

2023

**CROFTON SWIM AND TENNIS CLUB, INC.
CROFTON, MARYLAND**

RULES AND REGULATIONS¹

I. INTRODUCTION

Active membership in the Crofton Swim and Tennis Club (CSTC), alternatively referred to as the “Club”, entitles Members equal access and use of Club facilities. Use of Club facilities is a privilege and assumes compliance with the Rules and Regulations set forth herein for the protection and benefit of the entire membership of the Club and to ensure compliance with health and safety regulations by which the Club must abide. Members are urged to read these Rules and Regulations and to ensure that they, their family, and their guests comply with them. Ignorance of the Rules and Regulations does not excuse lack of compliance. Members should remind violators of these Rules and Regulations, and report violations to a Manager, CSTC Board of Directors Member or lifeguard. Club staff are empowered by the Board to enforce all Rules and Regulations. It is the member’s responsibility to periodically check the rules for updates and changes. The most recent revision date will be on the front page of the Rules & Regulations and will be posted on the CSTC website.

A. BOARD OF DIRECTORS

The Board of Directors (Board), under the By-Laws of the Club, manages the affairs and exercises the powers of the Club. The Board, drawing upon that authority, is empowered to prescribe, amend, in whole or part, or rescind any or all of these Rules and Regulations. The Board has authority to enforce these Rules and Regulations and to impose appropriate penalties for violations thereof.

B. GENERAL RESPONSIBILITIES AND PRIVILEGES OF MEMBERSHIP

1. The use of Club facilities and/or sponsored programs are restricted to active members and their guests unless expressly permitted in writing by the Board.
2. The use of Club facilities is restricted to times determined and established by the Board. Any person, including members, who shall use or attempt to use

¹Updated **May 1, 2023**. These Rules and Regulations supersede all previous versions.

any Club facility at any time other than when it is officially open or authorized for use, will be prosecuted.

3. Members will be held responsible for all actions of themselves, their families, and their guests. All damages to property of the Club caused by a member or their guest(s) shall constitute a debt of that member to the Club.

4. **In the interest of the health, safety, and welfare of the Club and its members, the Board may deny membership or admittance to any members, guests, or other persons who have been granted probation before judgment or convicted of a sexual offense, or who are registered or required to register with the Maryland Sexual Offender Registry, or any other state, Federal, or military sexual offender registry.**

5. Members assume the risk for use of all Club facilities for their family, their guests, and themselves, and shall not hold CSTC or the Board responsible for any accident(s) or occurrence of injury, except in the instance of willful misconduct or gross negligence on the part of the Club.

6. Members are responsible for notifying the Club, in writing, of any change in address and/or telephone numbers.

7. The Club will not be responsible for lost, stolen, or damaged items. Members are encouraged to check the Lost and Found on a regular basis for belongings. Items left in the Lost and Found will be donated to local charities, on a periodic basis.

8. Any contingency, which might arise and is not included in these rules, is subject to the discretion of the Club management and/or the Board.

II. RULES AND REGULATIONS

A. GENERAL

1. No abusive or profane language or breach of the peace is permitted on Club premises.

2. Verbal attacks or abuse directed at members, guests, pool management, lifeguards, employees, or the Board will not be tolerated.

3. All members (three years and older) must have a picture on file to use any

of the Club facilities. Pictures can be uploaded by members onto their CSTC online account. Please contact the Administrative Officer if you have any questions about how to do this.

4. Loitering is not permitted on Club grounds at any time, including the parking lot and tennis courts. Only authorized personnel are permitted in or around the check-in gate, guard office, snack bar, and on the lifeguard stands.
5. All injuries occurring on the site must be promptly reported to the staff.
6. Members and their guests must drive slowly (less than five mph) and carefully while on Club property. Pedestrians always have the right of way.
7. Parking is prohibited on any grass area, along the front curb by the clubhouse, or in the front entrance. All members and guests must observe parking lot rules, including crosswalk markings, accessible parking signs, and no parking signs.
8. The front gate will be locked at 9 p.m. during the summer season and all vehicles must be removed from the lot at that time. The gate to the parking lot will be locked during the winter months.
9. Appropriate attire is required by all members and guests. Thong, and similar, swimwear is not permitted. Cutoff pants or shorts or any other article of clothing with buttons or zippers are not permitted in the pool.
10. Water shoes are permitted but must be rinsed before entering the pool.
11. No pets of any kind, except seeing-eye dogs, are permitted on the Club premises.
12. CSTC is a smoke free and drug-free facility. No illegal substances, smoking (including vaping) or underage drinking is allowed on the CSTC property. If a member or guest is caught in violation of CSTC's rules on alcohol or illegal substance usage, they will be subject to the membership revocation and criminal charges.
13. No viewing of inappropriate pictures or materials on your portable electronic devices. Offensive acts and materials on club property are strictly prohibited and could result in suspension of your membership, or even expulsion from the Club.

14. No recreational skateboarding is permitted on Club property. Bicycles and scooters should be parked in the bike racks and cannot be raced on Club property. Skates must be removed before entry. Skates and skateboards are to be left outside the check-in gate. All of the above must be used on the designated paths and crosswalks.

15. Guest Rules:

a) Any member bringing a guest to the Club during the hours of operation to use the pools, tennis courts or any other recreation facility, including the picnic area, volleyball, or basketball courts, must personally register and pay for their guest(s) with the gate attendant. The sponsoring member must remain at the pool with their guest(s) at all times.

b) Guests will include, but are not limited to, individuals from outside of the Crofton Triangle (defined as the area within Route 3, 424, and 450). Also considered as guests are au pairs, nannies, babysitters, children for whom the member provides day care, AFS and other exchange students, Naval Academy midshipmen, and any relative not living permanently in the member's home. In general, guests will not have a picture on file with the desk. See the Administrative Officer if there is a question about qualification as a guest.

c) Guest privileges may be limited on crowded days/times as determined by the Board.

d) Residents of the Crofton Triangle will only be permitted as guests Monday-Thursday and during designated special events. This is subject to change at any time based on bond availability.

e) Guests must comply with the rules and regulations of the Club and are the responsibility of the member sponsoring the guest. The Board reserves the right to take punitive action against a member for the actions of their guests.

f) Children must be 11 years old to bring a guest (no more than one guest for children 11-13) without adult supervision. **See section D-4 for more information about pool access by children.*

g) Members wishing to bring more than 10 guests to the pool must notify the Administrative Officer or gate guard manager at least 72 hours in advance. Guest fees must be paid for all guests.

16. Guest Fees: (Children under the age of 3 are free)

a) **Daily Guest Fees**

(1) **Daily** **\$5**

(2) **Special Event Rate** **\$10**

\$5 (Under 21)

b) **Childcare Provider/ Caretaker Pass \$75**: A Childcare Provider/ Caretaker Pass can be purchased by members for individual(s) who are responsible for the care of member's child(ren) during the season. This pass allows the individual(s) access to CSTC only when in the company of the member's child(ren). A Childcare Provider Pass application can be obtained on our website or by contacting the Administrative Officer. The pass is valid for the current season only.

c) **Extended Stay Visitor Pass \$50**: A 7-day pass for up to 5 people for unlimited use of the facility when accompanied by the member. This pass is intended for use of out-of-town relatives or friends who are staying with the member. The request for this pass must be submitted to the Administrative Officer no later than 7 days prior to the visit. There is a 2-pass limit per member, per season.

d) **Guest Pass \$30**: A pack of Guest Passes can be purchased for \$30 and includes 8 passes. Guest passes will be loaded to your online member account. A limit of 4 packs of passes can be purchased per member, per season.

e) **Registered Party Guest**: All picnic area parties must be registered with the Administrative Officer or Gate Guard Manager at least one week prior to the event. Additional fees are associated with the rental of the CSTC Clubhouse and can be obtained from the Administrative Officer.

17. Parties: CSTC members may host private parties during the regular operating hours under the following conditions:

a) Non CSTC guests must be limited to 40 or fewer of the attendees. Parties consisting of 41 or more non-members must arrange to rent the pool after hours. See below for after hour's facility rental information. Two or more CSTC members may not co-host a party or event in order to increase the number of guests permitted.

- b) Parties must be scheduled with the Administrative Officer or Gate Guard Manager at least two weeks prior to the party. Approval for the party may be denied depending on previously scheduled events. No more than 2 parties will be allowed on the same day.
- c) Guest fees must be paid for all guests attending the party, regardless of whether they use the pool.
- d) The pavilion and/or snack bar are not available for private parties during regular operating hours of the pool.
- e) Members are prohibited from bringing grills (charcoal or gas) on site. Charcoal grills are available in the wooded picnic areas. Members are responsible for providing charcoal and any other supplies required, as well as cleaning up after use.
- f) All Club Rules and Regulations are in effect during parties. Members are responsible for enforcing the Rules and Regulations as well as for any damages due to actions of their guests.

18. After hours parties and events:

- a) The pool and/or Clubhouse meeting room are available for rental by CSTC members in good standing. Please see the CSTC webpage for current rates & rules.
- b) The Member renting the facility is responsible for their own music. Music must comply with normally accepted volume levels and must be turned off at 10 p.m.
- c) See the Administrative Officer or Gate Guard Manager to schedule facility rentals and to sign contracts. A security deposit must be paid at the time the contract is signed.

B. FACILITY MANAGER

- 1. The Facility manager, or his/her representative may, at any time, and at their discretion, close any Club facility because of breakdown, operational difficulties, inclement weather, or for other good and sufficient reasons. The manager's decision shall be final.
- 2. Any person may be barred from any Club facility at the discretion of the

facility manager, for any violation of these rules and regulations, or for any reason that, in the judgment of the facility manager, constitutes a hazard to self or others. Action by the facility manager, under this paragraph, must be reported in writing to the Board within 24 hours of the time such action is taken and is limited to a period of 72 consecutive hours for any single violation. Members against whom action is taken may appeal to the Board. Pending action on the appeal, violators must abide by the decision of the Facility manager.

3. The Manager is empowered, by the Board, to deprive any person of the use of any and all Club facilities for such time as is ordered by the Board.

C. Inclement Weather.

1. The facility manager, lifeguard(s), Club employees or Board members have the ability to suspend the use of the Club (all areas) during inclement weather.
2. While the Club may continue to operate during periods of rain, usage will be suspended if the following occurs:
 - a) Thunder: At the sound of thunder, all usage of the Club facilities (with the exception of the Clubhouse) will be suspended for 30 minutes. This time period resets for each instance of thunder.
 - b) Lightning: At the sight of lightning, all usage of the Club facilities (with the exception of the Clubhouse) will be suspended for 60 minutes. This time period resets for each instance of lightning.
3. During suspended operations, all members will be required to take their belongings and either take shelter as directed by staff under the Snack Bar pavilion or in their vehicles.

D. POOL

1. Swimming hours will be from 11 a.m. to 9 p.m. daily, unless otherwise noted. Swim team practice will be held before 11 a.m. weekdays, and on some weekday evenings. The pool may be closed, with sufficient advance notice, for certain special events such as parties or swim/dive meets.
2. A 15-minute break from swimming will be enforced for all swimmers under 16 years of age on every hour between 12 noon and 9 p.m. During this time, supervising individuals (16 years or older) may instruct smaller children, hands on- one on one, in the shallow end. There is no ball playing at this time.
3. Adult lap lanes: Two lap swimming lanes will be available for those 12 and over, except as designated.
 - a) Circle swimming will be strictly enforced (swim to the right of the

center line). No lap swimmer may deny another lap swimmer access to the lane up to a maximum of six lap swimmers in a single lane at a time.

b) No standing on either end of the lap lanes or conversations in the lanes.

c) Kickboards, flippers, snorkels, and pool buoys are permitted only in the lap lanes.

d) General lap swimming may be restricted to one lane at times.

e) No ball playing in or across the lanes.

f) Water walking shall be permitted; however, water walkers shall vacate the lane upon request of a lap swimmer.

g) Children 12 and under may use the swim lanes with direct adult supervision (that is, the adult is in the water either directly next to the child or at the end observing). Parties will vacate the swim lanes if an adult (without a child) wishes to use the swim lane.

4. Pool Access by Children:

a) Any child less than 8 years old shall not be permitted on pool property unless accompanied by a parent or other responsible party of at least 16 years of age. The responsible party must be on the pool deck or in the water with the child at all times, unless the child is under the supervision of a swimming instructor.

b) Any child 8 to 10 years of age shall not be permitted on pool property unless accompanied by a parent or other responsible party of at least 13 years of age. The responsible party must be on the pool deck or in the water with the child at all times, unless the child is under the supervision of a swimming instructor.

c) Children 11 and 12 years of age may come to the pool unaccompanied by an adult provided they have previously passed the swim test. The lifeguards will give the basic swimming test upon request. The swim test will consist of swimming 1 length of the pool and treadingwater for 2 minutes.

d) Any child 13 years old and over may come to the pool without restrictions.

e) The Pool staff are not babysitters. Parents or authorized persons are responsible for the behavior of their children at all times while on Club property. Any inappropriate behavior addressed by the pool staff may result in the following disciplinary action taken:

(1) **First offense:** Verbal warning to correct behavior and/or time out on bench.

(2) **Second offense:** The child is removed from the pool for the day. The Parent/Guardian will be asked to pick up the child and remain off pool property for the remainder of the day. The child can return the next day or following a Parent/Guardian & Pool staff discussion.

(3) **Fighting or other behavior deemed unsafe or severe by lifeguards or pool staff will be addressed at the time of incident. Persons involved may be asked to leave CSTC for the day or until a time determined by the Board.**

5. Diapers

a) Main Pool: Children wearing diapers of any kind are not allowed in the main pool. Children must be toilet-trained to use the main pool. Parents may not sit on the edge of the main pool with a non-toilet trained child.

b) Wading (Baby) Pool: Children in commercially available swim diapers, will be permitted in the wading pool only.

(1) Only children six years and under may use the wading pool.

(2) Children using the wading pool must be accompanied by an adult or responsible party of at least 16 years of age and must remain within the wading pool area at all times.

6. Lifeguard approved toys are permitted in the main pool. All toys will need to be approved by a lifeguard before use. During busy times, toys may be prohibited at Pool Staff's discretion.

7. Diving Board Rules:

a) Low Board: Anyone, including guests, wishing to use the low board shall have passed the basic swim test and be able to swim to the

ladder without assistance.

- b) High Board: Anyone, including guests, wishing to use the high board shall have passed the basic swim test **and** be at least four feet in height **or** ten years old. In addition, all those using the high board must be able to swim to the ladder without assistance.
 - c) Only one person is permitted on either diving board or ladder at a time.
 - d) Members must wait for the diver ahead of them to touch the ladder in the pool before beginning to climb the board ladder.
 - e) Diving is permitted straight away from the diving board ONLY.
 - f) High Board: Any person using the high board must enter the water feet first when jumping from the board. There will be no traditional diving from the high board.
 - g) No inward dives (when the diver, standing on the end of the board with their back to the water, jumps up and rotates forward) are permitted at any time.
 - h) Jumping and diving from the sides of the diving well, and general swimming therein, will not be allowed except during the times and in the manner deemed appropriate by the Pool Staff for instructional purposes.
 - i) No running on the diving boards.
 - j) No one is permitted in the diving well for the purpose of having children jump to them from the board.
 - k) No flotation devices allowed in diving well.
 - l) At the discretion of pool staff, use of the diving boards may be temporarily prohibited.
 - m) During Adult swim – ½ the adult swim will be open well and the other half will be for diving board use.
8. Flips, cartwheels, back dives, and splash dives from the sides of the pool are prohibited.

9. Diving from the side of the pool is prohibited.
10. Diving from or sitting on a person's shoulders while in the pool is prohibited.
11. Running, pushing, wrestling, or causing undue disturbance in or about the pools is prohibited.
12. Talking to guards who are in the chair should be avoided except in emergency situations.
13. Persons are not allowed to hang onto or pull on the lane lines.
14. Flotation Devices:
 - a) Rafts or any other flotation devices shall not be permitted in the main pool except during designated special events (e.g., Raft Night).
 - b) At no time shall a surfboard, boogie board or hard plastic raft be permitted in either pool.
 - c) The use of water wings is prohibited at all times. Children may wear Coast Guard approved life jackets in the shallow area of the pool under direct supervision of an adult at all times.
15. Water balls are to be played with in the water and not on the deck. Use may be suspended by the pool staff due to crowded conditions or at the discretion of the pool staff. Nerf footballs and any Nerf ball greater than six inches in diameter are prohibited. Nerf ball throwing is restricted to a distance of less than 30 feet.
16. No glass is allowed on the CSTC premises.
17. No food is allowed around the pool. Beverages in plastic cups or in aluminum cans are permitted on the pool deck, however, there are no beverages permitted within 5 feet of the pool. Food is permitted only in the picnic areas, the pavilion, and on the upper deck.
18. The wooden deck is reserved for adults only (18 and older) on Saturdays and Sundays.
19. Children aged 16 and under are not permitted on the upper deck of clubhouse unless with a parent or guardian. No one under the age of 21 is permitted on the Upper Deck during special designated events. When the

clubhouse is reserved for a party, only the party guest may use the clubhouse and upper deck. A sign will be posted when there is a party.

20. Swimmers must remove all dirt and sand from their bodies before entering the pool.

21. Admission will be refused to all persons having an infectious disease, sore or inflamed eyes, or a communicable disease of any kind. Persons with open sores or wearing bandages of any kind will not be permitted.

22. Spitting, spouting of water, and similar unhygienic action is prohibited.

23. Do not reach into or put objects in the skimmers located around main or wading pools.

E. OTHER FACILITIES AND EQUIPMENT

1. Volleyball & Basketball Court:

a) The Sand Court is to be used for Volleyball only.

b) The Sand Box is to be used for children to dig or build sandcastles.

c) Children under 10 years of age must be actively supervised by someone sixteen years or older when using **either** court or the Sand Box.

d) No hanging on the volleyball net or basketball rim.

e) Showers are provided to rinse off after sand play. Neither the main pool nor the wading pools are to be used as footbaths.

f) Use of the volleyball or basketball court is prohibited during swim and diving meets.

g) No trash is to be left in the volleyball or basketball area. No food or beverages are allowed on the courts except for water in a non-glass container.

2. There will be no rock throwing on Club property to include throwing rocks over the fence onto other property.

3. No Club property shall be removed from the Club premises

without prior authorization from the Facility Manager.

4. Chairs have been allocated in several areas of the Club premises and may not be removed from those areas. No member or guest may “save” a chair for a person not on the premises.
5. Office phones are not for use by the general membership. The pool staff will neither take nor relay messages, except in an emergency.
6. The Administrative Officer must approve material posted on the general bulletin board.
7. The snack bar operating hours will be noon till 7:00 p.m. daily. Each person is responsible for cleaning up his or her own area under the pavilion. Chairs may not be removed from the snack bar area.
8. The snack bar tables are reserved for the consumption of food and beverages for no longer than 30 minutes at a time. You may not leave your belongings unattended in the snack bar area.

F. TENNIS/PICKLEBALL

1. The use of tennis courts will be limited to Members, accompanied guests, or participants in CSTC sanctioned events or programs. A member must accompany guests at all times on the court of play. Guest privileges are limited to three guests per member. Guests of tennis players are subject to the same guest rules and regulations as pool guests.
2. All guests will pay the standard CSTC guest fees outlined in section II.A.15 of this document. If Guests are in attendance as part of a CSTC sanctioned event, they can simply pay the fee for that event. The Tennis Coach will remain present during the event.
3. Appropriate tennis attire is required on the courts at all times. Shirts must be worn at all times. Appropriate tennis shoes are required.
4. No pets of any kind are allowed on the tennis courts.
5. Tennis/Pickleball players only are permitted inside the fenced court areas. Accompanying people should remain outside of the fenced areas.
6. Observe the common rules of tennis etiquette. Additional rules are posted

on the bulletin boards and fences.

7. Club members in good standing may use the courts between the hours of 7:00 AM and 10:30 PM when the club is otherwise closed, and after the end of the regular club season.

8. The front gate will be locked at 9 p.m. during the summer season. All tennis players must remove their cars from the parking lot prior to that time or risk their car being locked inside the gate.

9. Single person court usage (backboard, serving practice, etc.) is allowed as follows:

- a) Individuals should use end courts whenever possible.
- b) Any courts may be used only with permission of adjacent court players when adjacent courts are occupied.
- c) No chairs, tables or other lawn equipment are allowed in the court areas.
- d) No bicycles, skates, skateboards, baby strollers or similar apparatus damaging to court surfaces are permitted on the courts at any time.
- e) Questions, disputes, or other concerns relating to the tennis court rules may be referred to the Facility Manager, Tennis Committee, or Board.
- f) Members failing to follow tennis court rules and procedures are subject to remedial action so directed by the Board as defined in Crofton Swim & Tennis Club, Inc. By-Laws.
- g) Parents of children, as well as children themselves, caught misusing or damaging the tennis facilities in any way will be subject to the Board's censure, including paying for necessary repairs.

10. Court Reservation Rules:

- a) Courts will be reserved for Club sponsored events such as tournaments, clinics, or group lessons.
- b) The times for all clinics, leagues and lessons should be communicated to the Board 7 days in advance to eliminate scheduling

conflicts and posting to the Clubs website.

c) The Board can, at its discretion, approve rental contracts for court usage.

11. Tennis Coach will be present for all club sponsored activities.

12. Club sponsored activities will take precedent over individual court use. Please be considerate of these events.

13. Lower Court Lights: Lights for lower courts are operated by using a key panel located inside the front gate of the courts and are operational on a timer from dusk to 10:30 pm. Be aware that once a set of lights has been turned off there is an approximately 15-minute-long cool down delay before the lights can be turned on again. Please email admin@croftonswimandtennis.org for lock box code.