

# CATS Learn **2** Swim Program

## Crofton Swim and Tennis Club

### -Program Overview-

WELCOME to the 2023 *CATS LEARN 2 SWIM* LESSON SEASON!

We are pleased to offer a number of great swim programs at the Crofton Swim and Tennis Club! Our *CATS LEARN 2 SWIM* program features smaller groups, a staff of trained lifeguards and passionate swim instructors, clear objectives and expectations for each level, a knowledgeable and accessible program director, and weekly swimmer progress reports!

### **2023 CATS Learn 2 Swim Programs**

#### ➤ GROUP LESSONS:

Group swim lessons from June 19<sup>th</sup> through the middle of August. Each group session will include 150 minutes of lesson time each week. Our goal is to keep class size small (6 to 1 ratio) in order to create an environment that allows our students feel supported and are comfortable to grow at their own pace. Space is limited and our on-line sign up will close 48 hours prior to the start of each weekly session. The *Learn 2 Swim* Director will determine if a make-up session is needed due to excessive cancellations during a session due to weather related closings. Each session is \$75 per swimmer. All fees are nonrefundable.

#### ➤ PRIVATE and Semi-Private LESSONS

Private and Semi-private group lessons for children and adults are available during the summer at CSTC. These lessons will be conducted outside of the scheduled programs. You are encouraged to contact the director at [learn2swimCATS@gmail.com](mailto:learn2swimCATS@gmail.com) to coordinate.

#### ➤ JUNIOR CATS Swim Program/EVENING SWIM TEAM

Our **JUNIOR CATS** swim program has officially joined with the CATS SWIM TEAM! The newly created **Evening Swim Team** is designed for swimmers who have graduated from our *Learn 2 Swim* lessons program and are not able to participate in morning CATS swim team practices. Eligible swimmers will participate in the full swim team season and will also qualify to swim at all swim meets. Space is limited! We have hired the CATS swim team coaches to run the **Evening Swim Team**. The **Evening Swim Team** is \$275 per for the entire swim season (8 weeks). Practices are 45 minutes and will run on Tuesday, Wednesday and Thursday evenings. **Evening Swim Team** members must be able to perform a few basic safety/swimming techniques in order to be eligible for this class. Participants must be able to swim independently in the water and have a high level of confidence while in the pool. It is vital for safety reasons that our swimmers can navigate their way through the pool without a coach standing next to them. Students must be able to swim multiple lengths of the pool during class while unassisted to participate in the group. The L2S director reserves the right to move participants out of this group if necessary.

➤ **REGISTRATION**

The 2023 GROUP SWIM LESSON registration and payment process will be done online. Sign up will go live beginning Friday, June 9<sup>th</sup> at 8pm. Additional information can be received if you contact Coach Karen at [learn2swimCATS@gmail.com](mailto:learn2swimCATS@gmail.com) GROUP SWIM LESSONS at CSTC are available to CSTC members only.

➤ **GROUP LESSON SIZE**

Each class is limited to 6 students per instructor. This will allow more instructional time for each student during their training session. If we have a group that has exceeds 6 students, there will be a second teacher assigned.

**QUESTIONS?**

Please feel free to contact the *CATS LEARN 2 SWIM* program director, Coach Karen, with any questions throughout the summer. [learn2swimCATS@gmail.com](mailto:learn2swimCATS@gmail.com)

**\* Updated REGISTRATION INFORMATION \***

**Registration is going LIVE, VIRTUALLY, on Friday June 9<sup>th</sup> at 8pm!**