

LASER HAIR REMOVAL

PRE AND POST-TREATMENT CARE

PRE-TREATMENT INSTRUCTIONS:

- NO tanning or self-tanning (spray tan and tanning beds) of the skin, before, immediately, or between treatments.
- NO waxing, tweezing, depilatory creams or electrolysis on areas to be treated. You can shave or clip hairs.
- Avoid any creams, deodorant or lotions to treated area on day of treatment.
- Please shave entire area to be treated before your treatment. Shave a day or two before if prone to razor bumps and irritation.
- Avoid exfoliating agents such as Retin -A, Retinol, alpha or beta hydroxy acids for one week prior to treatment.
- Please inform us if any oral antibiotics or any new medications started since last treatment as these can lead to skin reactions post treatment.

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POST CARE INSTRUCTIONS:

- Immediately after your treatment there likely will be some redness, slight swelling around hair follicles and mild discomfort similar to a sunburn. This is a normal response. Cool packs may be applied.
- DO NOT rub, or pick the treated area. Do not use any loofas or abrasive scrubs for at least 5 days.
- Avoid hot water/saunas/jacuzzi for 3 days.
- Continue to use sunblock for the duration of treatment.
- If you experience itching in the area treated, apply 1 % hydrocortisone cream
- and/or take an anti-histamine.

If you have any questions, please contact us at 203-633-3532