

# TIARA MORRIS Support. Empower. Serve.

# PERSONAL PROFILE

Compassionate owner/operator of Total Maternal Support dedicated to provide emotional, physical, and educational support in order to help birthing persons have safe, memorable, and empowered pregnancy, birth, and postpartum experiences they desire and deserve,

#### SERVICE AREA

• Serving Winston-Salem, NC and surrounding triad areas virtually and in-person

## CONTACT DETAILS

Phone: (706)750-6472 Email: toadaldoula@gmail.com Website: www.totalmaternalsupport.com

## **TRAINING & CERTIFICATES**

BIRTH DOULA International Doula Institute Trained & Certified | 2021

CHILDBIRTH EDUCATOR International Doula Institute Trained & Certified | 2021

Infant, Child, & Adult CPR, AED, & First Aid American Red Cross Trained & Certified | December 2020

Bloodborne Pathogen & Infection Control Biologix Solutions | 2020

BREASTFEEDING COUNSELOR International Doula Institute Trained & Certified | 2021

PLACENTA ENCAPSULATION Woman's Choice Perinatal Services Trained | 2020

