be frozen. A frozen placenta will take somewhat longer to prepare since I prefer to gently defrost it prior to preparation. I strive to begin processing your placenta within 24-72 hours of the birth. You can prepare your placenta for transport by placing it the placenta transport kit from TMS or by double bagging it and putting on ice in a refrigerator or cooler. If you choose a kit it will contain a cooler bag, freezer strength bags for the placenta to be placed in, and small bags for ice. Please put the ice in the small bags and place those in the cooler bag with the bagged placenta. (Your birth location should have ice available) Please do not place ice directly in the cooler bag as it may leak. Your specialist and/or the courier will transport your placenta for preparation and delivery of completed capsules.

X_____ (Client's Initials)



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Preparation Methods

- Steamed akin to the Traditional Chinese Method - The steamed method is safe to use for frozen placentas.
- Raw - This method requires that the placenta be very fresh (within 48 hrs.), but this method maintains the protein and enzymes that naturally occur. Raw is the inverse of steamed; it helps more with the physical energy, though it still has a positive impact on the emotional energy as well. This method yields more capsules.

Client Responsibility

To notify Total Maternal Support within 24 hours of the birth so that we can work together to make arrangements. (please give extra consideration to major holidays) Failure to do so may result in delayed placenta preparation and encapsulation and may cause decreased potency of nutrients, hormones, and other beneficial attributes of the placenta. Improper storage of the placenta may result in spoilage. It is your responsibility to discuss and arrange release of your placenta from the facility where you will give birth prior to birth (should be possible to claim your placenta after Cesarean surgery as well in the case of an emergency) and to ensure proper storage of your placenta in a refrigerator or cooler with ice until picked up. **X_____ (Client's Initials)**

To determine whether using placenta capsules can be beneficial to your wellbeing postpartum. **X_____ (Client's Initials)**

To provide Total Maternal Support with a blood panel taken during pregnancy to inform of any known blood borne illness(es) or other health issues (such as HIV, hepatitis, MRSA, etc.) that could place Total Maternal Support or any others who may come in contact with your placenta and or bodily fluids (specifically maternal and fetal blood as well as amniotic fluid) at risk. Some specific sexually transmitted diseases such as Hepatitis, herpes or HIV may preclude Total Maternal Support from offering placenta encapsulation and alternatives can be discussed. **X_____ (Client's Initials)**

To handle any balance owed for contracted services no later than prior to agreed upon delivery. **X_____ (Client's Initials)**



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Additional Products:

- Tincture: A tincture is placenta and umbilical cord infused alcohol. It can be used later when mother's menses return, when her daughter begins her cycle, and during other times of stress (illness, teething). It requires 6-weeks to ferment in a dark dry area. Once returned it will not be ready for use. Please swirl it daily and strain it before use if before 6 months from preparation. **X_____ (Client's Initials)**

- Cord Art Keepsakes: Umbilical cord keepsakes are provided where possible and require at least 48 hours to dry
- Placenta Print: The fetal side of the placenta looks like the Tree of Life, and a great keepsake to memorize birth

Placenta Restrictions

It is important to understand that there may be circumstances in which your placenta cannot be used. Significant abnormalities of the placenta may necessitate your doctor or midwife sending your placenta to Pathology for further examination. Once the placenta has been released to Pathology, Total Maternal Support will not be able to encapsulate it without an additional waiver. Other contraindications would be:

- Infection during labor (i.e., chorioamnionitis)
- HIV
- Hepatitis
- Lyme disease

And may mean that consuming your placenta could be harmful to your health. Total Maternal Support will always consult with you prior to making a choice on whether your placenta is viable for ingestion. Safety is top priority. We make no guarantee of how many pills will be produced from your placenta. Each placenta is unique in size and shape.

X_____ (Client's Initials)

Service Disclaimers

The placenta capsules to be prepared are for your (owner of the placenta) consumption only and are not designed to reverse medical conditions or ailments from pregnancy, to treat postpartum depression, to ensure normal milk supply or to replace medical attention.

X_____ (Client's Initials)

Total Maternal Support are NOT licensed medical professionals such as a care provider or physician and not able to diagnose, treat or prescribe for any health condition.



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X_____ (Client's Initials)

Each woman will react to her placenta capsules in different ways. Some of the ascribed benefits of placenta consumption are supported by ongoing research, however these benefits have not been evaluated or approved by the United States government or the Food and Drug

administration. X_____ (Client's Initials)

Photos of your placenta or placenta products may be taken for educational, promotional, or record keeping purposes. No identifying information will be shared under any circumstances.

X_____ (Client's Initials)

Refund Policy

There are no refunds in the event your placenta was not arranged for properly prior to birth. However, if after birth the placenta is unavailable to you (ex. sent to Pathology and not released) or if your placenta has been contaminated with a bacterial infection at no fault of your own Total Maternal Support will happily offer other services in lieu of encapsulation fees.

Please ask specialist about alternative options and benefits. In the case of a need and at sole discretion of the specialist Total Maternal Support will reimburse fees paid, minus \$75. The specialist is not held responsible if my placenta is accidentally damaged during the encapsulation process. If accidental damage is done you will be refunded your

payment. X_____ (Client's Initials)

Fees

For clients whose birth I attend I offer a reduce rate for placenta encapsulation. In all cases I request a \$50 deposit upon signing this contract, with balance payable upon receipt of finished capsules. Payments may be made online, by personal check to specialist, Tiara Morris, or in cash.

Services/Price

- Encapsulation is \$300
 - Capsules:
 - Vegan/Vegetarian
- Tincture is \$35
- Placenta Print is \$15



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- Cord Keepsake is \$15
- Transportation outside covered radius starts at \$25 _____
- Other _____ Price _____
- Special/Discount _____

Receipt of Payment

Total: _____

Payment Method: _____ Date: _____

I have read, understood, and agreed to the above information. I accept the responsibility of gaining possession of my placenta and notifying my placenta specialist within 24 hours of my birth. I understand the importance of appropriate handling and storage of the placenta. By signing below, I authorize Total Maternal Support to prepare my placenta for my own personal use.

Client Signature **X** _____

X _____
Client Signature Disclosing STD panel Neg/Pos Date of disclosure

X _____
Photograph/Video/Social media Consent Date of disclosure

X _____
Transportation Consent Date of disclosure

Notes:

Your placenta specialist will keep this document on file as a record of our agreement. No copies will be released to any third parties and all client information will be kept strictly confidential.

We strive to provide amazing service and make sure you and your placenta are in "Totally Good Hands." Awesome reviews and testimonials about your experience are greatly appreciated. Please make sure to like and follow on Facebook and Instagram @tmsdoula. It is my pleasure to serve you!!!!

Who can I thank for referring you to me?

