

# National Sleep Solutions Inc.

## Sleep Specialist



### SLEEP STUDY ORDER FORM

Patient's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Address: \_\_\_\_\_

Phone (Home) \_\_\_\_\_ (cell) \_\_\_\_\_ (work) \_\_\_\_\_

#### SUSPICIOUS SYMPTOMS

- |   |   |
|---|---|
| <input type="checkbox"/> Observed Apneas        | <input type="checkbox"/> Nocturnal Behaviors          |
| <input type="checkbox"/> Loud snoring           | <input type="checkbox"/> Frequent awakenings          |
| <input type="checkbox"/> Excessive sleepiness   | <input type="checkbox"/> Choking/gasping during sleep |
| <input type="checkbox"/> Chronic fatigue        | <input type="checkbox"/> Morning headaches            |
| <input type="checkbox"/> Drowsy driving         | <input type="checkbox"/> Cataplexy/hallucinations     |
| <input type="checkbox"/> Leg restlessness/jerks | <input type="checkbox"/> Prior OSA diagnosis          |
| <input type="checkbox"/> Sleep Walking/talking  | <input type="checkbox"/> Other _____                  |

#### SUSPECTED DIAGNOSES

- Obstructive Sleep Apnea
- Circadian Rhythm Sleep Disorder
- Parasomnias
- Sleep-Related Movement Disorder
- Restless Legs Syndrome
- Narcolepsy
- Insomnia with Sleep Apnea
- Other \_\_\_\_\_

#### Services Requested:

- Comprehensive evaluation and treat of patient for suspected sleep-related disorder.
- Polysomnography (PSG) studies
  - Diagnostic study only (1 night) : CPT 95810
  - Titration study only (1night) : CPT 95811
  - Diagnostic study followed by titration study if certain requirements are met (2 nights) CPT 95810/95811
  - Pediatric diagnostic study (< 6 years of age): CPT 95782
  - Pediatric titration study (< 6 years of age): CPT 95783
- Home Sleep Apnea test: CPT G0399
- Multiple Sleep Latency Test: CPT 95805
- Maintenance of Wakefulness Test: CPT 95805

My signature below attests to the following:

I, the referring physician, have evaluated this patient by sleep appropriate medical history (signs and symptoms, symptom duration, sleep hygiene survey) and physical examination (focused cardiopulmonary and upper airway, neck circumference, BMI) and have concerns for the presence of one or more of the above listed symptoms and suspected diagnoses. Documentation of my clinical evaluation is included with this request.

Physician's Signature \_\_\_\_\_ NPI: \_\_\_\_\_

Printed Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

Phone : \_\_\_\_\_ Fax: \_\_\_\_\_